St. Marys Independent

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Issue #1193

Thursday, January 11, 2024

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Cleaning up after **Christmas!**



Members of the Kinsmen Club of St. Marys load Christmas trees into a truck during the club's annual Christmas Tree pickup Jan. 6. See page 10 for more photos. Contributed photo

The Empowered Women's Circle to host inspiring workshop at **Riverwalk Commons**

By Wendy Lamond

On Jan. 18 Riverwalk Commons will be the host for a Women's Winter Visioning Event hosted by The Empowered

The event will go from 7:30-9 p.m. and will have a hybrid format meaning that you can attend in person or virtually.

Leading the empowered Women's Circle is board-certified OB/GYN, meno-

pause practitioner and women-centred coach Dr. Catherine Hansen. She will join forces with Lisa Burchartz who is a somatic stress-release practitioner, mindfulness guide and executive coach. Although Dr. Hansen and Burchartz will be sharing their expertise online, attending in-person at Riverwalk Commons is recording artist, author, and trained facilitator Emm

Continued on page 3

Falling rainwater pipe closes Pyramid **Recreation Centre** pool

By Galen Simmons

The pool at the Pyramid Recreation Centre in St. Marys is closed until further notice after a rainwater pipe fell from the ceiling into the pool earlier

In a press release issued Jan. 2, the town said the pool had been closed as a result of mechanical issues and all swimming lessons, aquatics programs and rentals had been cancelled until further notice.

In an email, town communications manager Brett O'Reilly clarified that the closure was a result of a falling rainwater pipe.

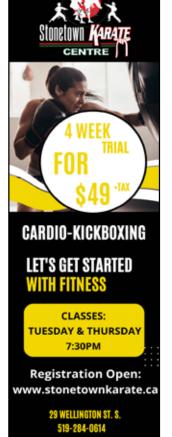
"The pool was empty at the time, so no one was injured, but we are treating this as a serious near miss," she said. "Inspections and repairs are currently being conducted and the pool area won't reopen until an engineer has signed off that it is safe to be occupied by the public."

In a later release, the town said the rainwater pipe - one of several that helps prevent rainwater from collecting on the roof - fell because the metal hangers that secure the pipe to the ceiling broke.

The town has since hired engineers to inspect all remaining pipes, and anything attached to the walls and ceiling in the pool area. New hangers have been ordered for all rainwater piping and will be installed this week. The building will remain closed until the necessary repairs have been made and the engineers declare it safe for the public.

The Town is working to determine how this closure will affect swimming lessons. More information about lessons, aquatics programs and rentals will

Continued on page 2





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Falling rainwater pipe closes Pyramid Recreation Centre pool

Continued from page 1

be shared as soon as possible.

Updates about the pool and reopening information will be shared through

the town website (www.townofstmarys.com/aquatics), its Facebook page (www.facebook.com/stmarysontario) and Twitter account (www.twitter.com/townofstmarys).

A full-scale repair of the pool area's heating, ventilation and air conditioning system is planned for late 2024 or early 2025. The work will improve dehumidification in the pool area and timelines will be made pubic soon.

should result in fewer disruptions, the town said. The pool will be closed for six to eight months while this project is completed. Further details and

Golden Oldies' DCVI Reunion set for July 13

By Stewart Grant

Reconnecting with old classmates is always a treasured occasion, and for St. Marys DCVI students of 1980 and earlier, they'll have the opportunity to do just that on July 13 when the Royal Canadian Legion hosts an event dubbed the "Golden Oldies Reunion".

"It used to be called the Silver Fox Reunion, but we decided to put a new image on this year and we came up with the Golden Oldies," said Len Hawkins, who is on the organizing committee along with Lynne Ashley, Lyn Brooks, George Cifa, Pete McAsh, and Dan McDonald.

This will be the first time for a full reunion for the group since before the COVID pandemic. Last time around, the event gathered over 300 people. Hawkins says they are hoping for a strong turnout again this year.

This year's event, held at the Legion

ST. MARYS DCVI PRIOR TO 1980

at 66 Church Street, is scheduled from 12 p.m. to 5 p.m. on July 13. Campbells' Catering will provide the meal, which is included within the admis-



sion price of \$30 per person. A cash bar will also be available.

The organizing committee encourages all to spread the word about the event, which is geared towards former DCVI students who are roughly

60 years old and up.

To purchase tickets for the event, please contact George Cifa at travelmerchant@quadro.net or Lvn Brooks at lynbro.82@icloud.com before June 24.









The Empowered Women's Circle to host inspiring workshop at Riverwalk Commons

Continued from page 1

Gryner.

The purpose of the event is to provide clarity, energy and to harness the power of community for women's personal and professional well-being.

With help from the facilitators, attendees will learn how to support and inspire each other leading to easier reflection so they can focus on what needs to be put away for another time.

The Empowered Women's Circle will focus on topics like making health a top priority, rediscovering personal essence, learning to pause and connect with loved ones and learning how to say no and reclaim personal boundaries. Gryner said she is proud to partner with Melissa Barton to bring this event to St Marys.

"I didn't think EWC could get better, but it will be so inspiring to be with other women in person to experience this hybrid event," Gryner said.

Gryner also commented that after

years of searching for a community of women who elevated her, she found Dr. Hansen's Empowered Women's Circle.

"Finally, here is a community, led by a truly awe-inspiring woman who is not only an expert and trailblazer in medicine and women's health, but so giving of her time and wisdom in a way that has been life-changing for me. We are only as powerful as our communities, and this is the one to be in," she said.

Owner of Riverwalk Commons Melissa Barton is looking forward to learning from the EWC process to reflect on her intentions for her business and personal goals for this year.

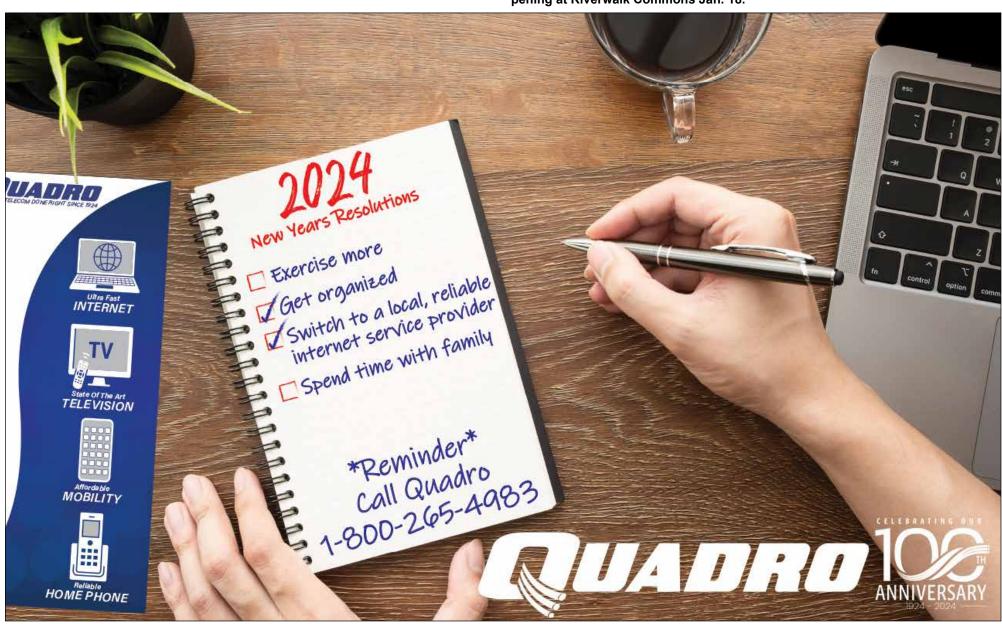
"It will be so inspiring to learn this alongside other strong women in our community," Barton said.

The doors will open at 6:30 p.m. for some social time and refreshments before the event starts at 7:30 p.m.

For more information or to purchase tickets you can find the link at rwcommons.com/current-workshops.



Dr. Catherine Hansen is a board-certified OB/GYN, menopause practitioner and women-centered coach. She will be one of the online co-leaders of an event happening at Riverwalk Commons Jan. 18.



COMMENTARY

Watch and learn

By Stewart Grant

Last week, I published my annual predictions about the year ahead, and some friends of mine noted that I went a little heavy on U.S. politics. I said to them, "Well, there's kind of domino effect in play here, and depending on how the Supreme Court rules on Trump's eligibility, there's any number of ways this could go." Furthermore, the stakes of the 2024 U.S. election could not be higher. Although we don't live in the United States, there's no question that what happens in that country has significant impact on what happens to Canada.

This past Saturday marked the three-year anniversary of the appalling events of Jan. 6, 2021, when Donald Trump incited his followers to storm the U.S. Capitol with the hopes of overturning the 2020 election, which was won by Joe Biden (with apologies to faithful reader Robby who will disagree with what I just wrote).

It was last Friday, on the eve of the Jan. 6 anniversary, that Joe Biden finally spoke angrily yet eloquently about the current state of affairs in the United States – a state of affairs where Donald Trump continues to be the presumptive Republican nominee for President of the United States despite ... everything.

On Saturday, I walked into the living room where my wife and son were sitting. I sat down, turned on the TV and called up the Jan. 5 Biden speech on YouTube. To their credit, they stayed and watched the

30-plus minute speech with me in its entirety. I encourage you to do the same. It hasn't gotten near the attention that it deserved by the mainstream media - perhaps that's because they think it's "exciting" to have a close election in November. Yes, Joe Biden is very old to be running for president, but his speech was superbly delivered and needs to be heard by both sides (though unfortunately, the people who need to hear it never will).

At the conclusion of Biden's remarks, I suggested to Laurie and Take that to make a fair comparison, we should take the time to listen to Trump's remarks from the same day. There's always another perspective, right? So, we called up that on You-Tube and listened to as much as we could bare, hanging in for about 10 minutes.

I've intentionally avoided getting too specific about what was said by either, not just due to space constraints but because I really think if you are interested in the subject, you should take the time and watch political leaders speak. This applies not just to Biden and Trump's speeches on Jan. 5 but to Canadian politics well. Listen to both sides with an open mind and then see what fits your ideals.

Determine for yourself if you like the way that Pierre Poilievre handles a question versus Justin Trudeau, or Chrystia Freeland for that matter. There's a lot to be learned and the stakes are high.

Bravo

We have 4 Bravos this week.

1) Bravo to the Caledon Tubing supervisors Yvonne King and Craig Anderson. I have never worked with supervisors that I respect as much as these two. Yvonne gets things done and is the hardest worker I know. She is a genuinely kind lady and somehow manages to balance being an amazing mother with a high stress job. Craig is not afraid to help out wherever needed. He is funny, and easygoing when he can be but he is also serious and knowledgeable.

- 2) Bravo to the person who picked up my envelope that fell out of my purse when I was getting a donation out at the community supper on January 2nd. Thank you so much! There are still honest people in St Marys!
- 3) Bravo to the employees at RBC for their help saving an older person from being scammed out of \$2,000 this week. It was much appreciated!
- 4) A bravo to everyone at the intersection of Church St. and Queen St. E. Monday morning for being alert and allowing the funeral procession to continue even when the lights changed. What a kind town.

*Please note all Boos and Bravos must be signed in order to

Boo

We have no Boos this week.



Bravos and Boos are submitted by community members and do not necessarily reflect the opinions of the St. Marys Independent

Quote of the Week

"This is the first national election since January sixth insurrection placed a dagger at the throat of American democracy. Since that moment. We all know who Donald Trump is. The question we have to answer is who are we? That's what's at stake. Who are we?"

- President Joe Biden, on the eve of the 3rd anniversary of the January 6, 2021 attack on the U.S. Capitol

St. Marys Independent

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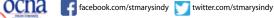
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January is the quietest month in the garden. But iust because it looks quiet, doesn't mean that nothing is

The St. Marvs

Independent

THOUGHTS

OF THE WEEK

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If you decide to do dry January, just remember dry wine is not included.

Have you heard something humorous around town that you think might be of interest to others? Either email them to us at info@stmarvsindependent.com with the title "Overheard at The Coffee Shop", call 519-284-0041 or drop by the office to let us know!

Seven people charged with impaired driving during recent Perth County OPP Festive RIDE campaign

By St. Marys Independent Staff

Seven drivers landed themselves with impaired-driving charges over the holiday season, three of whom had their licenses suspended, say Perth County OPP after its annual Festive RIDE campaign ended earlier this month.

This year's Festive Reduce Impaired Driving Everywhere (RIDE) campaign ran from Nov. 16, 2023 to Jan. 1, 2024. During the campaign, the Perth County OPP increased its presence on Perth County roads and highways as officers conducted 180 RIDE program stops across the county.

In total, local OPP officers spent more than 430 hours checking drivers for signs they've consumed alcohol or drugs and whether they are unfit to drive. Though the Festive RIDE campaign is over, Perth County OPP remains committed to taking alcohol- or drug-impaired drivers off local roads through enforcement and public education. Drivers will continue to see officers patrolling local roads, setting up RIDE program stops and stopping unsafe drivers year-round.

"The enforcement of impaired driving laws will continue to be a priority for our members in Perth County," said Staff Sgt. David Sinko, operations manager for Perth County OPP. "Keep our roadways safe for everyone. Plan ahead. Don't drive impaired."

If you suspect someone is driving while impaired by alcohol or drugs, call 911 to report it.

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STONETOWN

CRIER The latest municipal news from the Town of St. Marys



BABYSITTING BASICS COURSE

January 20, 9 AM - 5 PM | Pyramid Centre

The St. John Ambulance Babysitting Basics course teaches youth aged 11 - 15 all they need to know to care for younger children. Register online!

townofstmarys.com/activenet or 519-284-2160



Thursdays, 9 AM - 1 PM | Pyramid Centre

This program provides free showers to those in need. Showers are private, secure and accessible for individuals of all abilities.

Visit Guest Services or call 519-284-2160



EARLYON WINTER PLAY DAY!

January 13, 9:30 - 11:30 AM | Solis Park

Dress for the cold weather and join EarlyON for a morning of outdoor fun at Solis Park!

townofstmarys.com/earlyon or 226-374-6544

GRANT HAVEN MEDIA

WELCOME HEATHER DUNBAR



I'm thrilled to introduce myself as the new Director of Business
Development for our community newspaper. With over 15 years of industry experience, my goal is to forge impactful partnerships and initiatives that elevate local businesses. Let's collaborate to identify opportunities, enhance market presence, and drive sustainable growth together. Reach out to discuss potential collaborations and share insights. I look forward to being part of our community's journey to success.

heather@granthaven.com

226.261.1837

St. Marys Independent The Wilmot-Tavistock Gazette STRATFORD MESS

Woodstock Ingersoll Echon Goderich Sun NORTOLES FARMS

BRANT FARMS



Jan. 21, 8 AM - 3:30 PM | Pyramid Centre Equip your child with the skills they need to stay home alone at the St. John Ambulance Home Alone course. Topics include first aid basics, fire safety and more. Register online!

townofstmarys.com/activenet or 519-284-2160





EARLYON RUN, JUMP & CLIMB

January 15, 6 - 7 PM | Pyramid Centre
Come out for an hour of jumping, running,
climbing and moving to help your child
move through gross motor activities.
townofstmarys.com/earlyon or 226-374-6544

Contact us
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communications@town.stmarys.on.ca









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Senior of the Week



Mary Conley of St. Marys will be 90 years old on January 13th. She has one son and 2 granddaughters. Her hobbies are baking, reading, dancing, and tending to her flower gardens. Happy birthday Mary!

If you would like to nominate someone for Senior of the Week, Contact us at 519-284-0041 or info@stmarysindependent.com.

Weekend Quiz

- 1) Who invented the first passenger elevator?
- 2) A torx screwdriver, is designed for what kind head-shaped screw?
- 3) What do you call a group of cranes (bird)?



16 Water Street South 519-284-3288

- 4) What do you call a group of mechanical cranes?
- 5) In what year did Canada cease the production of pennies?
- 6) Acrophobia is the fear of what?
- 7) What branch of philosophy deals with morality?
- 8) Who won the Golden Globe for best actor in a drama motion picture in 2024?
- 9) In the 10 commandments, what is the 6th?
- 10) When was the beginning and end of the American civil war?

This week's answers are found on pg. 31

COMMUNITY

Stuart Taylor named Firefighter of the Month for January

The St. Marys Fire Department is pleased to announce Stuart Taylor as January's "Firefighter of the Month".

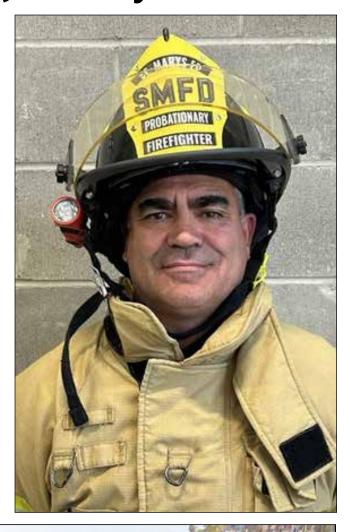
Stuart has been a full-time firefighter with the City of Brantford for 21 years where he currently holds the position of Captain. He joined the St. Marys Fire Department in 2022.

When asked why he was interested in becoming a volunteer firefighter - a step down from his current position - Stuart responded: "I have grown very attached to this community and want to help my fellow residents in times of crisis. I also love the bond that comes from working side by side with other firefighters. I am proud to be a part of this team."

Off duty, Stuart dedicates his time to his wife Nichola and their two children Jack and Abbey. He can often be seen downtown walking with his best friends, Jenny, an American bulldog, and Peanut, a Jack Russell.

"Stuart was selected as Firefighter of the Month for his emotional maturity and competitive drive, which led him to complete his Firefighter Initial Training Program very quickly," said Fire Chief Richard "Andy" Anderson. "Stuart commits fully to the task at hand, whether its training, fundraising, or emergency responses. He's a great ambassador for the department."

"Stuart brings a wealth of knowledge, experience and leadership to the department," said Captain Phil West. "Having someone so capable makes us even better equipped to take on challenges."



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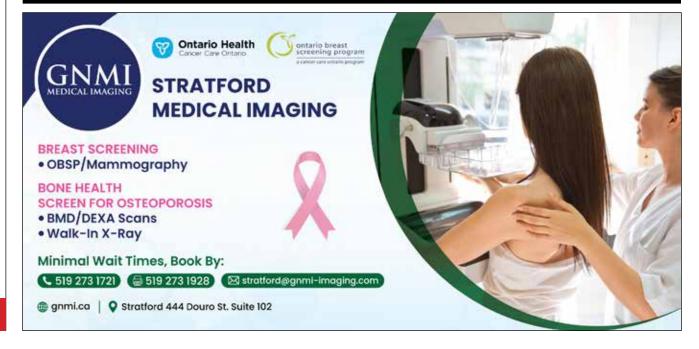
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Coldest Night of the Year returns to St. Marys Feb. 24



Pictured from left are St. Marys Coldest Night of the Year organizers Chris Schroer, Pam Zabel and Gwen Bradley. Photo courtesy of United Way Perth-Huron

By St. Marys Independent Staff

The United Way Perth-Huron's St. Marys community committee is inviting residents to once again bundle up and participate in The Coldest Night of Year (CNOY) fundraiser next month to help locals experiencing hunger and homelessness.

This year, the annual fundraiser will raise funds in support of the Town of St. Marys community outreach worker and the Nourish Community Access Market. While the community outreach worker supports residents in need - particularly those living in and around social housing – and connects them with the services they need, the community access market offers fresh, nutritious and locally sourced produce and meats to residents facing food insecurity.

"We're excited to have CNOY back," said Pam Zabel, St. Marys CNOY event organizer, in a press release. "It's a challenging time right now and vulnerable people continue to struggle. Our community understands how events like this help support programs addressing important local issues. We hope everyone will join us and help achieve our goal of \$56,000."

Last year, the St. Marys community raised \$50,020 through CNOY. Ac-

cording to the CNOY St. Marys website, the fundraiser has raised just over \$6,300 or 11 per cent of its goal

"The organizing team of St. Marys Coldest Night of the Year is very excited to see the enthusiastic community support to help people in our community," Zabel told the Independent. "We already have 18 teams signed up and our goal is 30. We have five sponsors signed up so far: St. Marys Insurance, Scotiabank, St. Marys Landscaping, Ideal Supply and St. Marys All Roads Dodge."

This year's St. Marys CNOY happens on Saturday, Feb. 24 with a choice to walk any time during February. For the in-person walk, check-in begins at 4 p.m. at the 2/3 Hall in the St. Marys Pyramid Recreation Centre. With opening ceremonies scheduled for 5 p.m., a light meal will be served at 6 p.m.

Walkers can choose a two- or five-kilometre route ending up back at the recreation centre. Participants raising over \$150, or \$75 for youth under 18, receive CNOY toques. To register as an individual or team, visit cnoy.org.

For event updates, pictures and more, join the St. Marys Coldest Night of the Year group on Facebook.





MON-FRI 9AM-8PM

SATURDAY 9-6

SUNDAY 10-5

Applications still being accepted for Perth County environmental stewardship program

By Wendy Lamond

Perth County landowners and non-profits have a couple more weeks to apply for support for local environmental-improvement projects through the county's new stewardship program.

On Dec. 1, 2023, Perth County and its member municipalities launched the Perth County Stewardship program, which focuses on protecting the air, soil and water of Perth County. The program is based on grant initiatives that will support landowners in keeping the sustainability of the environment with tree-planting projects. The program provides resources and financial assistance to landowners and community groups that are looking to commit to cultivating a greener future.

Applications are being accepted by the county until Jan. 19 and grants will be awarded to the successful candidates on Feb. 23. Following this intake, the county is planning a second round of applications in the fall depending on how much money is left in the stewardship program budget for the year.

There are three grant streams available for tree planting projects, tree distribution programs and forest-health checkups. The first is for private planting, which is for individual landowners looking to plant 50 or more trees or shrubs. The second is for community planting. This is for non-profit groups, conservation authorities or municipalities planting or distributing trees for planting. The last is for forest-health checkups which focus on woodlot-management plans or woodlot assessments.

When asked if the program will become annual, county resiliency and stewardship coordinator Hannah Cann, commented, "Depending on the success and uptake, this will hopefully be an annual pro-



gram. This is the first year of the program and we are so excited to see the outpouring of interest from landowners, partner organizations like the conservation authorities, and from community groups."

The location for all projects must be within the municipalities of Perth South, West Perth, Perth East or North Perth but exclude the City of Stratford and Town of St. Marys.

To apply for the grants, you will need to provide detailed reports that include a planting plan, a project budget and a thorough description of why you are interested in participating in this program.

According to Cann, there are two important parts to the program. The first is that it provides financial incentive to landowners wanting to improve their property by planting trees. The grant program could allow a landowner to expand tree-planting efforts, or, for smaller landowners, it will make it more attainable. Secondly, the stewardship program is a great way to showcase important projects in the

community.

Some benefits of tree-planting include protecting croplands and roads from wind erosion, increased soil organic matter and providing habitat corridors for a variety of species.

"If folks are dreaming up a unique tree planting project or have been waiting a couple years to have a woodlot assessment done, 2024 is your year. The closing date for applications is quickly approaching. I encourage anyone with questions about whether their dream project qualifies or how to apply to contact me at the county or their local conservation authority for assistance" said Cann.

Perth County is committed to a greener future and the stewardship program is one way of maintaining a healthy ecosystem and preservation of agriculture land in our area.

To apply and to find tips and criteria needed to qualify, you can access the website at www.perth-county.ca/stewardship.







Queen Street Dentistry provides oral health with a friendly smile

By Wendy Lamond

When I walked in to meet the staff at Queen Street Dentistry, I was greeted by such a friendly, bright, and clean atmosphere, it even put someone like me with dental anxieties at ease.

The clinic was started by Dr. Manvir Grewal and Huron Dental Group, which looks after the clinic and behind-the-scenes management like marketing, hiring and other administrative tasks. They also have a location in Tavistock and one that will be opening in Stratford this month.

Dr. Manvir Grewal obtained his Doctor of Dental Surgery (DDS) from the Schulich School of Medicine & Dentistry in London. Having a DDS allows Dr. Grewal to do major surgeries and treatments at the clinic such as wisdom-teeth extractions, implants, root canals and more. Before achieving his DDS, Dr. Grewal obtained his Bachelor of Science from the University of Toronto and a Master of Physics from York University.

When asked why he wanted to get into Dentistry he commented, "I had an interest in health care and wanted to pursue a career where I could work with my hands and provide modern dentistry to the com-

All these things ignited his interest in dentistry, and

he feels satisfaction in improving the smiles and oral health of his patients. When Dr. Grewal was attending Western University, he participated in the Healthy Smiles program, which teaches kids about oral health as well as provides dental services to underserved communities in Guatemala.

The Queen Street business offers many services including cleanings, fillings, extractions, dentures, cosmetic surgery, implants, veneers and many other, all of which can be found on their website www. queenstreetdentistry.ca.

They will eventually have six examination rooms with an x-ray machine in each room. The office also provides direct insurance billing, emergency dental care, and convenient hours and the website to book appointments is very user-friendly. Queen Street Dentistry is also looking to hold some specialty days for sedation dentistry that ensures comfort for patients with anxiety during dental procedures.

If you are looking for a new dentist, the office is offering a new patient promotion for \$199 that includes a complete oral exam, cleaning and x-rays.

When Dr. Grewal is not working on your smile, he loves cooking and trying different cuisines, loves watching movies, and enjoys spending time with family and friends.



Dr. Manvir Grewal shows one of the examination rooms at Queen Street Dentistry.



A.N.A.F. Unit 265 23 Wellington St. N. 519-284-4390

Pool Tournament Saturday January 27

Registration 10:30 | Starts 11:00 Cost \$10 per person. Please come to club to sign up before the date

FRIDAY MEAT DRAWS 6 PM



For Hall Rentals call 519-271-5343

Sun. Dec. 31 - Ron Dunseith & Rob Leyser, St. Pauls \$50.00

Mon. Jan. 01 - Declon Small, St. Marys \$50.00

Tues. Jan. 02 - Tamara & Chance Hunt, Mitchell \$50.00

Wed. Jan. 03 - Scott Savage, Stratford \$50.00

Thur. Jan. 04 - Chris & Keith Wiffen, Woodstock \$50.00 Fri. Jan. 05 - Margaret Archer, London \$50.00

Sat. Jan. 06 - Corrina McKay, Tavistock \$200.00

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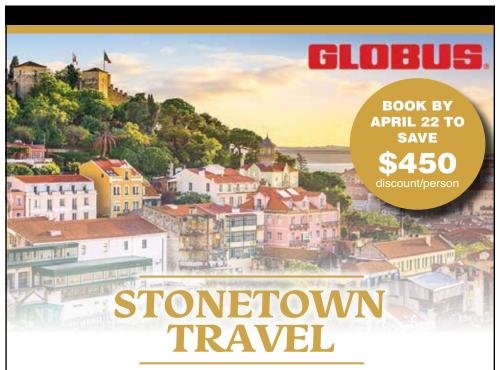
Another successful Christmas tree pick-up by the Kinsmen Club of St. Marys





On Saturday Jan. 6th the Kinsmen Club of St. Marys did their annual Christmas tree pick up. The weather turned out to be a balmy -2 degrees. Current member Chris Swarthout commented that he remembers doing it when it was -27 one year. Approximately 16 members helped gather up the trees. Just one of the great services that this club does for our town. (Contributed photos)





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Lincs claim five of six points in busy return from break

By Spencer Seymour

With three games in four days coming out of the holiday break, the St. Marys Lincolns did have to shake off some rust rapidly last week. And while they didn't paint their most perfect masterpiece, the Lincs did emerge with five of a possible six points ahead of big matchups against the LaSalle Vipers and Strathroy Rockets.

The 2024 portion of the Lincolns schedule began last Wednesday in the form of a visit to London to battle the Nationals. Neither team turned in their most complete performance, which Head Coach Jeff Bradley had expected going in given the long layoff during the holiday pause. However, Bradley felt that the key difference was none of his lines matched what London's top line of Lucas Chard, Nolan Milne, and Riley Wood did.

"We knew it would be somewhat ugly coming off of the break," admitted Bradley. "It was just about what we expected. They didn't shut us down and we didn't shut them down. Both goaltenders played really well. I think we were hoping for a line to step up and try to take over the game but unfortunately, they had a line do that and we didn't. It was a case of whoever had the puck most would likely win the game and they had the puck more than we did."

The strong performance by the Nationals' top line started right from the game's first puck drop, with Milne scoring just 52 seconds into the game. With just under five minutes remaining in the first period, Cohen Bidgood tied the game at one apiece with a powerplay goal assisted by Noah VandenBrink and Ethan Weir.

In the second period, Atley Rogers buried his sixth of the year to put the Nats back ahead by one, but the Lincolns once again found a response. Firstly, Bidgood jammed home his second of the game to tie things up, followed just over three minutes later by a goal from the returning Matt Prendergast that capped off a strong shift by Prendergast, Weir, and Blake Elzinga. Prendergast and Captain Adam Barkley both returned to the Lincolns' lineup from injuries, both



Jaden Shiell and his teammates celebrate the hometown blueliner's first goal of his GOJHL career during last Friday's game against the Komoka Kings. (Photo by McGinny Photography)

of which occurred back on December

The Lincs' only lead of the game lasted merely 59 seconds as Milne tied the game at 3-3 less than a minute after Prendergast's goal. After a scoreless third period, Chard found the game-winner to give London a 4-3 victory. According to the Head Coach, one bright spot in the game was the play of the St. Marys netminder.

"I felt bad for Brandon [Abbott]," Bradley told the Independent of the Baden, Ontario native who made 28 saves in the Lincolns' crease. "We haven't put our goaltender in positions like that to need to make the kind of saves he had to make. I thought Brandon was really good and he's not to blame for any of the goals, we just put him ain some really tough positions."

Lincs bounce back against Kings

As the Lincolns came back to the PRC for the first time in 2024, Coach Bradley explained that the team decided to put more focus on the group's work ethic rather than any tactical technicalities.

"Normally, the pre-game process is to go over our game-plan, look at what our opponent does, and plan around that. After looking at our performance against London, we scrapped that and instead showed some clips from the London game where we didn't have the compete and care that we normally do. The message was that we wanted 20 guys playing their guts out and that would be enough and thankfully, we saw that."

Although they still looked a bit rusty in the first 20 minutes, St. Marys ended the first frame up 2-1 and with their overall compete level looking notably better than on Wednesday night. Chase MacQueen-Spence, who had just two goals in his previous 13 games, got the game's icebreaker halfway through the first. After Jack Jarvis' powerplay goal tied the game for the Kings, the Lincs retook the lead on another goal by Bidgood. Billy VanSumeren, Luke Bogart, and Ryder Livermore all had assists in the opening period.

The second stanza saw the Lincolns break the game wide open, playing with dramatically more speed and tenacity than the four periods before it. Just four minutes into the period, rookie defenseman Jaden Shiell made a heads-up play at the Kings' blueline to keep the puck in the offensive zone before firing a shot past the glove of goaltender Matthew Koprowski. Bradley reported that the entire team was ecstatic for the hometown rearguard's first GOJHL

"It was awesome. It wasn't just the goal he scored, he was outstanding all night. He played really well and made great plays under pressure. He's had opportunities to score this season that just haven't gone in for him but he certainly made it a special moment when he finally got it. It was a great goal, a great pinch down the boards, and a great shot."

Less than a minute-and-a-half later, Bidgood made a dazzling move to get around a Komoka defender before tucking home a highlight-reel tally. Bidgood, as well as Jimmy Schiedel, received praise from the bench boss for their strong games up front.

"Cohen is a kid who does not take shortcuts at all. I honestly think he enjoys doing it the hard way. He is such a hard-working player. When you have a 16-year-old doing what he does, it's easy for the other guys to join him. As for Jimmy, I've said this before, he doesn't do anything wrong. He works incredibly hard. He is a very smart hockey player. He doesn't get too high or too low. You can play Jimmy anywhere and with anyone and he's going to play the same way."

Snapping a nine-game goal drought in the third period was VanSumeren, who rocketed a one-timer fed by Weir, to make it 5-1 in favour of St. Marys, the eventual final score. Colby Booth-Housego got back-to-back starts against the Kings and won both games in the Lincolns' net.

Bradley assessed the Lincolns' showing, saying that he felt no one played poorly.

"Everybody played well. Everybody worked hard. We were very happy with our depth. You look at the icetime distribution, our top forward got 17 minutes and our lowest forward got 14 minutes, and the only reason there was a discrepancy in that is because some guys are on certain special teams than others. If you look at our first line to our fourth line and our first pair to our third pair, I don't know which one played better."

Lincs utterly dominant in Komoka

Both teams moved to Komoka 24

Continued on page 13







Lindsay Pickering 519-276-9959 www.lindsaypickering.ca lindsaypickering22@gmail.com



Lincs claim five of six points in busy return from break

St. Marys Independent

Continued from page 12

hours later to wrap up their home-and-home series and the Lincolns routed the home side, taking a 9-2 win on the road.

The first was the most dominant frame of the game and was also strangely the lowest-scoring period, though it wasn't for a lack of opportunity. St. Marys outshot the Kings by a whopping 28-3 margin, but an other-worldly effort from Kings' netminder Connor Davis single-handedly kept Komoka in the game. With just seven seconds left in the period, Ryan Hodkinson slapped in his fifth of the season. With 27 saves in the period, Davis set a new alltime Kings record for most saves in a single period.

In the second, the Lincolns continued playing at the same high level and finally broke through, starting with a goal by MacQueen-Spence that kicked off a stretch of four minutes and 53 seconds during which they scored five times and a six-goal second period overall. VandenBrink, who had just one goal in his last 11 games entering Saturday's contest, potted his eighth of the season. Prendergast and Bidgood both scored twice in the second frame.

Bradley once again was happy with the entire roster turning in a fantastic team effort.

"Every line was going. Every single player was going. The effort was incredible from everyone. It was 5-0 and Ethan Weir was diving for pucks. For a little bit, the powerplay wasn't clicking a bit but



we eventually got a goal there and later we put out a different-looking powerplay unit and they controlled the puck for two straight minutes. We've got three massive games coming up and we want to build good habits going into those games."

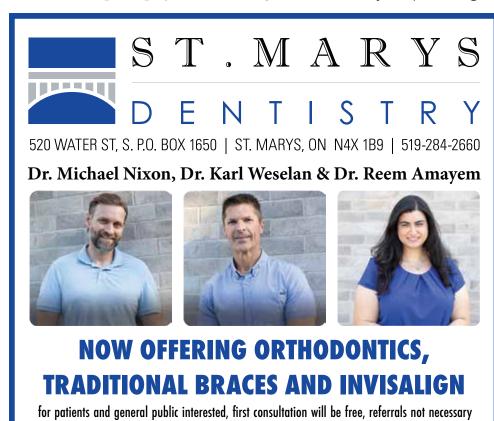
In the third, Jaden Lee snapped an eight-game goal drought before Prendergast completed the hat-trick. Komoka found a pair of goals in the final 20 minutes. As noted by Bradley, some new faces got time on a late-game powerplay with a concerted effort by the entire unit to get the puck to Jacob Montesi, the only Lincoln who hasn't scored yet this year (excluding Ethan Sullivan who has yet

to play a game for the Lincolns). Although Montesi didn't record a goal, he and his defence partner were among those who stood out to Coach Bradley.

"It's nice seeing guys like Luke [Bogart] and Jacob [Montesi] continue to trend upwards nonstop. They play a similar game from night to night and have just been getting better and better. They were awesome for us on the blueline. They don't make mistakes. They are two quiet kids but they care about the team and the game. We love those two because they come to the rink ready to work and they are always solid."

"And then to see Matt [Prendergast] get a hat-trick was so great for him. The whole team was thrilled for him. I was happy for him. It's big for him and his confidence. Sometimes, there are little galvanizing moments like the guys rooting for Jacob to get one and everyone being so happy when Matt got his hat-trick."

The Lincolns were in LaSalle to take on the Vipers on Wednesday before they return to the PRC this Friday to play the Strathroy Rockets. This Friday's game is Rock the Rink Night with all St. Marys Rock players wearing their Rock jersey or jacket getting in free. Minor Hockey players will also be able to enter a draw for free registration for the 2024-25 Minor Hockey season. Additionally, a Rock Spirit Contest will take place with the winning squad(s) receiving a pizza party.



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U16 A Boys win first game of new year

By Spencer Seymour

Ahead of an appearance in the International Silver Stick tournament this weekend, the St. Marys Legion U16 A Boys St. Marys Rock earned a 4-2 victory over the first-placed South Oxford Storm in the team's first game of 2024 last Wednesday.

Head Coach Gord Cookson told the Independent that his team was in good form despite coming off the holiday pause.

"The boys didn't seem to have much rust from the break," said Cookson. "If anything, I think it was nice to get a bit of a rest, reset and get ready for the new year and the International Silver Stick. Once we complete this weekend, our focus will change to the remainder of the season. We have picked up too many ties, so we'll be looking to get some wins back."

Finn Wright opened the scoring for the Rock at the 1:27 mark of the opening period, the only goal scored in the first. However, the highly talented Storm came back in the second and took a 2-1 lead with goals four minutes and 40 seconds apart. With just two seconds left in the period, Donovan McGregor found the tying goal to send the game into the third period tied at two.

Cookson praised the team's "character" for helping them climb back after

falling behind.

"Our character showed when we lost the lead and were trailing in the second. The boys kept pushing forward and came out with a strong third to complete the comeback. I think we are making steps in the right direction leading into the Silver Stick. The boys are doing better at taking the puck to the house in the offensive zone and starting to create more scoring chances."

With 10-and-a-half minutes left on the clock in the third, Brody Higham came up with the Rock's third goal of the game which went on to be the game-winner. Andre Mollet added a goal with just one second remaining in the game.

According to Cookson, as the second half of the season begins, his team is focused on coming out on the right side of the scoring opportunity counter more consistently.

"Some focal points for the boys heading into the second half of the season is just understanding that we need to capitalize on the chances we create and also limit our mistakes. Preventing chances going the other way from our opponents is going to be a big focus for our group as well as we have out-chanced teams but haven't always gotten rewarded for those opportunities."



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Minor Sports Scrapbook



Sydney McLeod lines up a backhand chance during the U14 St. Marys Snipers



Jacklyn Kittmer gets a chance on a wrap-around during last Saturday's St. Marys Kinsmen Club U9 C Girls St. Marys Rock game.



Kylie Blake battles for the puck on a faceoff during this past Sunday's Hitching Post U11 C Girls St. Marys Rock game.



Eveline Haanstra carries the puck into the slot during the Bickell Built Homes U13 HL Girls St. Marys Rock game this past Sunday.



Attley Ehgoetz backhands a shot in tight during the Social Thirty-One U11 A Boys St. Marys Rock game.



Nate Hern carries the puck into the corner during this past Monday's St. Marys Fire Department U13 A Boys St. Marys Rock game. (Photos by Spencer Seymour)



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Spagnolo named December | Baseball Hall of Fame Player of the Month



Before last Friday's St. Marys Lincolns game against the Komoka Kings, the team presented Player of the Month honours for the month of December to forward Luca Spagnolo. Pictured is team mascot Linc the Linx and Lincolns' Director Jamie McFadden presenting the award to Spagnolo. The native of Milton, Ontario had points in each of the Lincolns' six games in December, a hot streak that included five goals and nine points. (Photo by McGinny Photography)



Bryn Luckhardt, N.P.D

519-272-3408 • bryn@luckhardtlandworks.com www.luckhardtlandworks.com ST. MARYS, ONTARIO

welcomes Earle to staff



Lindsay Earle has joined the staff of the Canadian Baseball Hall of Fame and Museum (CBHOFM) as the new Care of Collections and Public Engagement Supervisor. She has an undergraduate degree in English and Classical History from Brock University and a post-graduate degree from Fleming College in Cultural Heritage Conservation and Management. Earle's museum career began as a costumed interpretive guide, first at Fort George National Historic Site in the summer of 2014, and later at Sainte-Marie among the Hurons from 2015 to 2020. From 2020 to 2023, Earle worked as the History Programming Coordinator at the Orillia Museum of Art and History. Earle was raised with a love of baseball and has been playing softball every summer since she was eleven years old. Being able to combine her love of both history and baseball is a dream come true. (Contributed photo)



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PROPERTY INFORMATION

VENDOR: Joyce McLeod

MUNICIPAL ADDRESS: 3315 Line 20, Stratford, Ontario

LEGAL DESCRIPTION: Part of Lot 4, Concession 9, Downie Gore as in R383299; Subject to DOW14783, R82274, Municipality of Perth South (PIN: 53274-0013 LT), Stratford, Ontario

ACREAGE: 90 total acres, 87 workable acres, more or less

There is a 48'x96' driving shed in good condition also located on the property. This farm is systemically tiled and has two field entrances from the road.



FURTHER INFORMATION:

A tender package containing further information and instructions on how to make a bid can be obtained by contacting Andrew Phillips at phillips/a/stratfordiawyers.com or 519-271-6770 ext. 2226.

VIEWING OF PROPERTY

Interested parties may contact Linda Kelly at 519-301-7494 to arrange a viewing of the Property. Please provide 48 hours' notice for all viewings.





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PROPERTY INFORMATION

VENDOR: Joyce McLeod

LOCATION OF PROPERTY: Property is on Perth Line 20 immediately to the West of 911 #3628, across the

MUNICIPAL ADDRESS: No Municipal 911 number is assigned.

LEGAL DESCRIPTION: West ½ of Lot 11, Concession 8, Downie Gore, Municipality of Perth South (PIN: 53270-0016 LT), St. Pauls, Ontario

ACREAGE: 54.5 total acres, 52 workable acres more or less

Approximately 29 acres of this farm is systematically and randomly tiled and there is one field entrance from the road.



FURTHER INFORMATION:

A tender package containing further information and instructions on how to make a bid can be obtained by contacting Andrew Phillips at phillips@stratfordlawyers.com or 519-271-6770 ext. 2226.

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Grant Haven gets back into Farms

By Stewart Grant

Last week, Grant Haven Media got back to its roots in completing a transaction that brought two farm publications into the fold.

Effective Jan. 2, 2024, we acquired Norfolk Farms and Brant Farms, two newspapers that were founded by David Douglas of Waterford, Ontario. Mr. Douglas will remain with the newspapers for the next year as he plans for retirement and brings with him considerable knowledge and expertise that our team plans to soak up in the months ahead.

With the Norfolk and Brant publications, which are published quarterly and semi-annually respectively, we now have the beginning of a "farm division" within Grant Haven which I anticipate will grow and ultimately result in improved farm coverage locally here in the St. Marys area.

One of the initiatives that we are considering is a special Farm section of the St. Marys Independent which would come out in March. Within this section, we'd like to focus on local stories of interest, including family farm features and trends



and innovations within the agriculture sector here in Perth County. If you have ideas or nominations for interesting content in this edition,

please reach out to me at stew@granthaven.com or call our office at 519-284-0041.

As I alluded to above, farming is where the name "Grant Haven" originated. Ironically, it was 81 years ago to the day, on Jan. 2, 1943, that my grandparents, Earl and Margaret Grant, bought their own farm near the Trafalgar Bridge in Fullarton Township. My grandfather told me that it was by good fortune that they had met a man by the name of Billy Nairn who agreed to give them a private mortgage (\$5,000 for the farm at 4 per cent interest) to allow them to buy the property that would become Grant Haven Farms.

My parents, Murray and June Grant, succeeded them as second-generation owners of Grant Haven Farms, which was honoured as a Master Breeder by Holstein Canada in the early 1990's.

While I didn't have the skillset or desire to continue the family tradition of farming, it does give me some pride and enthusiasm to see that Grant Haven will again have an association with the farming community.

NORFOLK FARMS BRANT FARMS



Rock the Rink on Friday night at the PRC



Join the St. Marys Lincolns on Friday, January 12 for Rock the Rink at the PRC. This is a celebration of all things Hockey in the Stonetown. Laying a strong foundation for OWHA hockey in St. Marys were the Dixies. Pictured here at their summer reunion, you might just find some of them in the Blue Line Club Friday Night!

NOTICE OF STUDY COMMENCEMENT

Thorndale Wastewater Treatment Plant Expansion Schedule C Municipal Class Environmental Assessment Study



THE STUDY

The Municipality of Thames Centre (Municipality) has retained Stantec Consulting Ltd. to complete a Municipal Class Environmental Assessment (EA) to identify options for expansion of the Thorndale Wastewater Treatment Plant (WWTP), located at 1135 Ideal Drive. The study area for the WWTP is shown on the key map.

The Thorndale WWTP provides municipal wastewater treatment to Thorndale. Expansion alternatives will be developed to address current needs and consider anticipated community growth.

THE PROCESS

The project will be undertaken in accordance with the Municipal Engineers Association (MEA) Municipal Class EA document (as amended in 2007, 2011, 2015 and 2023) and will address the requirements of a Schedule 'C' EA.



PUBLIC INVOLVEMENT

Details regarding opportunities for engagement as the study progresses, including Public Information Centres (PICs), will be advertised in a local newspaper and on the municipal website: www.thamescentre.on.ca/ThorndaleWWTPExpansion. Upon completion of the study, an Environmental Study Report (ESR) will be prepared and placed on the public record for a minimum 30-day review period.

If you wish to provide comments, have your name added to the study mailing list, or if you have questions about this project, please contact one of the Project Team members listed below.

Jarrod Craven
Director of Public Works
Municipality of Thames Centre
4305 Hamilton Road
Dorchester, ON NOL 1G3
Phone: 519-268-7334 ext. 245
Email: Jcraven@thamescentre.on.ca

Jeff Paul P.Eng.
Project Manager
Stantec Consulting Ltd.
400-1305 Riverbend Road
London, ON N6K 0J5
Phone: 519-675-6604
Email: Jeff.Paul@stantec.com

If you have any accessibility requirements in order to participate in this project, please contact one of the Project Team members listed above. Comments and information are being collected to assist with meeting the requirements of the Ontario Environmental Assessment Act. Information collected will be used in accordance with the Municipal Freedom of Information and Protection of Privacy Act and Access to Information Act. With the exception of personal information, all comments will become part of the public record.

Ask the Arborist

By Joel Hackett | 519 272 5742 | jtsquote@gmail.com



Dear Arborist,

My tree is bleeding, see picture. I have a large Maple tree, and the tree is bleeding black stuff from a giant crack between both big branches what should I do? Majorly concerned here.

Dear Majorly Concerned,

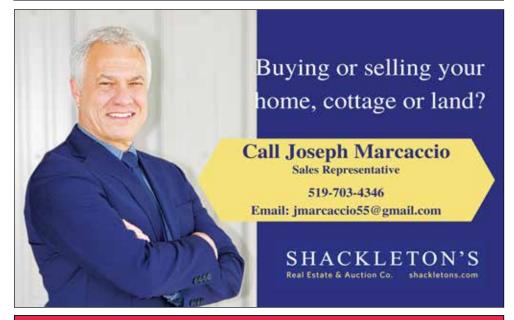
Your Maple tree has codominate stems, or leaders. When they are younger, it appears as if they are growing together, however they are actually competing. As they grow larger in diameter, the competing leaders push against each other. Eventually, the weaker of the leaders will fail and fall over. Since there is a space, or a crack, water and other debris are entering this area; this will eventually cause rot.

Don't give up hope. Thankfully, there are options. For example, you can normally cable or bolt the tree extending the life for many years.

Sincerely

The Arborist

Joel Hackett is a certified Arborist residing in the St. Marys area. Currently, he spends most of the year running Joel's Tree Service. For contact call 519 272 5742 or email jtsquote@gmail.com



When social media blocks your access to the news, turn to your local newspaper.

HISTORY

HISTORIC ST. MARYS: The Eaton's Catalogue

By Mary Smith

In 1967, Canada's centennial year was celebrated enthusiastically with patriotic events taking place in communities across the country. Canada's largest department store chain, Eaton's, recognized the significance of this history. The company considered its founding date to be 1869 when the first Eaton's store opened in Toronto. This was just two years after Confederation and so Eaton's had almost a century of shared history with the nation. This week's picture shows the front cover of the 1967 Eaton's Spring and Summer catalogue from the St. Marys Museum's catalogue collection. Two little girls in their best outfits - hats, gloves, smocked dresses and shiny patent leather shoes - straddle a landscape. Strange toy cars on a cinder path are at their feet, all travelling in the same direction. More impressively, Canada's parliament buildings form the background. The Centennial symbol, a stylized maple leaf, is visible at the lower left of the page. The cover was meant to reinforce the catalogue's image. Distributed for decades from coast to coast, it was a Canadian icon, even a medium of national unity.

Merchants have prepared various kinds of catalogues for centuries. After the invention of the printing press, it was possible to print up pamphlets to distribute, listing goods for sale. Seed catalogues were early examples. Perhaps the first was produced by an English gardener, William Lucas, in the late 17th century. He listed the seeds and roots he offered to his customers, including "sallad seeds, potherb seeds, sweet herb seeds, sorts of pease, beans, &c., seeds to improve the land, flower roots and sorts of choice trees and plants." Seed catalogues are still important to serious gardeners today.

Catalogue enthusiasts in the United States consider August 18 a date of significance. On that day in 1872, Montgomery Ward & Co. published the first American mail-order catalogue meant for the general public. This Chicago-based company offered: "Dry Goods, Clothing, Hats, Caps, Boots, Shoes, Etc., Etc. at the Lowest Wholesale Prices." By the early 1900s, it had three million customers on its mailing list. Some of these subscribers were undoubtedly Canadians but by then in this country, we had our own mail-order catalogues. As early as 1882, Samuel Carsley, who had a dry goods store on Rue Notre-Dame in Montréal, issued a mail-order catalogue and by the mid 1890s, the company was processing "hundreds of orders daily in our immense mail-order department."

The catalogue that made the biggest impact was introduced by T. Eaton Co. in 1884. It was a 32-page booklet, distributed to visitors at the Toronto Exhibition (forerunner of the CNE.) Instructions about how to place orders were given on back cover: "All correspondence should bear the date of writing, also town, post office, county." Goods ordered might be out of stock and so "it is advisable to make a second choice...Remittance can be made by post office money order, registered letter or express money order." According to the Eaton policy, "We will cheerfully exchange any goods that are not as represented." Timothy Eaton had a vision for his mail-order catalogue: "This catalogue is destined to go wherever the maple leaf grows, throughout the vast Dominion. We



The cover of Eaton's Spring and Summer Catalogue in 1967 – Canada's Centennial year.

have the facilities for filling mail orders satisfactorily, no matter how far the letter has to come and the goods have to go."

The Eaton corporate empire continued to expand, also according to Timothy Eaton's vision. The size of the retail space increased until it covered more than 20 acres of downtown Toronto real estate. Eaton's began to build factories to manufacture its own goods to sell in its store and to list in its catalogue. This included men's and women's clothing, furniture, jewelry, paints, pharmaceutical products and leather goods. In 1898, the cover of its Fall and Winter catalogue announced in large print that it was "Canada's Greatest Store!" By 1905, Eaton's had opened another department store in Winnipeg and was developing specialized catalogues for the western market, targeting farm families in isolated areas. Even people who never got to a city for shopping had access to the latest fashions and innovations in various consumer goods. Perhaps they couldn't afford the more costly items but they could still browse through the catalogues in their own homes and imagine owning them.

This might have been particularly true about the Christmas catalogues where children's books, toys and games were given special emphasis. A number of toys advertised in early Eaton's catalogues are in the St. Marys Museum's collection. These include a couple of rocking horses, doll buggies, card games, and several Eaton Beauty dolls. These special dolls were first offered in 1900, ranging in price from \$1.00 for a small doll with a bisque head and a kid leather body to as much as \$10 for elaborately dressed, larger dolls – a significant cost at that time. Each year,

the dolls would evolve in some way. By 1908, composition bodies with fully-jointed arms and legs had replaced the original cloth or kid leather. The doll's costumes also changed with the fashions. Sometimes they were sold wearing just shoes and stockings and a slip; various outfits to dress them were hand-made or sold separately. The Eaton exhibit currently at the Museum has a 1935 Eaton Beauty doll on display with the description from that year's catalogue: "A lovely big doll (18 inches tall) with thick lashes and long curls tied with a bow. And such a pretty face!"

Timothy Eaton died in January 1907 in his 73rd year. His son, John Craig Eaton, succeeded him and continued to expand the business in western Canada, following up on the success of the Winnipeg store. He set up catalogue distribution centres in Winnipeg, Saskatoon and Regina and also in Moncton to serve eastern Canada. By the 1920s, the original 32page booklet had grown to a 500-page door-stopper. It sold everything from the smallest household items, such as pins and thimbles, to kits of lumber and other necessary materials to build actual houses and barns. The company began to publish French-language editions of their catalogues in 1927. At its peak, as well as its giant department stores in Toronto and Winnipeg, Eaton's had stores in cities in every province across the country. There were also Eaton's order offices in many smaller communities where goods in the catalogues could be ordered, picked up and, if not satisfactory, returned to the warehouse.

But by the time of the patriotic 1967 cover, Eaton's mail-order empire was already under threat. The Robert Simpson Company, with its main store right next to Eaton's on Yonge Street in Toronto, had always been a formidable retail competitor although Simpson's had never been able to keep up with Eaton's catalogue sales. However, in 1953, Sears Roebuck purchased the mail-order division of Simpson's. Individual Simpson's stores remained open in five cities: Toronto, London, Montreal, Halifax, and Regina. The mail-order operation was established as a completely separate company. It began to issue catalogues under the name Simpson-Sears, out-pacing Eaton's. By the 1970s, the Eaton's catalogue was losing so much money that in 1976, it was permanently cancelled.

Eaton's management seemed to lose its way after closing its catalogue division. The company floundered, in spite of trying various re-branding initiatives, and declared bankruptcy in 1999. Simpson-Sears eventually became Sears Canada and that mail-order business continued until 2017 when the company closed all its Canadian stores and the days of the great "everything-you-want-and-need" catalogues were over.

The internet is a great source of information about catalogues and the history of mail-order shopping. By far the best site for the story of Canadian catalogues is "Before E-commerce," a Virtual Museum exhibit produced by the Canadian Museum of Civilization and the City of Toronto's Museum and Heritage Services. The site links to the Library and Archives Canada website and their searchable collection of catalogues dating from the 1880s to the 1970s



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Local Dentist comments on new Federal Dental Plan

By Nancy Abra

Last month the Canadian federal government announced the Canadian Dental Care Plan (CDCP) to help ease financial barriers to accessing oral health care for nearly nine million Canadian residents with annual adjusted family income of less than \$90,000. The CDCP is not to be a replacement for existing dental benefits offered through employer, pension sponsored or private plans. It is, however, to fill the existing gap in coverage to Canadians who don't have access to any dental insurance.

According to Health Canada, oral health is essential to overall health, but it can be expensive. A third of people living in Canada do not have dental insurance and in 2022, one in four Canadians reported avoiding visiting a dentist be-

cause of the cost. Poor oral health can lead to respiratory disease, diabetes complications, cardiovascular disease, stroke, cancer, pregnancy complications. life-threatening infections, and greater mortality from all causes. It can also lead to related mental health issues, reductions in quality of life and in extreme cases, employment challenges, social shame and nutritional issues.

Applications for CDCP opened last month starting with eligible seniors aged 87 and older, then for the 77 to 86 age group this month, and to other senior age groups in the next few months. Children under the age of 18 will qualify in June with the remaining eligible Canadian residents starting in 2025 providing they meet the necessary requirements. Families with children under the age of 12 years may already be eligible.

"Obviously I feel oral health is an important component in overall health,' said Dr. Nicholas Massé of the Thorndale Dental Central. "It's well documented where maintaining good oral health is important in managing certain diseases, including heart disease and diabetes. Therefore, a universal dental program that is implemented appropriately could promote early detection and treat oral manifestations earlier, regardless of income, age or where you live.

"Prevention, early detection and ongoing monitoring is always the best and most economical way to promote complete health and treat health conditions. However, there may be some concerns about the long-term survivability of the program financially. Hopefully the new

dental program does not take funding away from other important services or increase taxes just to pay for it. But I am cautiously optimistic.

The Canadian Dental Care Plan (CDCP) will be funded by the Government of Canada's investment of \$13 million over five years, starting in 2023-2024 and \$4.4 billion ongoing. The CDCP will be administered by Health Canada, in collaboration with Employment and Social Development Canada, through Service Canada and Sun Life. Oral health providers will enrol as a participating CDCP provider with Sun Life.

As oral health professionals play a vital role in the CDCP, it will also allow more Canadians to receive oral health care they need for their overall wellbeing.

Feeding those beyond our borders

By Nancy Abra

The Good Neighbour Project is a project of area churches and farmers that reaches far beyond our local community, county, province and the borders of Canada. This local project is part of a coalition of Canadian churches and church-based agencies that make up the Canadian Foodgrain Bank, working together to help end global hunger.

The Canadian Foodgrain Bank was established in 1983 and is a charitable organization that facilitates the collection and distribution of cash, grain and other agricultural commodities to respond to global hunger. It is involved in developing countries with emergency food assistance in areas where there is a hunger crisis, caused by continuing conflict; in countries that have suffered natural disasters such as devastating floods, enduring droughts or other environmental catastrophes. They are also involved in long-term projects in cer-



Pictured are members of the Good Neighbour Project 2023. From left are Joan Stubgen, John Elliott, Bob Duffin, George Wonnacott, Ken Fraser, Roger McKay, Geoff Stubgen, Howard Bradley and Ruth Bradley. Missing are members Matt Langford, June Urquhart, Clarence Tate, Doug Hill, Wilf Kemp, Glenn Baskerville, Linda Reynolds and Pat Jones.

tain developing countries to assist in sustainable farm methods, employment opportunities and improving food and nutrition through agricultural projects.

To learn more, visit foodgrainsbank.ca.

The Good Neighbour Project began in 1994, involving a few area farmers together with area churches. Over the years, they have planted wheat, corn, and soya beans. In 2023, 35 acres of corn was grown at the corner of Wyton and Heritage Roads, southeast of Thorndale. Due to weather conditions, it wasn't harvested until Dec 16th, but the committee was very pleased with

.....

the yield of 186.45 dry bushels per acre. This crop was sold and expenses were shared with the property owner. The churches involved with the Good Neighbour Project are Thorndale United, Brown's United, Riverside United Church in London, Trinity Lutheran in London, Dorchester United, North Nissouri Women's Group and the South Nissouri Presbyterian Church.

Besides the revenue of the 2023 corn crop, churches and individual donations to the Good Neighbour Project, along with the profits of the BBQ held last August, the committee raised \$19,000 which has been sent to the Canadian Foodgrains Bank head office in Winnipeg, Manitoba. This money, as all monies donated to the Canadian Foodgrains Bank, will be matched by the Canadian Federal Government at a four-to-one ratio for food assistance in developing countries, which tallies to approximately \$25 million each year.

New Kids on the Block

By Nancy Abra

As change is sometimes inevitable, the legacy of a building and its purpose can continue to live on with the next gen-

For more than 120 years, the Thorndale Hardware store has been the cornerstone of the business section in Thorndale. Thomas Hogg opened a hardware store in the blacksmith shop on the south side of King Street, Thorndale by Wye Creek in 1900. Two generations of that family ran the hardware store until his son, Douglas sold it to Vern and June Rogers in 1972, which became the Rogers Pro Hardware. The Rogers owned and ran the store until they sold it to Bill and Teresa McDonald of the Thorndale area in 1985, who renamed it to Thorndale Pro Hardware.

In November 1987, the McDonalds sold the hardware store to Don and Karen Bentum. Over the years, the Bentums were Pro Hardware franchise dealers and then switched to being an Ace dealer. Years later they became an independent hardware store, carrying paint and a wide variety of hardware, household, and seasonal products from the Orgill Canada warehouse in London.

Last fall the Bentums were looking to retire and to sell after 36 years. Their hope was that the new owners of Thorndale Hardware would value the local community and continue to serve and be actively involved. They are very pleased that their hopes for this hardware store will now continue with the 'new kids on the block'.

Carly Woods, Emily Woods and Conner Darville started 2024 as the new owners of the Thorndale Hardware Store. "Growing up in the community of Thorndale", Carly Woods said, "I am excited to remain here and get more involved in this wonderful community.'

'We are excited to be here" Conner Darville added, "and will continue to be an independent hardware store. I look forward to meeting more people as we continue to serve the area and this growing community with its wants and needs."

HOSTING UKRAINE: Trauma Transference and Compassion Fatigue

By VI Knutson

The images of war haunt me. In a recent visit with a Ukrainian woman, she showed me a video her husband had just taken that day. In the video, the family's apartment building is lit up from the relentless bombing. Cluster bombs, she explains. The building next door is annihilated. The children's school, gone.

This woman is here temporarily, helping her daughter and new granddaughter. She will return this week.

"Is it safe?" I ask, already knowing the answer.

"No!" The pain in her eyes pierces me. "My husband, son and daughter are there. My work...

I put myself in her shoes. If she leaves, she will have to leave the men behind. She will have to abandon her career. For this woman, there is no choice but to remain. And yet, the tiny baby she holds is her first granddaughter. She does not wish for this precious bundle to be exposed to war. Her decision to return means mom and baby are alone in Canada.

Trauma transference is often experienced by those in helping careers. Being consistently exposed to and involved in the lives of those effected by trauma can affect the caregiver, and hosts are no exception. In the past week or so, Putin has exacerbated the bombing in Ukraine. There is no sign of reprieve for those living in such conditions.

As we open our homes and hearts to others, we also need to look after ourselves. My friend, Viki



Scott, is professionally trained to helped first responders and others look for the signs of trauma transference and compassion fatigue. She has been a godsend for many of us. Viki and I are working on a date for a free seminar for hosts and volunteers feeling the stress. I will post information about the Zoom meeting as soon as a date is secured. I will definitely be there.

The call to help these two women and baby was not the only one recently. There is also a man living at the airport in Toronto. Scammed out of his money twice, he is alone and afraid. In his own words "at ground zero." I stay in touch, but cannot force anything. He is understandably frozen by his

A woman with two children, 15 and 13, has also decided to come to Canada. They arrive January 12th. She will require a host for two months, while she adjusts to our lifestyle and finds work. Her sister and children are already here.

Like many volunteers, doing similar work, I feel the impact of the Government's decision to end the CUAET program as of March 31, 2024. Ukrainians are being forced to make difficult choices.

Those who arrive in the next few months will have been exposed to much more hardship than those who fled early.

As my friend and mentor, Gwen Ament, advises, we cannot save the world. I do what I can, and try to acknowledge and accept that it is enough. A work in progress, for sure.

I should mention that the young mom and baby are hosted. I know our community will do all they can to support them. The man at the airport is hesitant to leave Toronto, even though it has proven to be inhospitable. I am keeping in touch.

If you are able to host the mom and two teens, or any others, please write to me. By all accounts, the mom, Marina, is energetic and ready to start her

Thanks for reading. Until next time.

(Reach me at english.knutson@gmail.com)

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CJ Bear travels to South America





CJ Bear has left St. Marys and has embarked on an exciting South American tour with John and Marie Stevens. When the Teddy Bear Picnic mascot isn't getting ready for the reunion, CJ loves to travel and check out the world. Above left, CJ patiently waits to board the plane. Above right, he poses with John and Marie in front of the Christ the Redeemer statue that overlooks Rio. (Contributed photos)



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A cold

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A teapot

What has thirteen hearts, but no other organs?

A deck of cards

What is easier to get into than out of?

Trouble

Remove my skin and I won't cry, but you might!

An onion

What can fill a room but doesn't take up space?

Light

What has many keys but can't open a single lock?

A piano

What is always in front of you but can't be seen?

The future

- Word Search -



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Word List

Avalanche

Jets

Stars

Predators

Coyotes

Blues

Wild

Golden Knights

Blackhawks

Canucks

Kings

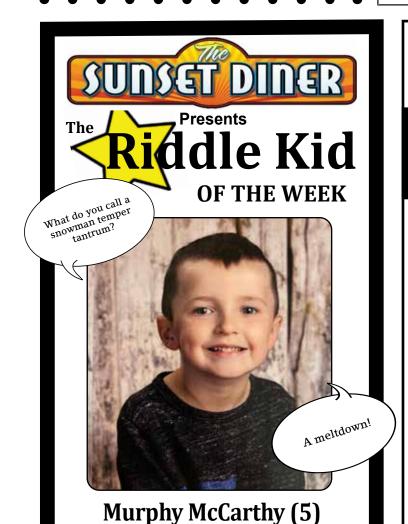
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Our Pet of the Week is Ziggy, a 13 year old cat owned by Galen Simmons, our regional editor. Ziggy likes to sing for her breakfast in the mornings before anyone in the house is awake and she's always ready for cuddles, even when Galen is working.



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COLUMN

OH, THE PLACES WE'LL GO: Escaping over-tourism on the island of Carriacou



By Paul Knowles

If you read news articles about tourism, you will have noticed a sharp contradiction inherent in the coverage of this topic. First, since the panic about Covid has largely disappeared, travel is back in a big way.

The lost years, when travel was either impossible or less desirable, created a bucket list backlog. Travellers are outbound in large numbers.

But second, that reality has exacerbated something that was already a problem pre-pandemic: over-tourism.

One of my first encounters with the issue was when my friends at Parks Canada urged people to stop visiting places like the Grotto in Bruce Peninsula National Park during the busy season. There were just too many cars, too many people and too much human activity to be sustainable.

It's a universal problem. Just last week the always-popular European city, Venice, decided to ban guided groups of more than 25 people starting June 1. In Key West, the city has reduced the number of large cruise ships that can dock there down to one from three a day.

All of this to say, I will write from time to time about places that would-be travellers should consider visiting -- wonderful destinations where over-tourism is not an issue.

And that would include the Caribbean island of Carriacou. located in the south-eastern reaches of the Caribbean, not far north of South America.

You reach Carriacou by flying from Toronto (Pearson) to Grenada and then catching a 22-seater for a short flight to Grenada's sister island, Carri-

Once there, you are in simple, unspoiled, leisurely paradise.

Carriacou is part of the nation of Grenada. Grenada was a British colony -- now independent like Canada -- and a member of the Commonwealth governed by a parliament of elected MPs

with a governor general who represents the British monarch. Unlike Canada's Parliament with 338 MPs and 105 Senators, Grenada's Parliament includes only 15 MPs and 13 Senators. Carriacou elects one of those 15 members as its prime minister, who represents the entire population of this volcanic island, a population that totals just 7,000. The total area of the island is 13 square miles.

St. Marys Independent

But just because it is small in size and population doesn't mean that Carriacou is not open for tourism business. In fact, tourism is the number one economic driver on the island along with agriculture and fishing. Visitors will find there are five small hotels as well as guest houses in Carriacou, so planning a multi-day visit is easily accomplished.

And when you are there, what will you do? First on my checklist would be relaxing. This place is laid back. If you want nightlife, casino action or disco, this is not for you.

But if you love ocean-front dining, marine activities, snorkeling or diving, you're going to love Carriacou. The name means land of reefs in the language of the original inhabitants, the Caribs, and that may give you a hint of the quality of



Allison Caton owns and operates the Paradise Beach Club on Carriacou.



Sandy Island is an ideal Carriacou destination where tourists can swim, snorkel and relax in relative solitude. (All photos by Paul Knowles)

diving you will find here.

One unusual activity that you might consider; we hired a driver to give us a tour of the island. We set out from the main town, Hillsborough, and in the course of two hours or so, I am pretty sure we drove along every street and back road on the island, saw every building, every scenic look-out and every goat. Well, honestly, the latter is not possible. There are a lot of goats on the island -- and chickens.

Those goats come in handy in a local ritual. There are boat-builders on the island (you will see their work in progress on your tour) and when their work is done and the boat is about to be launched, a goat is sacrificed on the craft.

I am not condoning animal sacrifice (although I ate chicken for dinner last night), but I share this as an example of how non-touristy your experience can be at this more out-of-theway destination. This is the opposite of an all-inclusive resort with a heavily populated beach.

But there are indeed beautiful beaches. You'll find them on Carriacou and also on Sandy Island, which is within reach via a short boat ride, where you can relax, swim, snorkel and experience a unique solitude that

you won't find anywhere on the busier Caribbean islands. For much of the afternoon, our group of four was alone on the small island.

Back on Carriacou, across the bay from Sandy Island, is the Paradise Beach Club owned and operated by the genial Allison Caton.

Allison, a native of Carriacou, is like many of the folks I met in Grenada - people who grew up on the island, moved to Canada or the US for a while, but missed the laid-back, warm and welcoming Caribbean lifestyle and returned home.

She runs a great restaurant and bar. I could not resist ordering a lobster pizza and, to go with it, a multi-coloured Rastaman Vibration drink made from rum, pineapple juice, orange juice and grenadine. It looked amazing and tasted like, "More, please.

In fact, that might sum up this whole, tiny island experience; it tastes like, "More, please." You'll want to go back.

Paul Knowles is an author and travel writer, and President of the Travel Media Association of Canada. To contact Paul about travel, his books, or speaking engagements, email pknowles@ golden.net.



ange juice and grenadine.



OBITUARY

McCarthy



James Patrick McCarthy, age 82, of St. Marys and formerly of Windsor, passed away peacefully at the Stratford General Hospital on January 01, 2024. Born in Windsor, son of the late John and Helen McCarthv.

Jim is survived by his wife Wendy (Percy). Father of John - deceased, Joe (Dianne), Scott (Sara), James D. (Gillian). Grandfather of Jacob, Noah, Kaiya, Gemma, Daphne. Brother of Gerald – deceased (Edie), Peg and Fern Roy – deceased, Patsy and Bob Lane - deceased, Eleanor and Russ Renaud – deceased, Mary Sharples (Jim), John McCarthy (Marina), Betty Whitehead (Bill). Also survived by many nieces and nephews.

Jim was involved with Scouts Canada for over 40 years. He loved his dogs, Camping and the Toronto Blue Jays.

Special thank you to Dr. Michael Peirce of Stratford General Hospital and Bill and Elaine Lane, relatives and special friends.

Cremation has taken place. Memorial donations in Jim's memory may be made to Diabetes Canada. Arrangements entrusted to the W.G. Young Funeral Home, 430 Huron Street, Stratford. www.wgyoungfuneralhome.com

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OBITUARY



Nancy Lou Alexandra Lofft Died on December 21, 2023 at 86. Born June 3, 1937 to Marion Jean Pelton and Austin Cayley Grose of St. Marys, Ontario. Predeceased by husband Dr. Tom Lofft (2017). Beloved mother of Andrew (Sandra Craig), Jennifer, and

Chris (Jackie Missaghi). Much loved Gugga to Bronwen, Meghan (Neil Taylor), Zoë, Alice, Blythe, Isabelle, Robert, Declan, Mina and Roya. Sister to Paul Grose. A graduate of Stratford Teachers College, Nancy taught kindergarten before raising a family.

Lover of literature, live theatre, sewing and travel, and a wonderful and highly skilled cook. Able to pull together a prince's costume or an elaborate dinner for 15 at a moment's notice. Dedicated volunteer for The Grange (AGO) and Mississauga Choral Society, and co-author of the Ojibway Club's "Cottage Cookbook". A lifelong learner who for many years took literature courses part-time at U of T. Long time supporter of the Stratford and Shaw festivals. A friend to many and committed nighthawk who could reliably be called at midnight and beyond in the sure knowledge she would be wide awake.

Happiest when surrounded by grandchildren, reading/ discussing a book, or as hostess for family gatherings in St. Marys and at the island cottage on Georgian

Cremation has taken place. The family wishes to thank the staff and caregivers at Christie Gardens in Toronto, and especially Ruby. In lieu of flowers, please consider a donation to the Christie Gardens Foundation (christiegardensfoundation.org) or Stratford/Shaw Festival.



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OBITUARY

Feeney



After a full and eventful life, Mary Elizabeth "Lorraine" Feeney (Maloney) passed away peacefully on January 3, 2024. She married the love of her life Leonard Francis Feeney on September 17,1955. Dad passed away on March 12. 1982 so she has rejoined him

again for one more dance and to live out their eternal life together. She was born on the homestead near St Columban on August 6, 1933, to proud parents Joseph and Nora Maloney (Murray). Beloved mother of Don (Leeanne), Gerry (Darlene), Dave (Kathy), Michael (dec.) and fiancé Shelley Lewis, Brian (Brenda Lee) and MaryLou Clarke (Mike). Grandma to Chris, Mark, Katelynn, Greg, Gerren, Alissa, Chelsea, Rebecca, Matt, Charlotte, Joseph, Brienna Lee, Ryan, and Jenny. GG to seven great grandchildren and Aunt of many nieces and nephews. She is survived by her sisters Eileen Pryce and Jean Kelly and sisters-in-law Madelon Maloney (Ken dec.), Laurene Maloney (Clarence dec.), Mary Maloney (Leon dec.) She is also predeceased by her brothers Martin and Leonard. On Dads side she is survived by sisters in law Louise Maloney (Frank dec.), Rosemarie Murray (Cyril dec.), Catherine Melady (Theo dec.), Patsy English (Ken dec., Bob dec.) and predeceased by brother-in-law and sister-in-law Bill (Marie Hicknell) and Catherine Feeney.

Lorraine and Leonard met as youngsters and grew closer together as a couple in high school. After high school mom went on to nursing school to become an RN and they were married after she graduated. When her third child arrived, she went to part time nursing and retired from nursing after her fifth child to become a stay-at-home mom to raise their six children. Unfortunately, she lost Dad after 26 years together.

Family was always first for her as she fiercely continued, supporting her children in their endeavors in school, sports, marriage and all family occasions and events. Her grandchildren and great grandchildren gave her great joy. We proudly named her "Ma Feen" and loved being "Ma Feen's Clan" in our family sports teams! She enjoyed gardening, knitting, crocheting, watching the Blue Jays, garage sales and was a faithful member of Holy Name of Mary Parish and a member of the CWL since 1948.

We would like to give special thanks to Dr Schiedel and to Mom's care team at Wildwood Nursing home. A Funeral Mass was celebrated at Holy Name of Mary Parish on January 8, 2024. Interment in St. Marys Cemetery. Memorial donations may be made to the Ontario Heart & Stroke Foundation or to a charity of choice. Online condolences at www.hodgesfuneralhome.ca.



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COLUMN

Straight from the Shelves

By Laura McAsh, St. Marys Public Library

Join us for a meeting of creative minds at our next Living Library event: Men in Music. Wednesday, January 17th at 7:00pm in the 2/3 Hall of the PRC. Library CEO Sarah Andrews will moderate a discussion with five music industry creatives: Phil Dellio, Michael Holmes, Carl Wilson, David MacPherson, and Scott Woods. Our panelists will explore ideas, share experiences, and elaborate on how their work has changed the industry landscape as well as the literature that surrounds it. Everyone is welcome to attend what is sure to be an insightful and enjoyable evening. Light refreshments will be served. No registration is required.

This Week's Recommendation

Listen to all the greatest hits of 2023 with Hoopla, a digital resource available for free to all Library patrons. Use your five monthly credits to borrow amazing albums, including GUTS (Olivia Rodrigo), For All the Dogs (Drake), Pink Friday 2 (Nicki Minaj), Something to Give Each Other (Troye Sivan), and so much more. Visit our website and click on the Hoopla banner to get started. You can also download the Hoopla app to your mobile de-

Up This Week

Friday, Jan. 12th: Crafty Tales (9:30am)

Saturday, Jan. 13th: Dungeons and Dragons (10:30am)

Monday, Jan. 15th: Trivia Night at Gilly's Pubhouse^ (7:00pm)

Tuesday, Jan. 16th: Writing Club* - Ages 10-17 (6:00pm-7:00pm), Writing Club* - 18+ (7:00pm-

Wednesday, Jan. 17th: EarlyON Play and Read (9:30am-10:30am), Mahjong Intro (1:00pm-2:00pm, 6:00pm-6:30pm), Mahjong! (2:00pm-4:00pm, 6:30pm-8:00pm), A Living Library Event: Men in Music+ (7:00pm)

St. Marys Independent

Thursday, Jan. 18th: Scrabble (6:00pm-8:00pm)

*Registration required

^Held at Gilly's Pubhouse (17 Water St., St. Marys)

+Held at the Pyramid Recreation Centre (317 James St., St. Marys)

THANK YOU

Smith

The family of Winston Smith would like to convey their utmost appreciation to our family and friends for all the love and support shown to us at a very sad and most difficult time in our life.

Thanks kindly for the phone calls, flowers, cards. food & donations and for keeping us in your thoughts and prayers. It warmed our hearts to see so many attend the graveside service and withstood the rainy weather.

Special thanks to the doctors, nurses & PSW's on the 9th floor of Victoria Hospital for all their care while Winston was a patient there.

Many thanks to Andrew Hodges for his guidance and compassion and to Gary Mallalieu for a heart warming service.

We thank you from the bottom of our hearts.

Donna Mae, Paul, Laurie & family and Terry, Bev & family. Cheers to a Great Day!

LOCAL MATTERS.



Remember that time when **Amazon** sponsored your church fundraiser?



nember when **Facebook** bought a case of Girl Guide cookies to support your daughter?



Remember when **Google** provided free pizza

Neither do we!

Local businesses live here. They play here. They invest here.

They need our support, now more than ever.







LOOKING BACK



BY AMY CUBBERLEY

Catch the Bug

25 years ago (1999)

Laurie Arthur won the 1999 Volkswagen Beetle in the Canadian Baseball Hall of Fame's "Catch the Bug" draw on December 31. Ed Parkinson won second prize, a one-week vacation to Hilton Head Island, and Greg Pellizzari won third prize, a threeday timeshare vacation.

A holiday gathering at Bob and Darlene Doupe's near Avonbank turned into a huge sleepover thanks to the weekend's wintry weather. The Doupes had assembled for a family celebration when Saturday's storm hit, so all 29 guests spent the night. According to reports, there was plenty of room and a good time was had by all.

After a two-year stint at the helm in St. Marys, OPP Sgt. Chuck Beatty is heading to Mitchell. He'll be replaced by Sgt. Bob Jackson, who has been in Mitchell for the past two and a half years.

50 years ago (1974)

St. Marys Kinsmen completed their very welcome annual public service of picking up discarded Christmas trees in record time last Saturday. Kinsmen report a decrease in the number of tree pickups each year as the artificial variety gains in public acceptance.

Local contractor Tony Vanderschot of Kirkton is going to Holland for eighteen days.

Council had a light agenda but a few complained at their first meeting of the year. One complaint is that reception provided by local TV cable service is poor.

75 years ago (1949)

Wm. Lee, World War I veteran and former painter here, is carrying his arm in a sling these days, having fractured it in a fall during the Christmas holiday period.

Herb Sparling is now a patient in Victoria Hospital in London, where he is undergoing an operation of the spine. He has suffered from the effects of an injury to the vertebrae for some years. He expects to be in the hospital for three to six weeks.

The sympathy of this community goes out to Mr. and Mrs. Garfield Coulthard and children, St. Paul's, in the loss they suffered early Sunday morning when their home was completely destroyed by fire.

100 years ago (1924)

Sunday was one of the wildest winter days in this part of the country in years. As a result, there was a very small attendance at the churches.

The mild weather during the past two days has made the ice in the St. Marys rink very soft. The Inter-Church League games have therefore been postponed until next Wednesday night.

Mr. R.S. Box leaves in a week to spend the winter in California, very possibly returning in the spring around by Prince Rupert on the C.P.R. Mr. and Mrs. John Lind also leave within a few days, going from California to Honolulu, while Mr. J.P. Rogers leaves today for Vancouver, going first to California.

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Looking to buy old newspaper distribution boxes or display stands. Please contact stew@granthaven.com or text or call 519-868-1290. Send picture of item(s) if possible.

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All collectibles including sports cards, beanie babies, Funko pops and stamps. Highest prices paid. Free appraisals. Call or text Stan anytime 519-868-3814.

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QUIZ ANSWERS

1) Elisha Otis

7) Ethics

2) Star

8) Cillian Murphy

3) A Siege

(Oppenheimer)

4) A fleet

6) Heights

9) You shall not

murder.

5) 2013

10) 1861-1865

SUDOKU ANSWERS

4	9	6	1	3	5	2	8	7
8	5	3	7	6	2	9	1	4
7	2	1	9	4	8	3	5	6
6	3	9	2	5	1	4	7	8
1	4	5	3	8	7	6	9	2
2	7	8	4	9	6	1	3	5
3	1	2	8	7	4	5	6	9
5	8	4	6	1	9	7	2	3
9	6	7	5	2	3	8	4	1

HELP WANTED



St. Marys Independent

We are looking for a full-time Optical Sales Associate at our busy optometry practice in St. Marys, Ontario. This team member will work a schedule of 35-40 hours/week. The Optical Sales Associate will be responsible for assisting patients with frame selections, spectacle lens sales and advising on products/materials, repairing eyewear. Previous optical experience is a benefit.

Job Type: Full-time, permanent

Experience: None required; will provide training

Language: English (Required)

Job Responsibilities:

- Educating patients about the best eyewear and lenses choices for their lifestyle, ensuring they receive the best in value and quality
- · Assisting with selection of frames to suit patient's aesthetic and performance needs
- Interpreting optical prescriptions as written by the
- Performing frame and facial measurements to ensure correct fit and positioning of eyewear
- Performing repairs and adjustments to patients' evewear

The Successful Candidate will have:

- Previous customer service experience and passion about providing excellent customer experience and patient care
- Good communication skills in the English language and good basic math skills
- Commitment to excelling as a member of a high-performing team
- Ability to multi-task in a fast-paced environment
- A positive winning attitude
- Strong knowledge of windows based operating systems
- Previous retail experience an asset

How You'll Benefit:

- · Company provided continuing education and potential for certification
- · Competitive starting wage with potential for annual increases
- A workplace culture where collaboration and teamwork are fostered

Please email resumes to jobpostingatlifetimevisioncare@gmail.com

St. Marys Independent



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Call 519-284-0041 or email info@stmarysindependent.com for details.

CANADIAN BASEBALL HALL OF FAME

Adding a part-time Financial and Fundraising Administration Coordinator to the team to cover a maternity leave.

This position is responsible for clerical, financial, customer service activities and will assist with fundraising.

The right player will have relevant office experience, computer proficiency, exceptional organizational and communication skills and a passion for community service. A flexible schedule including some hybrid hours possible in this position.

Full job description available at www.baseballhalloffame.ca

Please send cover letter and resume by Tuesday, January 23rd, 2024 to:

Scott Crawford, Director of Operations Canadian Baseball Hall of Fame & Museum baseball@baseballhalloffame.ca

THE WEEK AHEA

SPONSORED BY:



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PRC & Friendship Centre events - See the Stonetown Crier on Page 5

St. Marys Public Library events - See Page 29

Friday, January 12

- Royal Canadian Legion hot dog/sausage lunch at
- A.N.A.F. meat draw 6 pm
- St. Marys Lincolns vs Strathroy Rockets at the PRC
- 7:30 pm

Saturday, January 13

- Alzheimer Society "Soup's On" at Stratford Rotary Complex - 11 am to 2 pm
- Royal Canadian Legion meat draw 5 pm

Monday, January 15

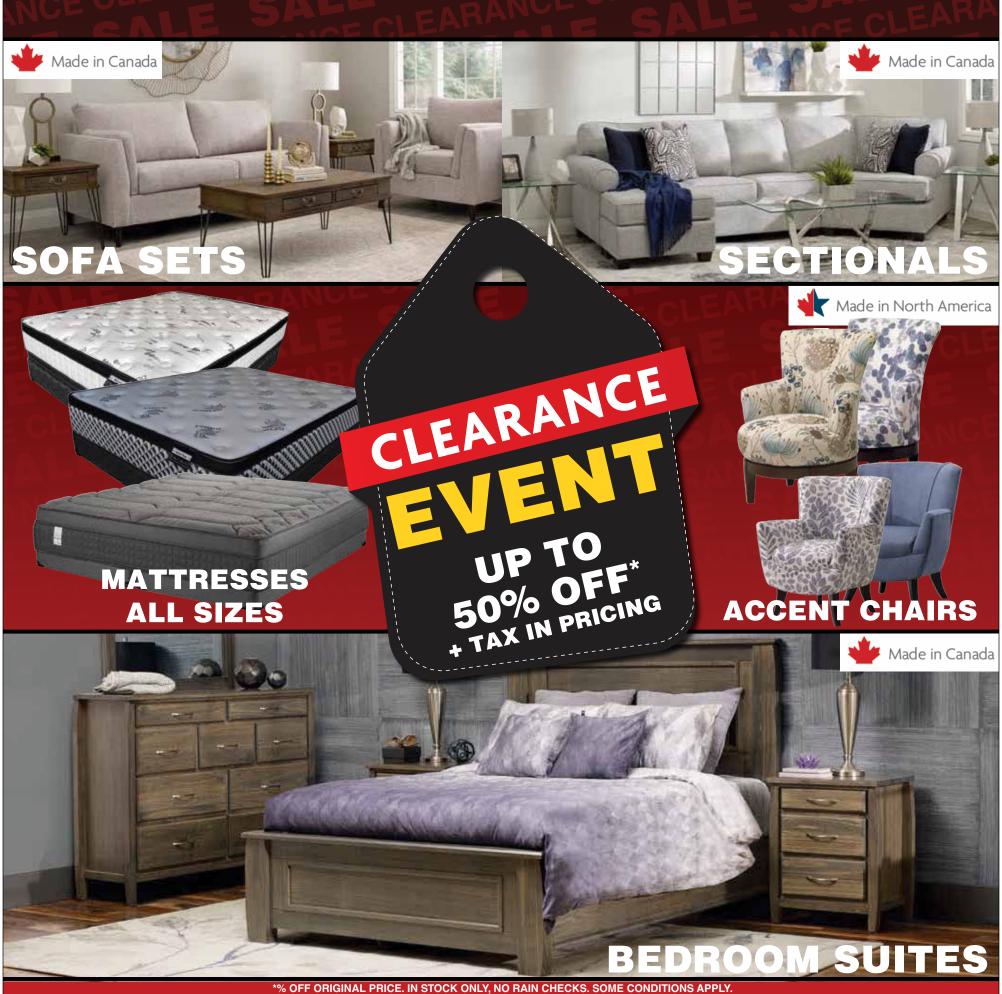
- Community Dinner at St. Marys United Church - 5 pm, Sponsored by Cascades. Admission is free but donations are greatly appreciated

Tuesday, January 16

- St. Marys Lincolns vs Strathroy Rockets at the West Middlesex Memorial Centre - 7:30 pm

Thursday, January 18

- Women's Winter Visioning event at Riverwalk Commons - 7:30 to 9 pm, Doors open at 6:30 pm



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