

St. Marys Independent

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Issue #1177

Thursday, September 21, 2023

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Lincs dominant in Home Opener



The St. Marys Lincolns' 2023-24 regular season officially got underway last Friday night when the Lincs hosted the St. Thomas Stars at the PRC. Two goals by Ryan Cornfield, a two-point night by St. Marys native Jimmy Schiedel, and a dominant overall team effort led the Lincolns to a 7-1 victory. (Photo credit: Mike Chennette/McGinny Photography)

Doors Open this Saturday

The annual "Doors Open" event takes place this Saturday in St. Marys from 10:00 a.m. to 4:00 p.m., part of a province-wide initiative that highlights Ontario's architectural treasures.

There are 16 different properties in town participating, including Riverwalk Commons (84 Water St. S), Riverside Bed and Breakfast (96 Robinson St.), Andrew L. Hodges Funeral Home, St. Marys' five historic churches, St. Marys Museum, the Canadian Baseball Hall of Fame and Museum, St. Marys Public Library, Town Hall, the Station Gallery (located in the train station on James St. N), and Broken Rail Brewing (open at 12:00 p.m.).

The Friends of the Museum will once

again be hosting mobility bus heritage tours throughout the day, departing hourly from Town Hall and allowing folks an excellent way to see St. Marys' heritage highlights from the comfort of an air conditioned, accessible bus.

Information headquarters for Doors Open will be a tent in front of Town Hall. Maps will be available, as well as last-minute news about special "added-value" features planned for many of the sites. Admission to all Doors Open sites is free.

For more information about the event, visit www.discoverstmarys.ca/doorsopen.

Town of St. Marys to commemorate 2023 National Day for Truth and Reconciliation

Education and understanding remain focus for events

The Town of St. Marys will commemorate National Day for Truth and Reconciliation with a week of activities focused on healing and education.

Beginning on September 25, the St. Marys Museum will host an exhibit titled 'Talking About Treaty 29'. The exhibit examines the creation of Treaty 29, also known as the Huron Tract Purchase of 1827. It also explores the history of treaties and how the ongoing rights and responsibilities impact the area now known as St. Marys. The exhibit will be available for viewing during the Museum's regular hours, until November 30.

On Wednesday, September 27 and Friday, September 29, the St. Marys Public Library is showing "The Walk a Mile Film Project" from 3:00 p.m. to 4:15 p.m. The project is comprised of five short films: Coming to Terms, We are All Treaty People, A Legacy of Struggle, Targets & Heroes, and The Way Forward.

On Thursday, September 28, local Indigenous educator Patsy Anne Day will offer a "Sunrise Ceremony" as a way to give appreciation, to be loving, full of compassion and joy, and express thanks for life and nature. The event will start at 7:30 a.m. at the north end of Milt Dunnell Field.

A sacred fire will also be lit and tended by firekeepers from 7:30 a.m. until 5:00 p.m. at Milt Dunnell Field. Those attending the fire will learn about the

Continued on page 2

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COMMUNITY —

Town of St. Marys to commemorate 2023 National Day for Truth and Reconciliation

Continued from page 1

four medicines sacred to many Indigenous cultures: tobacco, sweetgrass, sage and cedar. Attendees are invited to add sacred medicines to the fire. Children will have an opportunity to create a feather craft keepsake.

Those attending are encouraged to wear an orange shirt to honour sur-

vivors of residential schools, in support of the "Every Child Matters" concept. All are welcome to attend this event at any point throughout the day. Those looking to purchase a shirt are encouraged to buy from Indigenous-owned or Indigenous-supported businesses.

The National Truth and Reconciliation flag will also be flown at Town

facilities from Thursday, September 28 to Monday, October 2. The National Centre for Truth and Reconciliation facilitates learning for Canadians by offering a series of free virtual lunch and learn sessions on a multitude of Truth and Reconciliation topics, from Monday, September 25 to Friday, September 29, at 1:30 p.m. to 2:20 p.m.

The Town of St. Marys is grateful for

the input of many individuals who have helped us begin to understand and commit to a better future. We are especially grateful for the guidance and teachings from Patsy Anne Day who is helping us on this journey.

For more information on National Day for Truth and Reconciliation events in St. Marys, visit www.discoverstmarys.ca/truthandreconciliation.

St. Marys Vet Clinic honors veteran veterinarians

By Jake Grant

On September 14th the St. Marys Veterinary Clinic held a surprise ceremony dedicating their surgical suite and pharmacy, acknowledging two senior veterinarians who have been a team since Ken hired Larry in the spring of 1981. Dr. Ken Schiedel and Dr. Larry Joose were the recipients of this tribute, with the clinic dedicating the surgical suite to Dr. Schiedel and pharmacy to Dr. Joose.

Following in his father's footsteps, Dr. Ken Schiedel has been serving as a veterinarian in St. Marys since 1969, a year after his graduation. Dr. Larry Joose joined the St. Marys Vet team in 1981 when the Clinic was still situated on Jones St.

The veteran veterinarians shared stories of a different time. Dr. Larry Joose reminisced about how practices in Ontario used to tend to both farm animals and pets. "Practices were mixed back then and as time went on there were more and more pets so mixed practices broke off. Now there's more of a direct focus on food animals or small animals."

Advancements in technology also had a huge impact on the industry. "In the past, there were only so many tests we could do. We used to depend on clinical evaluation to determine what was wrong because by the time we sent the blood samples to the provincial lab and got the results back the animal may already be better, or even worse, dead," said

Larry. Today's technology allows vets to diagnose quickly and efficiently. He added that they had a client come in on the 14th with a sick dog and told them, "we'll have the results in half-an-hour".

Dr. Ken Schiedel noted that their success was mostly due to all the people they worked with. "We are like family here and it makes the place great when we have good employees." Throughout Ken and Larry's 40 years of working along side each other, they had a good time. They primarily went on farm calls, performed surgeries, in addition to lots of appointments. "When Ken and I worked together he liked to do all the surgery and didn't like to talk a lot to the people, so I was the communicator," joked Larry.

In order to pay tribute to Drs. Ken and Larry for their many contributions, legacy of care and compassion, the clinic has chosen to honor them with these dedications. "We feel it's very important that we honor the important and selfless work they have done over the years. They looked after many animals which, in turn, has had a tremendous positive impact on the lives of those animals and their people," the clinic staff said. This acknowledgement stands as a testament to the exceptional impact these two dedicated veterinary doctors have made in serving their community. "Thank you, Ken and Larry!"



Veterinarians Dr. Ken Schiedel and Dr. Larry Joose are honored for their many years of service in St. Marys and surrounding area. (Jake Grant photo)



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Mainly sunny	Mainly sunny	Sun/cloud	Sunny	Sunny	Sun/cloud	Showers
 23°C	 25°C	 25°C	 24°C	 23°C	 22°C	 20°C
Feels Like 23	Feels Like 25	Feels Like 24	Feels Like 24	Feels Like 23	Feels Like 22	Feels Like 20



Cascades



CASCADES RECRUITMENT OPEN HOUSE

11am-1pm on Friday September 29th

at the Cascades St. Marys Plant, 304 James St. South in St. Marys - front entrance.

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EDITORIAL —

Without funding, PC Connect unsustainable

By Stewart Grant

Though Town Council voted by a 5-2 margin last week to extend the PC Connect local partnership with the City of Stratford and Municipality of North Perth, it was done so with very little optimism about the future of the PC Connect service in its current form.

The program will be extended to March 31, 2025, coinciding with the end date for funding from the provincial Ministry of Transportation.

Per the report filed to Council by Town CAO Brent Kittmer, the rationale to extend the service to March 2025 was that "PC Connect is the only form of public transportation currently serving St. Marys (except for Mobility Bus who has specific ridership conditions). If future provincial funding for PC Connect does not materialize, the Town can use the existing budget allocation to review and consider its options to provide some form of public transportation."

Certainly the options are not easy, especially if provincial funding doesn't come through. As much as the public transportation is a valued service, the numbers are tough.

Since November 2020 to July 2023, a period of roughly 1,000 days, there have been 3,930 riders ei-

ther getting on or off a bus in St. Marys, which averages out to only 4 rides per day – and this includes riders of the now-abandoned Perth County Route B (1,092 rides since inception). If you factor in round trips, the average number of people using the service is even less than four per day since 2020.

It is worth noting that the program launched during the pandemic, and it is encouraging that ridership has trends in a positive direction, but the figures remain bleak. As more costs are to be absorbed by the local municipalities, the projected cost in 2024 for each of Stratford, St. Marys, and North Perth are \$160,000. If an average of 6 people per day used the service to get to and from St. Marys, that's a cost per round-trip rider of around \$73 for St. Marys if I have my math right. Beyond March 2025, the costs would even higher with MTO funding running out.

By extending the program to March 2025, Council gives itself its best chance of trying to obtain additional provincial funding – since support would be unlikely if the current was prematurely abandoned. It's worth a shot, because the need for public transit has likely never been higher, given our increasing population, increasing costs of living, and lack of other (taxi, Uber, GO Train) transportation options.

Bravo

We have 2 Bravos this week.

1) Bravo to the organizers of the Kirkton Fall Fair. It was another terrific event, especially the fireworks and the activities for young kids. We had a lot of fun and are already looking forward to next year.

2) Bravo to the BIA, who delighted St. Marys years ago with bridge floral displays, that did the town proud. First impressions are huge! Sadly, the town displays haven't even come close since then. Go fund me anyone?

Boo

We have 1 Boo this week.

1) Boo to companies that do not accommodate people, particularly seniors, that are not savvy with technology and the ability to use them. A QR Code is not the answer to everything!

*Please note all Boos and Bravos must be signed in order to be considered.

Bravos and Boos are submitted by community members and do not necessarily reflect the opinions of the St. Marys Independent

Quote of the Week

"Families are having a tough time with a lot of disruptions. Some have spent days and nights watching their children in pain in the hospital or sick at home, and we understand that this has put families under a lot of stress and a lot of financial stress,"

- Alberta premier Danielle Smith regarding the recent E. Coli outbreaks in several Calgary daycares. The government is giving families \$2000 to each child affected.

St. Marys Independent

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The St. Marys Independent

THOUGHTS
OF THE WEEK

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Autumn shows us how beautiful it can be to let things go.

Autumn is a second spring when every leaf is a flower.

Love the trees until their leaves fall off, then encourage them to try again next year.

Autumn leaves don't fall, they fly. They take their time and wander on their only chance to soar.

Overheard at the Coffee Shop

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It's officially wear a sweater in the morning and regret it in the afternoon season

Great to see so many local talents on the Lincolns this year

Have you heard something humorous around town that you think might be of interest to others? Either email them to us at info@stmarysindependent.com with the title "Overheard at The Coffee Shop", call 519-284-0041 or drop by the office to let us know!

COMMUNITY —

Community Closet opening ceremonies



The Community Closet held its Grand Opening on September 16th with an overwhelming attendance from the community. The Ceremony initiated with Brittany Petrie addressing the need for this closet and introducing the board of directors. That was followed by Reverend Diana Boland who blessed the closet and concluded with Karen Kittmer and Mayor Al Strathdee cutting the ceremonial ribbon. From L-R is, Mary Smith, Jackie Saville, Brittany Petrie, Karen Kittmer, Al Strathdee, Diana Boland, Mary Stouffer, and Jenny Calder. (Jake Grant photo)

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STONETOWN CRIER

The latest municipal news from the Town of St. Marys



BADMINTON AND BASKETBALL

Join us for some active fun this fall at St. Marys DCVI. Adults (14+) can register to play badminton on Wednesdays from 7 - 9 PM. Children grades 3 to 8 can join basketball on Thursdays from 6 to 9 PM.

townofstmarys.com/activenet or 519-284-2160

SHOWER PROGRAM

Thursdays, 9 AM - 1 PM | Pyramid Centre

This program provides free showers to those in need. Showers are private, secure and accessible for individuals of all abilities.

Visit Guest Services or call 519-284-2160



LEARN TO SKATE PROGRAM

Register your child for CANSkate and Preschool skating programs at the Pyramid Recreation Centre with Northern Star Skating Academy Inc. Learn to skate from National Certified coaching staff.

www.stratfordskating.ca

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CIRCLE OF SECURITY PROGRAM

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Register for this 8 week program that focuses on secure parent/caregiver and child relationships.

townofstmarys.com/earlyon or 226-374-6544



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Senior of the Week



Our Seniors of the Week are Don & Marg Pike who celebrated their 23rd Anniversary on September 16. Don & Marg are both involved in community events. Don is a big promoter of the St. Marys Lincolns, both he and Marg organize the annual Canada Day Parade and Don volunteered with the Evans Touch the Truck event this year. We met up with them at Tim Hortons where they first met many years ago.

If you would like to nominate someone for Senior of the Week, Contact us at 519-284-0041 or info@stmarys-independent.com.

COMMUNITY —

Community dinners have resumed



The people of the Avonbank Community Church put on a wonderful meal at the United Church on Monday, September 11. It was the first one of this season that was attended by many. Volunteers pictured are Kylie Fifield, Chloe Thynne, Keirsyn Wood and Avonbank Community Church members Lenora Mountain, Elaine Standeavan, Marion Ready, Verna Strathdee, Mary McIntosh, Robin Mountain & David J. Mountain. (Nancy Bickell photo)

Weekend Quiz

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1. What is the capital city of Hungary?
2. What was the first creature sent into space?
3. What is a common name for sodium chloride?
4. Who was the first female artist to win Album of the Year at the Grammy Awards?
5. What country gifted the Statue of Liberty to the USA?
6. What state are the Green Bay Packers based in?
7. What art movement was founded by Andre Breton in Paris in the 1920s?
8. Who invented the printing press in the 15th century?
9. What is the only animal with no vocal cords?
10. What bone are babies born without?

This week's answers are found on pg. 31



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COMMUNITY —

All Wheels Park donation of the week



Special thanks to ex-Rotary president John McGarry for his private donation to the All Wheels Park. John was on board from the beginning and helped secure the very generous Rotary donation of \$100,000 that helped establish the project here in town. The progress is very exciting since last week's groundbreaking. Stop by James St South to take a look and visit their website to make a donation. www.townofstmarys.com/allwheelspark (Contributed photo)



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ARTS & CULTURE —

Down at the Station Gallery

By James Giles, edited by Alice Rixson

We are pleased to be featuring an Arts and Culture column every two weeks in the St Marys Independent to highlight local arts organizations, artists, musicians, arts events etc that are adding to the culture of St Marys and Perth Region. If you have any recommendations or comments for this column, please forward them to smindependentarts@gmail.com

You'll find more than a Station Master at the St. Marys Train Station. It's also a unique art gallery that will be found nowhere else in Ontario!

This 1907 Heritage building so designated for its historical, architectural significance, is a vintage landmark. These characteristics are what attracted the CBC producers to include the Station in an episode of its television series of Murdoch Mysteries set in the early 1900s.

The Station's modest waiting room with its original, narrow plank hardwood floor is very much reminiscent of a bygone era and it serves as the Gallery's stage for rotating art exhibits comprised of variable mediums, seven times a year. The Station Gallery's notable experience is enhanced by the historic nature of the depot and its proximity to St. Marys prominent water tower.

The Station House is a multipurpose venue where one can purchase train



Pictured above are Cameron Porteous and Sylvie Verwaayen. (Contributed photo)

tickets to ride the rails (to some, an experience from the past) and view a number of original and varied pieces of art created in numerous media, without paying an admission fee. The building contains the Station Gallery

and also the studios of Cameron Porteous and Reid Needles.

Cameron, the Gallery's curator, has his art studio in one end of the building while Reid, a retired teacher who is a much sought-after wheelwright, specializing in the restoration of spinning wheels and old clocks, has his at the other end.

Since the late 1960s, Cameron has been recognized as a distinguished designer and a veteran of Canadian stage. While visiting St. Marys some years ago, the train station house intrigued him so he immediately sought help to find a home in St. Marys. Since 2016 Cameron has been the inspiration and guiding light for the St. Marys Station Gallery. His choices of artists to feature are stellar.

Born in Rosetown, Saskatchewan in 1937, Cameron trained at the Wimbledon College of Art in London, England and returned to Canada in 1969, launched his career at Vancouver Playhouse in 1972, and worked with Christopher Newton as head of design for 10 years.

Cameron is probably best known for his long association with the Shaw Festival in Niagara-on-the-Lake where he served as head of design from 1980 to 1997. He also created sets for Tarragon Theatre, Young People's Theatre, Royal Alexandra Theatre, Grand Theatre, London, National Arts Centre, Citadel Theatre, Arts Club Theatre, and Stratford Festival.

His resume boasts his production designs for films including the Emmy Award-winning film, *Beethoven Lives Upstairs*.

"I define myself as a scenographer, a term that encompasses both set, production design and costumes," says Cameron, adding, "It offers a unique opportunity to create the complete design for a production from theme, colour, function, and silhouettes." It is no wonder his accolades include a Canadian Centennial Scholarship in London, England, and the Queen's Jubilee Medal for Contribution to Canadian Theatre.

With his years in theatre Cameron has brought to each art exhibition a wide-based knowledge of staging. Instead of theatrical productions, his vision evolved to support and promote local artists in St. Marys and regional areas. A group of volunteers with similar goals and ideals has been inspired and enthused by Cameron's mission, talents and experiences.

Add to this, assistant to the curator is local artist and digital designer Sylvie Verwaayen who answered Cameron's plea for volunteers and has been associated with the Gallery since 2018. Sylvie creates internal graphics and curates all the digital content on various platforms and was responsible for the virtual gallery so artists could feature their works slated for exhibition during the COVID pandemic.

A graduate of Fanshawe College in Industrial Design, Sylvie has had numerous commissions over the years including illustrations. "My love for the Gallery has come from my working with Cameron and helping other artists mount their shows. We have become a very good team," she says.

With a background in fundraising, Sylvie has recruited sponsors from the local business community that contribute to the Gallery's operational budget. In 2019 the Gallery featured online professionally written articles featuring local and regional artists called *On Track* as well as a listing of posters of the highlighted shows. The Facebook page and the Virtual Gallery receive on average 5000 visits for each exhibition while the Gallery now has over 1000 followers.

The Station Gallery is a not-for-profit organization that is generously financially assisted by the Town of St. Marys and charitably supported by local businesses. Gallery sales go directly to help offset the combined costs of facility operations and art exhibition staging.

Please send comments and proposed topics for Arts articles to smindependentarts@gmail.com



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ST. MARYS, ONTARIO

COMMUNITY —

Stonetown Physiotherapy welcomes Hans Dijk

By Jake Grant

St. Marys Stonetown Physiotherapy is thrilled to welcome its newest team member, Hans Dijk. The veteran physiotherapist brings with him 33 years of experience in Canada and three years in the Netherlands where he graduated. Dijk's expertise has made him a well-known figure in Stratford, where he spent a few years working at Stratford General Hospital before opening the city's very first private Stratford Physiotherapy Centre.

His experience has brought him to St. Marys where he is looking forward to offering his services to the people of the area. Dijk brings with him a wealth of knowledge and expertise in the field of physiotherapy. Hans is a certified MacKenzie MDT therapist, mechanical diagnosis and treatment. He has a particular interest in sports and orthopedic injuries, pre and post-op total joint replacement, and neurological rehab.

Dijk has worked with a wide variety of patients throughout his career, including players from the Stratford Cullitons (Warriors) Junior B hockey team and actors from the Stratford Festival. In his previous clinics,

he was the only physiotherapist, which has given him extensive experience in the field. However, he is excited to join the St. Marys team. "I just love it here. The space and the vibes are just incredible. There's a great team here and it keeps me on my toes again."

Hans' passion for his profession and his care for his patients are evident in the way he talks about his work. He believes that the key to treating a client effectively is to assess their needs and develop a treatment plan that engages them at all stages. "It's important that patients are involved and invested in their treatment. Ultimately they should depend on the knowledge acquired and the exercises learned to help manage, control the pain and solve the dysfunction," said Dijk.


St. Marys Stonetown Physiotherapy is fortunate to have Dijk join their team. The clinic takes pride in the quality of care they provide, and Hans' expertise and zeal for his work align perfectly with their values. Hans concluded the interview by stating, "I can say that I'm ready for the challenge of new patients and looking forward to helping the people of St. Marys."



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SPORTS —

Lincs take high-octane home opener over Stars

By Spencer Seymour

Considering it was the first game of the 2023-24 campaign, it's hard to envision a better possible start to the GOJHL regular season for the St. Marys Lincolns. In their home opener last Friday night, the Lincolns defeated the St. Thomas Stars by a score of 7-1.

According to Head Coach Jeff Bradley, the atmosphere created by the 951 people in attendance for the first game of the year, including the Lincolns' faithful and many former players, helped to remind him of how special a place St. Marys has become in the Junior 'B' circuit.

"Good things are happening with the team right now," Bradley said. "Looking out at the crowd from the bench, the place was packed and the fans brought us a ton of energy which they do for us every week. I was also very thankful to see so many graduating players come out and watch the game. It shows that they loved playing here which is incredibly important to us."

Bradley also stated that everyone knew the first game of the season wouldn't be perfect but the main focus was to capitalize on the electric nature of the fanbase, a mission that was accomplished in spades.

"Going in, I was feeling happy with the team. The way training camp went, the acquisitions Pat has made, and just the team in general, we were happy with everything. You just don't want to be happy about everything going on and then get to the first game and lose. With everything going pretty well right now, we just wanted to make sure we got the two points."

The Lincolns took a 1-0 lead into the first intermission, with the team's first goal of the season being scored by forward Jaden Lee, who swatted a one-timer past St. Thomas goaltender Alexei Medvedev on a feed from Luca Spagnolo.

In the eyes of Coach Bradley, the team's performance in the opening frame wasn't without areas of improvement but the Lincolns seemed to get better and better as the night went along, ultimately turning in a 60-minute effort that left the bench boss with a positive overall feeling.

"I'm happy with how we looked as a whole. At times, I thought things



Jaden Lee fires home the first goal of the St. Marys Lincolns' 2023-24 season during last Friday night's home opener off a feed from linemate Luca Spagnolo. The Lincolns defeated the St. Thomas Stars by a score of 7-1. (Photo credit: Mike Chennette/McGinny Photography)

looked a bit disorganized but when you've got so much excitement and adrenaline because it's the home opener, that can take over at times. I think it took over a bit in the first period but once we settled in, we started executing on some things we've been working on. Overall, I think we showed that we have a lot of skill but we also proved that, even when it's not perfect, we can work hard, do little things right, and constantly stay in the battle."

The second period saw the Lincolns' highly potent offence truly come to life, beginning with two goals just 17 seconds apart. First, Wesley Wilding finished off a net-front scramble with assists from Jimmy Schiedel and Luke Bogart. Then, just over a dozen seconds later, the puck came to Adam Barkley in the low point whose wrist shot found its way through traffic and into the Stars' net.

St. Thomas stopped the bleeding just 82 seconds later when some great puck movement on a powerplay was finished off by a shot by Harrison Franssen finding the back of the net, cutting the Lincolns' lead to two.

The Lincs' three-goal advantage was restored by defenceman Luke Bogart who tallied his first career GOJHL goal. Colton Henderson picked up the lone assist. With exactly one minute left in the middle stanza, Ryan Cornfield posted the first of two goals he would score in the game. Linemates Marcus Dashevsky and Chase Mac-

Queen-Spence earned the helpers.

The first two periods saw five of the seven powerplay opportunities the Lincolns earned throughout the game. However, the team failed to score a powerplay marker in the game. Coach Bradley said that special teams is one of the elements the Lincolns plan to work on in the coming weeks, while also making it clear he isn't concerned given the high skill level possessed by many of the Lincolns' skaters.

"The special teams weren't quite what we needed them to be. When you're against a team that works as hard as St. Thomas did and that has the goaltending that St. Thomas does, going zero-for-seven on the powerplay can bite you. But I think that's something that will come as we start focusing in on it at practice a bit more and with personnel we have, I'm confident that we'll be just fine in that regard."

"We've only had our full team since September 5th so, going into the home opener, that's less than two weeks without everyone here and practicing," Bradley added. "Our goal was to create a good base of everything that we do when it comes to our systems and structures. We feel like we got what we were looking for in that regard but we haven't had the chance to focus on any one thing and work on it. Now, it's time to look at what we're happy with and what areas need work and start focusing in on those things."

For his second point of the game,

Schiedel extended the Lincs' lead to five goals with an unassisted goal six minutes and 21 seconds into the period. Almost exactly eight minutes later, the younger Cornfield brother found the back of the net for the second time, with MacQueen-Spence and Dashevsky once again picking up the assists.

Even with the quality of the Lincolns' showing being very high, the St. Thomas Stars played a game that wasn't reflective of the blowout nature of the final score. Coach Bradley thought both teams showed positive signs, with one of the most crucial differences being the experience advantage enjoyed by St. Marys.

"St. Thomas has a lot of new faces and a new coaching staff so it's understandable for them not to look as polished as a team that has half of its players returning. Plus, we're an older team as well. I don't think the difference was necessarily their skill level compared to ours and they certainly worked very hard and gave us a good battle, but I think, as skilled as our group is, we worked incredibly hard and had the edge in experience and familiarity with one another."

Bradley expressed a great deal of satisfaction with the effort of his players, saying that it was hard to find a player whose performance he wasn't happy with.

"To see Jaden [Lee] and Luca [Spagnolo] build on what they showed last year was nice to see. Marcus [Dashevsky] played his first game in this league and I thought he was great. I thought Adam [Barkley] was great as well. And I loved our young guys. Ryan [Hodkinson], Colton [Henderson], Ryan [Cornfield], I thought they were awesome. Honestly, there were too many to name who I thought had positive nights."

"It's nice to see that the players recognize the fact that we have 14 really good forwards and seven really good defenders who deserve to play," continued Bradley. "I think, when you have that depth throughout the roster, it creates accountability and competition. The 18 skaters who played last night all played like they didn't want to be taken out of the lineup. Their job is to make the coaching staff have difficult decisions for the lineup for the next game and everyone certainly did that."

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SPORTS —

Positive start to season for DCVI field hockey team

By Spencer Seymour

The 2023 high school field hockey season started on Wednesday in Goderich for the St. Marys DCVI Salukis when the Stonetown squad went on the road for games against South Huron and Listowel.

In the opening game against South Huron, the ever-strong Panthers brought a tough matchup for the Salukis, who had significant turnover from last season to this. That experience difference proved a bit too much for DCVI, who fell by a score of 5-0 to the Panthers.

After a short break, the team was ready to take on Listowel in what proved to be an exciting back-and-forth game. The St. Marys girls got out to a 2-0 lead in the first half with a pair of goals from Eve Greig, before Listowel got one back at the end of the half. Raella Brodhagen made her debut in net and made key saves while being supported by Ella Boersma, Rylee Nethercott, Rory Brockman, Adrianna Hollestelle-Black, and Ra-

chel Hoyles on defence.

Rookie midfielder Harvest Elliott extended the Salukis' lead with a goal midway through the second half and Alex Binning added another. Listowel scored a last-minute goal to keep the game interesting but DCVI hung on for the 4-3 win.

Co-Head Coach Jessica Chateauvert said the team's youngest players deserved "a big shout out" for their quickness in picking up the game.

"We were really happy with our rookies who got in the play and battled hard despite not fully knowing the rules of the game. The team moved the ball well in order to create offensive chances. I was impressed by their adjustments between games to work at positioning themselves to be engaged in the play and giving their teammates multiple options when they had the ball."

We will continue to build on communication and teamwork as individual skills improve. It's a steep learning curve for new players, and it is always



exciting to see them pick up the game in the first few matches.

This past Monday, the schedule continued with another pair of road games for the Salukis, winning one of two despite a depleted bench.

St. Marys played a very offensive game against Stratford District Secondary (SDSS) to open the day, creating many scoring chances and capitalizing on enough to win 3-0. Early on, however, the team struggled to find the back of

the net and the game was scoreless at halftime. They continued to pressure the SDSS defence and goalie in the second half and were finally rewarded with goals by Hollestelle-Black, Elliott, and Kiara McGregor. Brodhagen earned the shutout in net.

In the second game against a skilled team from St. Anne's, the girls played tough defensively but struggled to create many scoring opportunities which, this time, ultimately cost the St. Marys side. Losing a player to injury left DCVI with just one sub and the girls played a gritty game, holding St. Anne's to just two goals in a 2-0 loss.

Chateauvert and her co-coach Bob Ellison both felt very happy with the efforts turned in by the Salukis.

"Both Bob and I were proud of the team for their efforts throughout the day," said Chateauvert. "They battled hard for every ball and even when we weren't getting the scoring chances we might like, they were working really hard and playing very good defence."

Lincs reacquire Vandenbrink, sign Shiell; Smith dealt to Jr. C

By Spencer Seymour

In the days before their first regular season game, the St. Marys Lincolns announced they had traded cash considerations to the Hamilton Kilty B's in exchange for former Lincoln and star forward Noah Vandenbrink.

The 18-year-old was a point-per-game player in his rookie GOJHL year with the Lincolns, with Vandenbrink tallying 20 goals and 46 points in 46 games during the 2021-22 campaign. Last year, Vandenbrink split time with the Kilty B's and the OHL's Hamilton Bulldogs (now playing out of Brantford). The highly skilled winger almost equalled his goal totals in almost half as many games with the Kilty B's, putting up 17 goals and 35 points in just 26 Junior 'B' outings.

Vandenbrink, a former Alliance U16 Champion, was a fifth-round pick of the Bulldogs in the 2021 OHL Priority Selection. At the OHL level, Vandenbrink has suited up for 14 games, two of which were in the playoffs, over the last two seasons, all with the Bulldogs.

General Manager Pat Powers told the Independent that the organization hopes for big things out of the native of Belmont, Ontario.

"Noah is a point-per-game player that

will add some explosiveness and scoring to the top of our lineup," said Powers. "He's coming in to be a leader on and off the ice. He's an experienced GOJHL player with lots of playoff experience. We anticipate he'll be one of the top players in the league."

Vandenbrink wasn't the only player added to the Lincolns lineup with the team also acquiring St. Marys native Jaden Shiell. Last season, Shiell suited up for the Junior 'C' Paris Mounties of the PJHL. The hometown boy brings a six-foot-two, 180-pound frame to the blueline, which Powers believes will bring an important dimension to the team's back end.

"Jaden is a strong-skating defender who can help us create opportunities up the ice, both in transition and in the offensive zone. He is a big, strong player who will be able to defend and stop the pressure from other teams in our defensive end."

On Monday, the team also confirmed that 20-year-old forward Eric Smith had been traded to the North Middlesex Stars of the PJCHL. Head Coach Jeff Bradley said that the community and the organization "owes [Smith] a debt of gratitude" for his contributions to the team, both on the ice and behind the scenes.

"I was certainly sad to see Eric go but

he has to do what he feels is best for him and we understand and respect that and wish him all the best," Bradley said. "His stamp on this team is as one of the building blocks for the culture here. We aren't where we are as an organization without people like Eric."

Bradley further described how Smith contributed to the team on and off the ice, making it clear that he has nothing but positive things to say about the Lucan native.

"Off the ice, Eric was never scared to speak up when he saw something wrong. At times, guys can be scared to rock the boat and sometimes, the boat needs rocking. If he saw something that wasn't benefitting the Lincolns, he would say it. He wasn't the biggest guy but he played in a way that struck fear in other teams. When Eric was on the ice, other teams certainly knew it. I have nothing but respect for Eric and we hope he has all the success in the world."

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SPORTS —

The Bells win Ladies Scramble; Shack Attack takes 'B' Division

By Spencer Seymour

The team known as The Bells were crowned the 'A' Division Champions at last Thursday's Ladies Scramble at the St. Marys Golf and Country Club (SMGCC). The team, consisting of Patti Dobbin and Vicki King from Forest as well as Lynn Forbes and Deb Withers of Mooretown, scored an eight-under-par score of 64 to secure the victory.

The tournament featured 34 four-person teams. According to Dobbin, the Bells' strong day on the course started on their very first hole.

"A good start can be very important and we were fortunate to get that," explained Dobbin. "We started on hole number 18 and we got a birdie to start us off. That held us closest to the pin for the entire tournament and got us in a good groove for the rest of the day."

According to Dobbin, the team's strong showings on the shorter holes continued as the day went on.

"We got three birdies on five of the par-three holes which is unusual for us," Dobbin said with a laugh. "We've known each other for many years and we just click together. We're able



Pictured from left to right is the team of Deb Withers, Patti Dobbin, Lynn Forbes, and Vicki King, known as The Bells, who won the 'A' Division title in last Thursday's Ladies Scramble at the St. Marys Golf and Country Club. The Bells shot an eight-under-par 64 score for the victory. (Photo credit: Spencer Seymour)

to be pretty chill when we're playing together and it allows us to just have fun hitting the ball."

Dobbin added that the conditions of the day were just about as good as anyone could hope for.

"It was great out there. This is such a lovely course, it's got a great shape with great holes throughout. The weather was awesome. It's the kind of course and kind of day where you couldn't ask for better."

The 'A' Division winners are no strangers to one another, having friendships spanning more than four decades and many years of experience playing together, two major contributors to their tournament win.

"I just think we've got that longtime friendship that makes playing together so much fun. We play three or four tournaments every year as a foursome so we just enjoy playing together. When you can play with people who you find being around so easy and enjoyable, no matter what you're doing, you're going to do well."

Local team takes 'B' Division

In the 'B' Division, the hometown team known as 'Shack Attack' claimed the victory thanks to a four-under-par 68 final score. The team was made up of Ericka Burns, Aimee King, Amie Shackleton, and Jenn Stacey.

Shooting a one-over-par 73 was the quartet of Cris Carlross, Cathee Crinklaw, Janine Easton, and Barb Goldhawk, good for the 'C' Division title. In the 'D' Division, Trudy Dunn, Sandi Freeman, Karen Joseph, and Nancy McCutcheon took the win with a three-over-par 75.

Legion celebrates local track and field athletes

By Spencer Seymour

On Tuesday, September 12th, the St. Marys Legion Branch 236's executive members had some special guests. Athletes from the Stratford Sabrecats and Western Track and Field programs who had represented the St. Marys branch at the Legion's regional and national meets, along with their coaches and families, were invited to attend a social gathering in their honour.

Track and Field Chair of the St. Marys Legion Harold Switzer organized and MC'd the event. The event was organized to formally thank the athletes for all their hard work at the various meets, up to and including the nationals in Sherbrooke, Quebec.

Athletes present introduced themselves and stated which meets they attended and what events they participated in. The executive then shook hands with and congratulated them and their coach, Ian Morton.

Following the athletes' portion of the ceremony, President Bim Graham presented Coach Morton with a donation to help the team prepare for the upcoming season and wished them continued success with their program.

The Legion congratulates the great group of young athletes as they aim for even bigger and better things both on and off the track.



Last Tuesday, the St. Marys Legion celebrated local track and field athletes who competed at national and regional meets earlier this year. Pictured from left to right are St. Marys Legion Branch 236 President Bim Graham, Adrianna Hollestelle-Black, Isabella Mills, Payton Blight, Bronwyn Hawkins, Colton Hawkins, and Track and Field Chair Harold Switzer. (Contributed photo)

SPORTS —

Science Hill holds Club Championship

By Stewart Grant

For the first time in many years, a Club Championship was contested last weekend at Science Hill Country Club. The tournament featured outstanding course conditions, some testy (but fair) pin locations, and some great competition between the 28 players who took part.

Results in the various categories were as follows:

Overall Champion -- Dave Shepley (149)

Overall Net Score Champion -- Dan Hunter / Bill Scheuermann (138)

Senior Champion (55 Plus) -- Dave Zehr (162)

Senior Net Champion -- Bill Scheuermann / Dan Hunter (138)

A Flight Champion -- Scott McLaughlin (156)

A Flight Net Champion -- Dave Shepley (147)

B Flight Champion -- Rob Erb (167)

B Flight Net Champion -- Rob Knight (147)

C Flight Champion -- Jeff Kaufman (165)

C Flight Net Champion -- Bill Scheuermann (138)

D Flight Champion -- Dan Hunter (186)

D Flight Net Champion -- Mike Logan (145)

Shepley, the pre-tournament favourite, held a slight lead after Saturday's round with a score of 75 – just ahead of 76's from Glenn Bertrand and Scott McLaughlin. These three, along with Dave Zehr (fourth, with an 81) played in the final group on Sunday. Shepley's final round was solid yet unspectacular. Though he didn't record a single birdie on Sunday, his steady and disciplined play resulted in a 74. His 149 two-day total was good for a seven stroke victory as overall 2023 champion.

River Valley hosts Ladies League wrap-up



This past Sunday, River Valley Golf and Country Club held their Ladies League year-end wrap-up tournament. Pictured from left to right are Laurie Kittmer, Theresa Simpson, and Wendy Lamond, the trio who won the day with a score of 61. The league, which played on Wednesday nights, had a total of 70 members this year. (Contributed photo)

Locals earn strong results at Kirkton Tractor Pull



Pictured is Brian and Tanner Harris, a father-son duo who were two of several local individuals who competed at the recent Kirkton Tractor Pull and Fair. (Contributed photo)

By Spencer Seymour

Close to 200 competitors descended on Kirkton for the Tractor Pull and Fair, with a large selection of tractors on display and in action earlier this month.

The slate of pullers included several from in and around St. Marys, including John Nairn who claimed first place in the 12,500-pound Hot Farm event. Nairn also took second in the 10,500-pound iteration of the Hot Farm challenge.

Ken McLellan also nabbed a first-

and second-place finish at the event, including coming out on top of the field in the 15,500-pound Hot Farm. McLellan's second-place result came in the 12,500-pound Hot Farm.

Father-son duo Brian and Tanner Harris also competed at the Kirkton event, with Brian coming in first in the 6,500-pound Stock Farm event. Meanwhile, Tanner finished fourth in the 7,500-pound Hot Farm event while Kurtis Armstrong finished one place ahead, taking third in the same event.

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SPORTS —

Tribe, Booze Bros win Men's Slo Pitch year-end tourney



The St. Marys Men's Slo Pitch league took over the diamonds late last week and over the weekend, playing their annual year-end tournament. In the 'A' Division, the Tribe won their seventh consecutive division title, taking the final game 12-9. Pictured in the front row, from left to right, are Travis Small, Mike Glover, Owen Penney, and Luke Wiffen. In the back row, from left, are Louie Robinson, Ryan Magagnin, Jase Doucette, Josh Munro, Tyler Rae, Trevor Ward, Kenny Hutton, and Josh Drinkwalter.



The 'B' Division of the Men's Slo Pitch league's Year-End Tournament saw the Booze Brothers come out with an exciting 13-12 victory. Pictured in the front row, from left, are Donald Christopher, Michael Durette, Greg Aarts, and Steve Funk. In the back row, from left, are Kris Christopher, Dustin Welch, Reg Joseph, Kyle Morrell, Andrew Elg, Hunter Ward, Devin Winters, and Zach Welch. Not pictured were Jermey McGrady and Joe Swarath. (Contributed photos)

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SPORTS —

Minor Sports Scrapbook



Lachlann Thistle fires a shot on goal on a breakaway attempt during the U11 C Boys St. Marys Rock's exhibition game this past Sunday.



Addison Hudson scores takes a shot that finds the back of the net this past Sunday in an exhibition game the U11 B Girls.



Will Richardson on the move during the U13 A Boys St. Marys Rock game this past Sunday. (Photo credit: Amanda Modaragamage)



Hayden Brintnell chases down the puck during the U18 A Boys St. Marys Rock game this past Sunday. (Photos by Spencer Seymour)



Brooklyn Haanstra scores a goal during this past Sunday's U13 HL Girls St. Marys Rock preseason game.

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SPORTS —

Year end tennis doubles tournament held



Pictured from left to right are Adam Pallone, Mallory Telford, Julia Glover, and James Walkom. Glover and Walkom took the final set 6-3 to defeat Pallone and Telford in the St. Marys Tennis Club's Year-End Doubles Tournament. En route to the championship game, Glover and Walkom managed to win matches against strong competition, including the doubles pairs of Esther DeYoung and Andrew Hodges, followed by Sandy Stephens and Robin Manzer and then Ross Barnwell and Roger Batch in the semi-finals. (Contributed photo)

Pickleball Association raises funds for Terry Fox Day



The St. Marys Pickleball Association held their third annual fundraiser and bar-becue on Terry Fox Day at the Outdoor Racquet Courts in St. Marys. It was an entertaining day with close to 40 members in attendance to raise money for cancer research in commemoration of Canadian cancer activist and national hero Terry Fox. A generous donation to this worthwhile cause will be made on behalf of the St. Marys Pickleball Association. A special thank you to Stonetown Artisan Cheese for sponsoring the association's play last week. (Contributed photo)

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COMMUNITY —

St. Marys holds annual Terry Fox Run



2023 marked the 43rd anniversary of the Terry Fox Run, and in St. Marys on Sunday there was a strong turnout of approximately 85 participants and 20 volunteers who together raised around \$9,200 for cancer research. To donate online, please visit terryfox.org. (Gord Barnett photos)



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COMMUNITY —

Mudmen return for annual fundraising concert Friday, October 27

The St. Marys Royal Canadian Legion has joined forces with Canada's Celtic rock warriors, the Mudmen, for a fundraiser concert on Friday, October 27. Mudmen are no strangers to the area with several sold-out concerts in St. Marys and the surrounding communities. Mudmen have guested and opened for The Irish Rovers, Johnny Reid, The Chieftains, and John McDermott in the London and St. Marys area.

"It has been said that Mudmen are the last of the stubborn survivors," joked co-founding band member Robby Campbell. "One day you're performing for the Queen, the next you're performing at an NHL event. Then, you're playing for a small rowdy crowd in a beer tent or bar. We have almost seen and done it all in our 25 years together, the good the bad and the other."

Mudmen have had a lot of commercial success over the years. Their music has been featured on Hockey Night in Canada, six Don Cherry "Rock' Em, Sock' Em" videos, HBO's Shameless,



NBC's The Black Donnelly's, WWE Wrestling, AE Sports games, and Much Music/MTV reaching #19 on

the top 20 countdown.

Campbell added that the band has a great deal of gratitude for the small-

er communities like St. Marys who helped sustain the group.

"The small towns kept us alive when we were dropped from our record deal label. With no radio or TV support, the small towns supported us and kept us going. We will never forget that."

Mudmen have played over 3,000 shows to date in eight different countries, building a legion of fans from young to old. Johnny Reid has said the group is "Canada's best-kept secret." Don Cherry called the group "good Canadian boys." Walter Ostanek said he is "proud of them," and that "you won't want to miss this concert."

Mudmen will be playing music from their 11 albums with proceeds going to the RC Legion. Tickets are \$25.00 in advance and \$28.00 at the door. Tickets can be purchased at the RC Legion, online at ticketscene.ca, and at the door (subject to availability). The concert is for those aged 19 and up. For more information on the Mudmen, visit www.mudmen.ca.

St. Marys Clicks showcase summer contest photos



The St. Marys Clicks have resumed monthly meetings after a lovely summer break. September's meeting began with showcasing the summer contest photos for the theme 'floating'. Congratulations to Tina S with the winning photo 'Lily of the Pond' and to Stephanie T as the runner up with her photo 'Summer Sunset'. The next meeting will be Thursday, October 5 with a presentation on drone photography by Cole Phillips. Please join us after 6:30pm at the St. Marys Presbyterian Church (147 Widder St. East) basement boardroom, meeting begins at 7pm. (Contributed photos)

HISTORY —

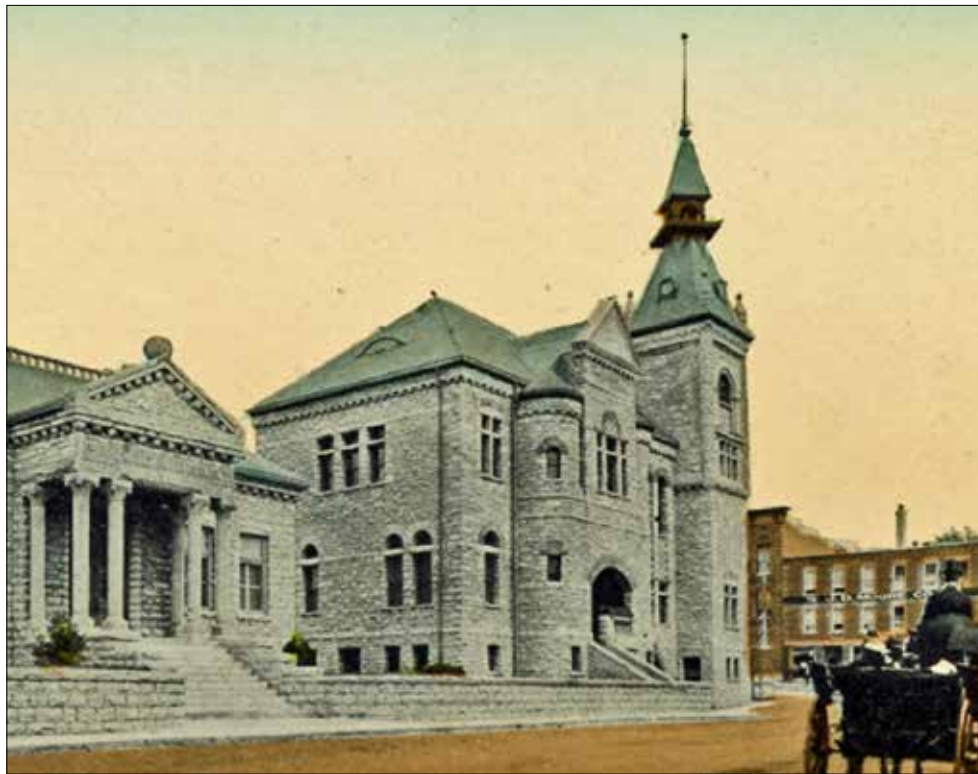
HISTORIC ST. MARYS: Doors Open to Historic St. Marys

By Mary Smith

“Discover the story behind every door...” That is the theme of the 2023 version of Doors Open Ontario. The website of the Ontario Heritage Trust explains that it has worked with communities across the province since 2002 to open up some of their most interesting buildings, exploring the stories that can be found inside. The Town of St. Marys has participated on alternate years since this event began two decades ago. The town’s last full-scale participation was 2019, prior to Covid. That year, several private residences opened their doors to visitors as did our historic public buildings and churches. Although the weather was showery, the event was successful with local residents, as well as out-of-town visitors, enjoying the beautiful buildings.

The Covid lock-down began in March 2020, as we all remember, and seemed to stretch on endlessly. Of course, it disrupted the Doors Open program. The Heritage Trust experimented with on-line visits, offering virtual tours of some communities and historic sites. But although these videos – still available – are impressive, they are not the same as visiting in person. In 2021 and 2022, as Covid restrictions began to ease, the Heritage Trust offered hybrid versions of Doors Open – some communities agreed to host in-person events while others still preferred the virtual model. On a windy Saturday in mid-October 2021, St. Marys was one of only a handful of in-person locations, offering a somewhat limited program. No private homes were included and only two of the historic churches took part. There were several open air sites. Volunteer guides wore masks and hand sanitizers were everywhere.

Now in 2023, Doors Open St. Marys returns full-force this Saturday, September 23, from ten o’clock in the morning until four o’clock in the afternoon. The town is looking forward to welcoming many out-of-town visitors, especially if the weather cooperates. But the event is for local people as well. If you are reading this column, you probably have an interest in local history. Doors Open offers a great opportunity to refresh your memory about the significance of various landmark buildings. An easy way to get an overview is to book a spot on one of the mobility bus heritage tours, leaving the town hall hourly throughout the day. It may not be as traditional as the ride enjoyed by the group in the horse-drawn carriage in the photograph with this week’s column. However, it is guaranteed to be more informative. These tours can be pre-booked by contacting the St. Marys



Postcard view, ca 1910, of the St. Marys Town Hall and Public Library.

Museum, 519-284-3556. Seats on the bus should still be available that day. Go to the town hall and take the free tour.

Walking from site to site is also an option and most Doors Open locations are an easy distance from the town hall – especially if you don’t mind a few hills. A good way to start the day’s exploration would be to walk through the downtown – as a Heritage Conservation District, this area is a Doors Open site in itself. Take the time to read the text on the plaques on many of the buildings. Each one gives a brief history of the building, highlighting significant architectural features. Cross westward over the Queen Street Bridge, pausing, as custom requires, to admire the view of the waterfalls with the Sarnia Bridge in the background.

Start up the hill and turn right onto Robinson Street. A pleasant few blocks will take you to the home of John and Marie Stevens at 96 Robinson Street. The Historic St. Marys plaque on the front lawn identifies it as the house where the famous violinist, Nora Clench (1867-1938), lived when she was growing up. The Stevens have named their home Riverside and operate a popular bed and breakfast there. They have restored and extended the front porch overlooking the Thames River. This was the original site a few years ago of the Front Porch Show, variety entertainment on summer Sunday evenings. During Doors Open St. Marys, John has arranged a schedule of musicians and other artists to entertain visitors on the porch stage.

Two sites, south of Queen Street but still within the downtown core, are excellent examples of adaptive reuse of heritage buildings. Riverwalk Commons, at 84 Water Street South, was one of the earliest commercial blocks in the town and served as the location for the first local branch of the Bank of Montreal. Beautifully restored and officially opened in 2022, the bright, attractive main floor is now an event space, perfect for group meetings, retreats, workshops and community celebrations. Ask the owner about the special Indigenous cultural activities that take place both inside the Commons and on the grounds. Andrew Hodges Funeral Home, at 47 Wellington Street South, operates within a historic house. Built as a residence in 1897, it was renovated as a funeral business in 1949. Many of the original features have been carefully maintained or restored by the current owners.

The town’s five heritage churches are all participating in the Doors Open event and in all five, volunteers will welcoming visitors, happy to describe the history of their churches and to explain the outreach activities that make them not just lovely old buildings but also a vital part of the community. Community dinners are served on alternate Mondays in the United Church, for example, supported by local service clubs and all local and area congregations. The Community Closet, recently opened in the Anglican Church’s parish hall, provides clothing at no cost to anyone who needs it. First Baptist and St. Marys Presbyterian Churches sup-

port the Canadian Foodgrains Bank. During Doors Open, art is being sold in the Baptist Church to support this charitable organization. All congregations came together during the past years to offer support to refugees, particularly from Syria and Ukraine.

There are two Doors Open sites that visitors will probably prefer to reach by car. The Canadian Baseball Hall of Fame and Museum is located at 386 Church Street South on 32 acres of grounds, enough space for a major-league-style baseball diamond and two smaller fields for minor ball. If visitors are lucky, they may see a live ball game underway. The 2019 addition to the original museum’s heritage limestone house contains exhibits relating to the history of baseball in Canada and the Hall of Fame tour guides love to share this information. The other is the Broken Rail Brewery in the north end of town at 480 Glass Street, the former St. Marys Junction Station. Please note that the Broken Rail is closed for a private event in the morning but will be ready for Doors Open visitors at noon.

Five of the sites are municipally owned and operated buildings, including the town hall, Doors Open St. Marys headquarters. It is open to visitors and on the third floor, it might be possible to get a peak from the hallway at the set under construction on the auditorium stage. It is being built for the Community Players’ fall production, *Opening Night*, by Norm Foster. This historic auditorium has hosted plays, dances, concerts, political debates and many controversial public meetings in its 130 year history. The library next door is always busy but volunteers will gladly take time to explain the wide range of activities to visitors. Across the street, 14 Church Street North is worth seeing in its pre-renovation state. Even those who find the poor state of the interior rather overwhelming will realize its location gives it great potential as extra space for future municipal requirements. The St. Marys Train Station at 5 James Street North is an example of a building that was taken over by the municipality and beautifully restored to a useful condition. It is still used for passenger train service. It is also home of the Station Gallery, a lovely space that showcases an amazing variety of talented artists.

Finally, go to the St. Marys Museum to see a range of exhibits on local history topics. Visit the reference room in the R. Lorne Eedy Archives where you can discover more historic and architectural details about all the sites participating in Doors Open St. Marys.

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COLUMN —

HOSTING UKRAINE: Movement

By VJ Knutson

Dear Readers, you are amazing. As you can see by one of the photographs, Laryssa has her stair chair. Kim Mutsaer contacted me regarding two chairlifts that were part of an estate, and it turned out one was a perfect fit. A huge thank you for the donation, Kim. Between Monika Heron's card sales and the money Beverley Grant and I had on deposit, we were able to pay for the installation. Laryssa and her family pass on sincere thanks to all who helped. That includes all of you who continue to purchase Monika's cards, 100% of the proceeds supporting causes like this one.



You might recognize Laryssa's daughter Nadiia from the Sunday morning workout sessions in Cadzow Park. Before the war, Nadiia was a fitness trainer in Kyiv. Here in Canada, she has offered her skills for the well-being of others. Alona Zabihailo writes of Nadiia's efforts:

"Doing fitness brings us great benefits to the external and internal state of the body: strengthening the immune system, weight control, and improving mental health."

According to Alona, Nadiia also works

and greets everyone at the YMCA on Wednesday evenings. Be sure to say hello if you see her.

The mentorship program at the Library kicked off last Tuesday with our Tania volunteering her time. This week's drop-in time will be Thursday from 5-7 pm. Newcomers can come to ask questions or get advice on how to navigate life in St. Marys and Canada, or just for a chat with someone who understands what they are going through.

Fanshawe College is offering a

free-to-newcomers course on Self-Employment. The program runs 8 weeks starting in October, and I know that a number of Ukrainians have registered. Ideas are bubbling in the community, and it's exciting to be witness to the enthusiasm and ambition culminating.

As one of my new friends pointed out recently, those that chose to come to Canada are typically well-educated, and have already proven themselves employment wise. They are looking for a better life for their families, far

from the reaches of autocracy and threats of war. I have seen firsthand the determination and willingness to push through hardship. I have a new appreciation for the trials that immigrants face, and wish them all success.

This is a good place to interject that while this column's focus is on hosting Ukrainians, our efforts and good will extend to all newcomers. Peter from the Rotary Club reached out recently to ask if other non-English speakers are welcome at the English classes, for example. "All are welcome to join," teacher Tetiana reassured me. Likewise, we hope everyone will feel welcome to join our picnics. We should have a date shortly for the next one.

Ric and I wish to extend one more, personal note of gratitude to our roommate and cherished companion, Lesia. Lesia, your warmth, humour, and non-stop energy always brightens our days. Thank you for putting up with us "oldies". Also, we'll let it pass that the dogs now like you better.

I remain humbled and inspired.

Till next time.

(Reach me at english.knutson@gmail.com. Always love hearing from you.)




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COLUMN —

WHAT'S FOR DINNER: Warm Salad Season



By Lauren Eedy

A warm salad can be complete perfection when evenings are getting cooler. This salad is similar to a Caesar but with a bit more attitude. Easy, creamy, delicious and baked. North American and Middle Eastern fusion with lots of crunch! It is followed by a recipe for what are also known as Breton cookies, a crumbly French butter cookie with hints of almond and orange. These are sure to bring comfort to cool late summer temperatures.

Brussels Sprouts Salad with Anchovy Tahini and Za'atar Chickpeas

Prep: 15m Cook: 26m Serves: 2 large portions

- 1 can chickpeas
- 1 tbsp za'atar seasoning
- 5 c brussels sprouts
- Olive oil as needed
- Kosher salt & fresh cracked

- pepper
- 1 tin or jar of anchovies
- 2 cloves of garlic, minced or grated
- ½ c tahini
- 1 lemon for juicing
- ½ c flat leaf parsley
- ¼ c cold water

Freshly grated parmesan for garnish

Method:

- Preheat oven to 400°.
- Drain and rinse the chickpeas. Dry them well before adding to the food processor. Pulse until they form chickpea 'crumbs'. Spread these out evenly on a baking sheet.
- Generously drizzle the chickpea crumbs with olive oil, toss in the za'atar and season with salt. Toss with your hands until everything is coated.
- Thinly slice the brussels sprouts and add them to a separate baking sheet. You want them to have enough space to breathe and crisp up, so feel free to use two baking sheets if needed. Drizzle with olive oil and season with salt and pepper.
- Add chickpeas and brussels sprouts to the oven. Bake brussels sprouts 20-22m, and

chickpeas 25-30m or until dry and crisp.

-While both are in the oven, put a small saucepan on med-low heat. Add in just the oil from the anchovies and let it heat up. Then add the anchovies, they should immediately sizzle and begin to melt into the oil. Add grated garlic and cook on medium heat 2-3m. This will look like a thick paste.

-Add the paste, tahini, juice from one lemon to a bowl. Stir to combine. It will get thick so add water to dilute the mixture into a dressing.

-Remove brussels sprout and chickpeas from the oven. Drizzle a good amount of dressing onto the brussels sprouts and give them a good toss in the pan.

-To serve, pile the brussels sprouts into bowls, sprinkle with crispy chickpeas and top with shaved or grated parmesan. Serve warm.

Original French Sable Orange Biscuits

Prep: 15m Cooking: 15m Serves: 5

- 1 c almonds, blanched
- 2/3 c powdered sugar
- 1 c butter, room temperature
- 3 tbsp candied orange peel*

- 1 egg, room temperature
- 1 tbsp fresh orange juice
- 1 ½ c flour

Sugar

Method:

-Grind the almonds, powdered sugar and orange peels in a blender or food processor until they become crumbs.

-Beat the butter until a white mixture is obtained in the mixer. Add the almond paste and stir at a slow speed-about 1m. Add the egg and orange juice, stir and all the sifted flour.

-Dough is divided into two equal parts, each which is formed into a cylinder and wrapped in foil. Keep refrigerated for at least 4 hours or overnight.

-Preheat oven to 360°.

-Once well cooled, take out and allow to reach room temperature for a few minutes.

-Sprinkle crystal sugar in a wide and flat plate and roll each cylinder on all sides. Cut with a sharp knife into slices-about 1" thick.

-Arrange on a tray with good distance between and place tray in refrigerator for 15m.

-Bake for 13-15 minutes or until a golden edge is ob-

tained at the edges of each biscuit.

***Candied Orange Peel**

Makes about 2 cups

- 2 large oranges
- 4 c sugar, divided
- 3 c water

Method:

-Using a sharp paring knife, slice off tops and bottoms of 2 large oranges, discard. Score peels vertically into quarters, then remove peels with white pith attached; save flesh for another use. Slice peels lengthwise into ¼" wide strips.

-Cook peels in a large pot of boiling water for 15 minutes; drain, rinse, then drain again.

-Bring 3 cups of water and 3 cups of sugar to a boil in a saucepan, stirring to dissolve sugar. Add peels, reduce heat, and simmer until very soft, 40-45 minutes; drain.

-Toss peels with remaining 1 cup of sugar on a rimmed baking sheet to coat. Transfer peels to a large sheet of foil and let sit until dry, 1-2 days.

-Orange peels can be candied 1 month ahead. Store airtight at room temperature, or freeze up to 2 months.



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Ride for 'Pitt Hopkins' stops in Thorndale

By Nancy Abra

The quiet Sunday morning was broken by the loud rumble of approximately 100 motorcycles advancing into Thorndale on September 10th. They drove down King Street to the Mt. Olivett 300 Lodge for their first stop of the 'Ride for Pitt Hopkins' poker rally. Six Lodge members were on hand to greet the riders and their passengers as they came in for some quick refreshments and pick up their poker card.

This was the 5th annual motorcycle 'Ride for Pitt Hopkins' fundraiser rally hosted by the Thames Valley Widows Sons based in London. They are a group of Freemasons who share a passion for motorcycles and desire to help others like the families who are dealing with Pitt Hopkins syndrome.

Pitt Hopkins (PHHS) is a rare genetic disorder that affects the brain and nervous system development. This disorder causes delays in walking, talking and impairments with com-



munication and social skills. Children born with PHHS also have a physical change in their facial structure, experience seizures and have trouble breathing. Many have the same characteristics as children on the autism spectrum, but this syndrome isn't autism. There is no cure for this disorder, but treatments can

help manage the symptoms and somewhat improve the quality of life. Pitt Hopkins doesn't affect children's life expectancy, but complications of respiratory problems can be life threatening. Survival depends on the severity of the symptoms and availability of care and support. (<https://medlineplus.gov/genetics/condition/pitt-hopkins-syndrome/>)

This massive 'Pitt Hopkins' motorcycle ride that thundered into Thorndale that Sunday morning consisted of members of local Thames Valley Widow Sons, and riders and their passengers from other chapters from across Southern Ontario including Windsor/Detroit, Peel, Durham, Toronto, Grey Bruce, York, Dufferin, Kawartha and Barrie, and a few other motorcycle associations and enthusiasts joined in as well. Each one paid a registration fee to join their 'brothers' for a fun ride to help raise some money. This fundraiser was in support of 13 families dealing with Pitt Hopkins in this region to assist them with extra needed support and services.

From Thorndale the motorcycle ride headed east to the Ingersol Cheese Museum for another stop, then to Nilestown Lodge, before ending the rally at Rocky's Harley-Davidson Centre in London for a BBQ, prizes, raffles, and music. (www.rideforpitt-hopkins.com)

Getting Set for the Thorndale Fall Fair



By Nancy Abra

The anticipation and excitement is mounting as people get ready for the Thorndale Fall Fair. Part of the festivities of the fair is the competition of the 'Best Decorated Yard'. This contest is open to homes and businesses throughout the community and within a 20km radius from the Thorndale Fairgrounds. The criteria for this competition is the display must include a sign stating 'Thorndale Fair', the dates and the fair's theme of 'Carnival Lights and Country Nights' and

to remain in place from September 16th to September 24th, the end of the fair.

This year there were nine entries in this competition, with judging held last weekend and winners will be announced via social media on Friday, September 22nd prior to the official opening of the fair.

The 'Best Decorated Yard/Business' contest is great fun for families and businesses in the community to participate in as the excitement builds for the 166th Thorndale Fall Fair.

St. George's Chicken Dinner a great success



By Nancy Abra

For many years St. George's Anglican Church has organized and served up a fundraiser dinner for the community in September. Their BBQ chicken dinner replaced their annual fall 'fish fry' five years ago and has been a continued success.

Rev Quenton Little said, "The church has sold 360 BBQ chicken dinners and is another successful fundrais-

er. We are so pleased and our drive through and pick up worked beautifully."

The chicken was cooked on site by Jim's BBQ chicken from Arthur, ON with assembly of the dinners done in the annex building of the church as people came to pick them up. Heather Ivins, one of the committee organizers said, "Many thanks to the community for their continued support. It is greatly appreciated".

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Riddles

What is silver and has a head and tail but no legs or arms?

A coin

What is a bunny's favourite music?

Hip Hop

What is a kangaroo's favorite year?

Leap year

What's the best way to paint the ocean?

In watercolours

What a cow's favourite past time?

Going to the MOOvies

How do pigs get to the hospital?

By HAMbulance

What is a racer's favourite sauce?

Ketch-up

How do you fix a broken pizza?

With tomato paste

What happened when 500 hares got loose on the main street?

The police had to comb the area

Why did the girl throw the clock out the window?

Because she wanted to see time fly

There are many castles in the world, but who is strong enough to move one?

Any chess player

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Word List

Saturday

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St. Marys Museum

Train station

CBHOF

Broken Rail

Junction station

Heritage churches

Riverside B and B

Riverwalk Commons

Hodges Funeral Home

Landmarks

History



The **Riddle Kid** OF THE WEEK

What do you call someone with no body and no nose?



Nobody knows!

Elliot Glover (1)

Hey Kids... Every Riddle Kid that appears in the paper gets a FREE MILKSHAKE at the Sunset Diner!

TONS OF FUN FOR KIDS EVERY WEEK!

PET OF THE WEEK

Each Pet of the Week will receive a FREE treat bag from St. Marys Veterinary Clinic



Our Pet of the Week is Shyla, an 8 year old Golden Lab Retriever. Shyla is one of 3 dogs in the Marr household. She especially looks forward to the Saturday morning walks which are much longer than normal and provide an escape from the antics of the other two.



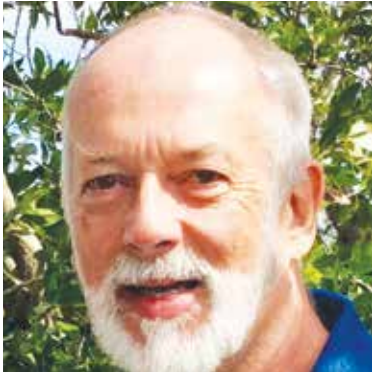
St. Marys Veterinary Clinic is pleased to be the sponsor of the **PET OF THE WEEK** Help Your Pet Maintain a Healthy Weight

Obesity can shorten your pet's lifespan. Just a few extra pounds can increase their risk of various diseases. Ask your vet how many calories that your furry friend should be consuming every day. Exercise is essential too!

500 Water Street South St. Marys www.stmarysvetclinic.com

COLUMN —

OH, THE PLACES WE'LL GO: The multiple historic layers of Bath



By Paul Knowles

"Oh! Who can ever be tired of Bath?" That question was asked by one of the fictional characters in Jane Austen's novel "Northanger Abbey". It turns out, Jane Austen herself could get bored with the city but she did admit that while living there was not her cup of tea, visiting for a few days or even weeks was pretty great.

Well, I have no plans for living in Bath but when it comes to visiting this small, amazing city at the southern tip of England's Cotswolds, I am in, every time.

Bath is knee-deep in history. And while this can be said for many parts of the United Kingdom, it's rare to find a place where so many layers of history are so immediately accessible to visitors.

Best known of the attractions are the Roman Baths, which date back to 60 or 70 AD. But as you stand in the square facing the entrance to the popular historic site, you are surrounded by thousands of years of architecture. To your

left is Bath Abbey, a magnificent church whose construction started in 1500 on a site of Christian churches dating back to the Anglo-Saxon period.

To your right is the famous Pump Room, a Georgian tea-room added to the Roman Baths complex in 1789. Bath is replete with magnificent examples of Georgian architecture, chief among them the Royal Crescent, an amazing semi-circle of magnificent row houses, today highly sought after residences, with one restored as a Georgian museum that is open to the public.

But let's get back to the Romans and their baths. Which are much, much more than what we think of as a "bathroom". This sprawling site was the hub of the community – the place where Roman Britons met to socialize, to do business, to buy and sell, to seek healing, and to worship. Oh yes, they also bathed, but with complex rituals including hot, tepid and cold plunge pools, steam rooms, massage rooms, and the large swimming pool in the centre of the complex.

All of this in a religious context. The baths are dedicated to a goddess – actually, a hybrid goddess. The Roman goddess Minerva (goddess of wisdom, justice, victory, the arts and trade, among other things) was blended with a local goddess who had been associated with the holy spring that is the orig-

inal reason for these baths. No one knows how long the local goddess Sulis was worshipped here but the Roman name for the site was Aquae Sulis – "Waters of Sulis."

And as often happened with the Romans, the two deities morphed into one and the baths became the purview of the newly minted goddess Sulis Minerva. One of the spectacular finds at the baths is a gold bust of the goddess.

You could spend a whole day at the baths. And it is worth taking the time. The complex is breathtaking and it's easy to be swept away by the sheer scope of the place, but there is great delight in the smaller details – the under-floor heating system created by the Romans; the clever architectural innovations; the gravestones and statues that tell us so much about the people of Bath in those early centuries.

Some of my favourite items are the curses engraved on small lead or pewter tablets that were thrown into the holy spring to draw the attention of the goddess to misdeeds done to the worshipper. They are often unwittingly funny, calling for terrible judgments to fall upon the person who did them harm.

The creators of the curses did not stint in their anger. One person, whose ring had been stolen, called down death and destruction on the thief and any accomplices: "... so long as someone, whether slave or free, keeps silent or



You might even encounter a Roman citizen or two during your visit. (All photos by Paul Knowles)

knows anything about it, he may be accursed in his blood, and eyes and every limb and even have all his intestines quite eaten away if he has stolen the ring."

Well! There is no record as to whether the curses worked but they were clearly a popular device. Archaeologists have recovered 130 of these ancient bits of rolled metal. As well, the exhibits at the bath include many other amazing finds from the Roman period – coins, jewelry, clothing – enough so that when your visit ends, you can almost feel as though you have spend a few hours hanging out with ancient Romans.

And then, because Bath is so rich in the layers of history, you can walk a few steps and visit Bath Abbey where it is worth taking the time to read some of the hundreds of memorial plaques on the wall of

the church. Not only will you learn much about those folks commemorated there but the memorials span an era where the English language was being codified. There are early plaques with unique spellings and even letters unknown to us, including the "thorn", an archaic member of the alphabet that looks a little like a "y", but was pronounced "th" – thus, our mistaken idea about "ye olde English pub", which was never "ye" and always "the" – just spelled with a thorn.

Thus endeth the grammar lesson. Just one of hundreds of such historical tidbits waiting for you to discover in the fascinating city of Bath.

Paul Knowles is an author and travel writer, and President of the Travel Media Association of Canada. To contact Paul about travel, his books, or speaking engagements, email pknowles@golden.net.



A busker performs in the square that fronts both the baths, and the Abbey.



The central bath at the Roman Baths, with Bath Abbey towering in the background.

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The successful candidate must be friendly and personable, professional, detail oriented, good with numbers, and have strong computer skills, good organization skills, and able to multi-task in fast-paced environments. The position requires someone who is self-motivated, and able to work both independently and as part of a team.

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We thank you for your interest, but only those selected for an interview will be contacted.



THE TOWNSHIP OF PERTH SOUTH SEASONAL EQUIPMENT OPERATOR / TRUCK DRIVER

The Township of Perth South is seeking a qualified equipment operator/truck driver who would be available to work on a seasonal basis for winter maintenance purposes from December 1st, 2023 until March 31st, 2024. Reporting to the Operations Manager, applicants will be experienced with the ability to operate various pieces of equipment, such as wheel loaders, road graders, and tandem dump trucks equipped with snow plow, wing, and sander. The operator may be required to perform other duties within the Public Works Department, along with other miscellaneous labour duties from time to time.

Applicants must have a valid "D" license with a "Z" endorsement. Experience in road and/or equipment maintenance would be an asset. This position is subject to weekend scheduling and 24 hr. call-out, with a minimum of 32 hours per week.

The salary range for this position is \$24.19 – \$29.69 per hour for 2023 and \$25.55 – \$31.36 per hour for 2024.

We thank all candidates for their interest, however, only those applicants selected for an interview will be contacted.

Interested candidates are invited to submit a detailed resume expressing their interest to the undersigned clearly marked as "seasonal operator" by September 30, 2023.

Fred Tranquilli, CAO
Township of Perth South
3191 Road 122
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E-mail – franquilli@perthsouth.ca

Information gathered is under the authority of the Municipal Freedom of Information and Protection of Privacy Act and shall only be used for candidate selection purposes.



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WANTED FOR MIXED CRIBBAGE NIGHT

Folks that want to play Cribbage on a casual basis can come to the Royal Canadian Legion every Tuesday night starting October 3rd and ending in April with a break for Christmas.

Game time is 7:00pm-9:00pm (?)

Skill level is not important as it is just for fun. Let us know by the end of September if you wish to play, or show up the first night.

You are NOT OBLIGATED to play every night.

Cost is \$2 from each player per game night.

You DO NOT have to be a Legion member to play.

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COLUMN —

Straight from the Shelves

By Laura McAsh, St. Marys Public Library

Our final Movie in the Park of the summer is tomorrow evening! Join us at dusk (around 7:30pm) at Cadzow Park for "The Little Mermaid"! Thanks to the Friends of the Library, the movie is free to attend, and free popcorn will also be available. Bring your own blanket or chair for maximum movie-watching comfort and remember to dress warmly.

This Week's Recommendation

From the creators of "Unicorn Day" comes "Mermaid Day", a colourful book about the mer-queen's spectacular undersea celebration! Everyone is invited, from whales and jellyfish to dolphins and seahorses. There's even a shark in attendance! But fear not, he just needs some encouragement in order to dance. Join in on the party with "Mermaid Day", written by Diana Murray and illustrated by Luke Flowers. You can find this book in our picture book section.

Up This Week

Friday, Sept. 22nd: Movies in the Park: The Little Mermaid (Dusk at Cadzow Park)

Saturday, Sept. 23rd: Dungeons and Dragons (10:30am)

Monday, Sept. 25th: Open 10:30am-8:00pm

Tuesday, Sept. 26th: Book Club (11:00am)

Wednesday, Sept. 27th: EarlyON – Play and Read (9:30am), Mahjong Intro (1:00pm-2:00pm, 6:00pm-6:30pm), Mahjong! (2:00pm-4:00pm, 6:30pm-8:00pm)

Thursday, Sept. 28th: Scrabble (6:00pm-8:00pm)



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 Kirkton-Woodham Community Centre
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 Speaker: Mike Prong
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BRAD LANG
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THE WEEK AHEAD

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PRC & Friendship Centre events – See the Stonetown Crier on Page 5
 St. Marys Public Library events – See Page 29

Friday, September 22
 - St. Marys Lincolns vs Listowel at Woolwich Memorial Centre, Elmira - 10:30 am
 - Thorndale Fall Fair - 5 pm
 - A.N.A.F. meat draw - 6 pm
 - Birthday celebration for John McCarthy, Linda Dick & Paul Vergeer at the Legion - 6 pm

Saturday, September 23
 - St. Marys Farmers Market at Milt Dunnell Field - 8 am to Noon
 - Thorndale Fall Fair - 8 am
 - Doors Open event - 10 am to 4 pm
 - St. Marys Lincolns Alumni golf tourney & reunion at River Valley - 10:30 am shotgun start
 - St. Marys Cemetery Dedication Service at the Cemetery Chapel - 2:30 pm
 - St. Marys Lincolns vs Port Colbourne at Woolwich Memorial Centre, Elmira - 4:30 pm
 - Royal Canadian Legion meat draw - 5 pm
 - Brad Lang in concert at the First Baptist Church - 7 pm

Sunday, September 24
 - Thorndale Fall Fair - 8 am

Monday, September 25
 - Community Dinner at the St. Marys United Church, Sponsored by McLean Taylor
 Admission is free but donations are greatly appreciated

LOOKING BACK



BY AMY CUBBERLEY

7,801 babies

25 years ago (1998)

The tears were flowing at St. Marys Memorial Hospital last Friday afternoon, as the obstetrics department's last shift drew to a close. Tiny Kaleb Charles Earl Cole, who was a good as gold during Friday's excitement, had the distinguished honour of being the 7801st baby born at St. Marys Memorial Hospital since it opened in 1950, and to be the last scheduled baby delivered at the St. Marys facility.

Bob and Lynda Hudson of Mobi-Spra Rustproofing spent several days sandblasting and repainting the historic caboose which sits next to the Junction Station at the north edge of town. The Hudsons donated a portion of their fee back to the Save-the-Junction fund.

Jamie McLellan, 23, and his BC partner have started 2-2 in the men's doubles lawn bowling competition at the Commonwealth Games in Malaysia.

50 years ago (1973)

St. Marys Police are wearing a new type of uniform these days. A lighter shade of blue and a different type of jacket made the change quite noticeable.

Overall swim totals for this summer's activities at Cadzow and quarry show a total of 1,180 enrolled for swim lessons with 1,001 tested and a pass total of 723. In the various classes tested, pre-beginners registered 85% pass and leaders 83% for the best two averages.

A single car accident in East Nissouri Township resulted in \$500 damage. Police said that the car, driven by Nancy Richardson of St. Marys, left the road went through a ditch and struck a tree. Both the driver and her passenger, Douglas Fader, also of St. Marys, had minor injuries.

75 years ago (1948)

Good progress is being made at re-wiring the electrical services in the Post Office building. The work is being done by Lorne Hogg and Wm. Osgerby of Tovell's.

While harvesting potatoes on the base line, Blanshard, Jesse Elston found that twitch grass had played a peculiar trick on his spuds by growing its roots right through the centre of some of them. Samples are on display in the Journal Argus window.

Orrie Whetstone and his parks men have been carrying water to a number of young maple trees which are suffering seriously from the lack of moisture. It is suggested that citizens who have these young trees in front of their homes might do the same and perhaps save them from an untimely death.

100 years ago (1923)

The Canadian National Express Company have leased from Whelihan Bros. the buildings on Water Street recently occupied by M.J. O'Dea as a merchant tailor shop and will move from their present premises on Queen Street east to the new office sometime in October.

A collection will be taken up in all Methodist Churches on October 7 for the restoring of the buildings of the Methodist Church in Japan that were destroyed by the earthquake.

The supposed whiskey laden truck reported to have been captured near Prospect Hill last week turned out to be a Stratford touring motorist returning from London with a "filled" prescription.

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| 5. France | 10. Kneecaps |

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6	5	7	9	1	4	8	2	3
3	1	4	2	8	6	9	7	5
7	4	9	8	5	2	3	6	1
8	2	5	1	6	3	7	9	4
1	3	6	4	7	9	5	8	2
2	7	8	6	4	5	1	3	9
5	9	3	7	2	1	6	4	8
4	6	1	3	9	8	2	5	7

IN MEMORIAM

Watkins

In Loving Memory of our dear mother IVY who passed away 25 years ago Sept 24, 1998.

We think of the day you passed away. There was little we could do, but memories never fade away. For we always think of you. Your resting place we visit and place flowers there with care. Then our hearts are filled with sadness as we turn and leave you there.

Lovingly Remembered by your children: Jean, Mary, Phyllis, Raymond and Charles and Sylvia up above

CELEBRATION

Milestone Birthdays!



Come help celebrate some Fall milestone birthdays with a retirement thrown in!

John McCarthy and Linda Dick will be 70. (Linda's upcoming retirement) and Paul Vergeer will be 40

Friday September 22, 2023

at the St. Marys Legion downstairs from 6-?

Drop in for a quick Hi or stay for the evening. Best wishes only or if you insist on bringing a gift, please bring canned or dry goods for the Salvation Army food drive.



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Bob Lince Memorial Golf Tournament

Saturday, September 30th
 For more info call the Army & Navy Club

We sell Nevada Tickets
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OBITUARY

Trainor



James Michael Trainor, known as "Mike" by all his friends, passed away peacefully at Kingsway Lodge on September 11, 2023 at the age of 79.

Mike moved to Canada from England in 1967 and worked for many years in Stratford as a furniture maker, a photographer for the Beacon Herald,

and later as valued employee of the Arden Park Hotel. Around 2010, Mike retired to Church St. in St. Marys where he was known in the neighbourhood for his cheerful disposition, his British wit and his love of cats.

Mike will be dearly missed by his friends Dave and Darlene, special friends from Kingsway Lodge, the Cadzow Park neighbourhood, and co-workers and friends from his many years in Stratford.

Many thanks to the caring staff and residents at Kingsway Lodge where Mike enjoyed the past year. Friends are encouraged to leave a memory or a story about Mike online at www.hodgesfuneralhome.ca

THANK YOU

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Thank you for everything on our 40th wedding anniversary.

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TIRE STORAGE "HOTEL"

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KEEP YOUR TIRES "TUCKED" AWAY
🏠 FREE Vehicle Pick Up & Delivery Service

📱 NOW AVAILABLE! QUICK & EASY! Book your next service appointment ONLINE!

PRE BOOK
YOUR
WINTER TIRE
INSTALL
DATE
NOW AVAILABLE

Your customer service team that cares!



Pat



Jenn



Brendan



Greg



Mike

2023
September

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**BOOK YOUR WINTER
VEHICLE CHECK UP**