



Godrich Sun

VOLUME 1 • ISSUE 3

NOVEMBER 3, 2023

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Town of Goderich Council begins process for filling vacancy

KATHLEEN SMITH

Editor

A vacancy for the position of Councillor exists on the Town of Goderich Council. At a recent special meeting, Council has decided to fill this vacancy and ask for those interested to apply.

The process of a Call for Nominees is in accordance with the 'Appointment Procedure for Filling a Council Vacancy on Goderich Town Council by Call for Nominees' procedure, according to Mayor Trevor Bazinet.

"If you ever had an interest in running for Town Council, this would be the time to do it," added Bazinet.

The term of this position on Council is from the date of Oath of Office for the remained of the term being November 14, 2026.

Interested and eligible individuals must submit a nomination form, along with a declaration of qualifications and proof of eligibility forms, a consent to release personal information form, and the required questionnaire. A personal statement of qualification is optional.

Although new to the current members of Council, this is a procedure to fill a vacancy that has happened and is currently happening elsewhere.

CONTINUED TO PAGE 2



(CYNTHIA STRICKLAND PHOTO)

HONOUR AND REMEMBER

First poppy presentation, was held on October 27 at the Goderich Town Hall. (L-R): Comrade Ben Prouse, Past Poppy Chairman, with Mayor Trevor Bazinet, and Comrade Roger Kenyon, Veteran.

Remembrance Day: Encouraging to learn from the past and strive for peace

Remembrance Day holds great significance as a day to honor and remember the sacrifices of military personnel, reflect on history, foster unity, educate future generations, and promote global remembrance.

It is a solemn occasion that allows us to express gratitude and ensure that the sacrifices made are never forgotten.

By observing Remembrance Day, we recognize the impact of historical conflicts and their lasting consequences.

It encourages us to learn from the past, strive for peace, and work towards preventing future conflicts.

The date and time of November 11 holds significant value due to historical events and symbolism. The armistice that ended the First World War was signed at the 11th hour, of the 11th day, of the 11th month in 1918.

This specific moment marked a significant turning

point in history, as it brought an end to one of the deadliest conflicts in human history. The date and time have since been chosen to commemorate the sacrifices made by veterans and to promote peace.

The repetition of the number 11 in the date and time adds a sense of symmetry and solemnity to the occasion, making it even more memorable.

As in past years, our branch is holding our service this year at the Cenotaph on the square commencing at 11 a.m.

Legion members wanting to march in the procession will meet at the local branch and start their march to the Cenotaph at 10:45 a.m. for the 11 a.m. Remembrance Day gathering.

Randy Carroll – President,
Goderich Legion Branch 109



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Town of Goderich Council begins process for filling vacancy

CONTINUED FROM FRONT

“For the sake of the public, it’s worth noting that a number of municipalities have gone through this,” explained members of Council.

“It does come up, so we will trust the leadership of the Clerk and CAO to guide us through this process.”

It is the candidate’s sole responsibility to meet any deadline or comply with any requirement. Any individual wishing to be considered for appointment will have to complete and sign the nomination form and a declaration of qualification form. These forms, along with valid government ID, can be submitted to the Clerk Andrea Fisher in person by Friday, November 10 at 12 p.m.

At the special Council meeting on Monday, November 20 at 1 p.m., candidates will be afforded the opportunity to address Council for a period of not more than five minutes.

Each member of Council will then be permitted two questions to each candidate. Responses from candidates would be limited to a maximum of two minutes per question.

Upon hearing all submissions of the candidates, Council will proceed to vote for one candidate only. The Clerk will collect the votes and tabulate.

“That will be the meeting where the candidates will come, they will speak and we will cast our vote,” said Mayor Trevor Bazinet.

Candidates are permitted to attend the special meeting by Zoom.

Regular Council meeting would resume on November 27, and that is when a declaration of office would be made by the successful candidate.

There is no fee to apply.

A candidate for municipal office must be a qualified municipal elector as set out in the Municipal Elections Act, 1996. Qualified electors must be: 18 years of age or older; a Canadian citizen; a resident of the Municipality of the Town of Goderich, or an owner or tenant of land in the Municipality or the spouse of such an owner or tenant; and not prohibited from voting under any other Act or disqualified from holding municipal office.

Important dates to remember: Application deadline is on Friday, November 10 by 12 p.m., withdrawal of application must happen by Friday, November 10 at 12 p.m., and a Special Council meeting will be held on Monday, November 20 at 1 p.m.

Schaefer’s Ladies Wear makes donation to Goderich Little Pantry



GIVING BACK TO THE COMMUNITY

Schaefer’s donates to Goderich Little Pantry (L-R) Beth Hitchins, Avery Greaves and Anne Ferguson.

KATHLEEN SMITH

Editor

Every third week of September Schaefer’s Ladies Wear in Goderich donates 10 percent of sales to a local charity of choice.

Anne Ferguson, owner of Schaefer’s decided Goderich Little Pantry would be a good choice this year, being only a year old and trying to grow.

During the week of October 10 patrons to the ladies’ wear store shopped, and proceeds of \$2,500 were donated.

After speaking to Avery Greaves, who spearheaded the Goderich Little Pantry, Ferguson found out that the Little Pantry is working towards being a self-sustaining program. The pantry would be filled by the community to support those in need.

“She is hoping in another year this would happen,” said Ferguson.

The fundraiser was a night to promote shopping local and to support the community. The evening was a shopping event, and mini pantries were at the cash counters, which brought in an extra \$350 from customers.

Ferguson said Schaefer’s also supported Little Pantry by stocking the pantry at the library three days a week during the month of September.

“We went shopping at the beginning of September and had a large supply of food tucked away in the store,” explained Ferguson.

“Every Monday, Tuesday and Friday we would go to the library pantry and fill it with food, toiletries and snacks.”

In the past, Schaefer’s has donated to Huron Hospice, Tanner Steffler Foundation, and Lucknow Pet Rescue.

Ferguson felt the Little Pantry would benefit from a boost in funding and extra public exposure to get the community more involved.

“This event is so important to me as a business owner and a Goderich resident because we are a small community and I believe in supporting the small community we live in,” said Ferguson.

“The community supports me as a small business, and has for the past 94 years, and I feel it is important to give back whenever I can.”

This is the fourth year Schaefer’s has chosen a charity to support and Ferguson plans on making this a permanent thing.

Christmas at the Barn

Visit our new second floor!
Gifts for all! Candles, paintings, furniture, local artisans and the FUSION paint collection!

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10 TO 4**

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@ Goderich Sun



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Letters to the Editor: Please email to info@goderichsun.com, or send to our physical office at the St. Marys Independent, PO Box 2310, 36 Water Street South, St. Marys, ON N4X 1A2.

Upcoming Issues:

Friday, December 1, 2023
Friday, December 15, 2023 (Christmas Issue)
Friday, January 5, 2024
Friday, February 2, 2024

Why we remember

KATHLEEN SMITH

Editor

The world has known the face of war since before recorded history.

The earliest evidence of prehistoric warfare has been determined to be about 13,400 years old.

In what we know as the country of Canada, this land has known the face of war for over 1,000 years. From Indigenous tribal wars to the invasion of Vikings, and the struggles between the French and English to settle this vast land.

In Western Europe, since the late 18th century, more than 150 conflicts have taken place. A distinctive feature of war since 1945 is that combat has mostly been a matter of civil wars and insurgencies.

Throughout the course of record-

ed human history, the average number of people dying from war has changed very little, being about 1 to 10 people per 100,000.

The deadliest war in history, in terms of cumulative deaths since its start, was the Second World War, with 70-85 million deaths, followed by the Mongol conquests, with up to 60 million deaths.

Most wars result in significant loss of life, along with the destruction of infrastructure, and resources, such as limited, or no access, to fresh water or food.

Civilians in war zones are also subject to atrocities, while survivors suffer from psychological aftereffects of what they have witnessed.

For thousands of years wars have ravaged the world and those who live in it.

The Second World War was the last war Canada was involved in that had compulsory service. Now, we are fortunate to not have that threat because of the sacrifices made in previous generations.

There are multiple generations in Canada that haven't experienced the full face of war, while there are multiple generations of newcomers to Canada who escaped the ravages of war to find peace and stability here.

As we watch conflict erupt around the world, it is a stark reminder of how fortunate we are to live in a country that now knows peace.

We can live without fear, due to the sacrifices made by the Canadian men and women.

And that's why we remember.
'Lest We Forget'

Letter to the Editor

I lost my right arm on October 18, 1944, while serving with the Loyal Edmonton Regiment in Italy. I was staked at a farmhouse that had a children's treehouse located nearby. In the treehouse was a sniper who kept shooting at our boys. A tank then came which shot out shells, the shrapnel hitting my right arm.

When I returned home from the war, I joined The War Amps and have been a member ever since. This Association was started by First World War amputee veterans to help each other adapt to their new reality as amputees.

Having just recently turned 100, I am reflecting this Remembrance Day upon all those who served in

my regiment and never returned home. Their absence weighs on me and it is essential that we keep their memory alive. I take comfort in knowing that The War Amps and its young members will continue to keep spreading the message long into the future.

The sacrifices of those who served (and continue to serve) deserve to be remembered and honoured. Each Remembrance Day serves as a poignant reminder of the tremendous price paid by these brave individuals. Their selflessness and courage continue to resonate, and it is our duty to ensure that their legacy endures.

Lloyd Brown, 100
Member of The War Amps



Second World War amputee veteran Lloyd Brown in 1943 and today.

(CONTRIBUTED PHOTOS)



Goderich Sun

Guiding Principles

1. Everyone has a story
2. The news should be free for all to enjoy
3. Good news beats bad news
4. A Newspaper should be a community effort (contribute to your local paper!)
5. Newspapers document history
6. Newspapers strengthen communities
7. Advertisers, big or small, should profit from their ads (meaning sensible ad rates)
8. Newspapers should be locally-owned and operated



SATURDAY NOVEMBER 4

Christmas Craft Show
GDCI

SAT-SUN NOVEMBER 4-5

Huron Tract Spinners & Weavers &
Goderich Quilter's Guild Textile Show
Huron County Museum

SATURDAY NOVEMBER 11

Flyers Home Game
Maitland Recreation Centre

SAT-SUN NOVEMBER 11-12

IODE Christmas House Tour
Various Locations, Goderich

NOVEMBER 16 - DECEMBER 20

Homemade Holidays
Goderich Library

THURSDAY NOVEMBER 16

BIA Ladies' Night
Downtown Goderich

SATURDAY NOVEMBER 18

Christmas Vendor Show
Memorial Arena

SUNDAY NOVEMBER 19

Flyers Home Game
Maitland Recreation Centre

SUNDAY NOVEMBER 26

Flyers Home Game
Maitland Recreation Centre

DECEMBER 1-10

Christmas in the Highlands
The Livery Theatre

SATURDAY DECEMBER 2

Hockey Day in Goderich
Maitland Recreation Centre

SUNDAY DECEMBER 3

BIA Open House
Downtown Goderich

WEDNESDAY DECEMBER 6

Women's Vigil
Courthouse Square

THURSDAY DECEMBER 7

BIA Holiday Vendor Market
Downtown Goderich

FRIDAY NOVEMBER 17

Angel Tree Ceremony
Lions Harbour Park

SATURDAY NOVEMBER 18

Lighting of the Lights &
Santa Claus Parade
Courthouse Square

SANTA CLAUS PARADE -- ENTRY FORM

NAME OF FLOAT:

CONTACT PERSON:

PHONE: EMAIL:

DESCRIPTION OF ENTRY:

MUSIC: YES NO FLOAT LENGTH (approx):

PLEASE BE SURE YOUR FLOAT CLEARLY SHOWS THE NAME OF YOUR BUSINESS OR ORGANIZATION.

1. Registration deadline is Friday, November 10th, 2023
2. Tourism Goderich must approve the entry.
3. Entries with animals must provide their own means of clean-up.
4. Please refrain from throwing items from your float/entry. Handing out candy is fine.
5. All parade entries will be at Elgin Ave., west of South Street by 6:30 pm at the latest.
6. You will be phoned or emailed your parade position by Thursday, November 16, 2023.
7. Complete this form and email it to specialevents@goderich.ca
OR mail it to Tourism Information Centre, 91 Hamilton Street, Goderich ON N7A 1R1
OR deliver it to the Tourism Information Centre



Goderich develops by-law to regulate backflow prevention

KATHLEEN SMITH

Editor

The Town of Goderich will begin a backflow prevention program, which is scheduled to commence on January 1, 2024.

Backflow is the undesired reversal of water flow against the normal direction of the municipal water distribution system.

"This is a program that we are not pioneering. A lot of the bigger centres have already gone into the mandated program," Jason Dykstra, Building Services Manager/Chief Building Official with the Town of Goderich, said at the Oct. 23 Council meeting.

According to Dykstra, the Ministry of Environment, Conservation and Parks (MECP) has mandated that municipalities implement a backflow prevention program.

Under Section 19 of the Safe Drinking Water Act, the Town of Goderich is legally responsible for the installation of backflow preventers, necessary to ensure the supply of safe, clean, drinking water.

"It prevents any soap, suds, grime, chemicals, what have you, to get back into the water," said Dykstra.

According to Dykstra, backflow is divided into three hazard types: minor, moderate, and severe. Dykstra stressed that residential property owners will not be impacted by this new bylaw because of limited cross connections and lower risks.

A minor hazard is a nuisance to the water supply with no possibility of health hazard.

Moderate hazards are any minor hazard cross-connections that has a low probability of being a severe hazard. For example, restaurants, dog kennels or massage centres.

A severe hazard is any type of cross-connection or potential cross-connection involving water that has additives or substanc-

es that under any concentration, can create a danger to health. For example, brewery or cidery, car wash centre or a food processing site.

"We are mandated to run a backflow prevention," added Dykstra.

"We have already identified that most of the water systems in the Town of Goderich will be a moderate or severe risk."

The Town will start the program off by doing a cross-connection survey to industries and businesses and then businesses will supply a full report back to town staff. From then the Town of Goderich will run annual testing to ensure the water supply remains clean and safe.

For buildings and businesses where backflow prevention is required, a plumbing permit will be issued to install backflow prevention devices, and a test report will follow. These backflow prevention devices are to be tested annually by a certified tester and a report given to the municipality.

"If a business has been built, or modified in the last five years, they probably already have a backflow prevention device," Dykstra explained.

"If they already have it, the backflow test will be done every year going forward."

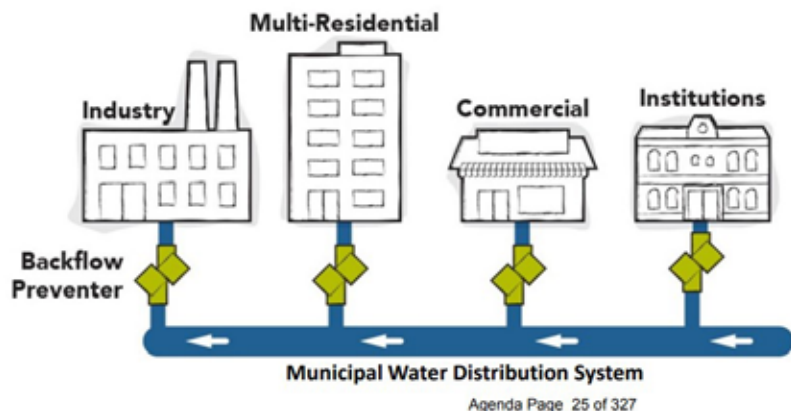
Dykstra stressed that this mandated program would not be costly, but that there would be fees in terms of administration and installation of backflow preventer devices.

Cross connection control surveys and annual backflow prevention device test reports can be submitted electronically to backflow@goderich.ca or delivered in person to the Building Department at Town Hall.

A public information meeting will be held in November to further introduce the program to the public.

WHAT IS BACKFLOW?

Backflow is the undesired reversal of water flow against the normal direction of the municipal water distribution system.



Agenda Page 25 of 327

GODERICH

Notice of Vacancy – Councillor

Take Notice that a vacancy exists on the Town of Goderich Council for the position of Councillor. Council has determined that it wishes to fill this vacancy by appointment through a **Call for Nominees** in accordance with the "Appointment Procedure for Filling a Council Vacancy on Goderich Town Council by Call for Nominees" procedure.

The term of this position is from the date of Oath of Office for the balance of the term of Council being November 14, 2026.

A candidate for municipal office must be a qualified municipal elector as set out in the Municipal Elections Act, 1996. Qualified electors must be:

1. 18 years of age or older;
2. a Canadian citizen;
3. a resident of the Municipality of the Town of Goderich, or an owner or tenant of land in the Municipality or the spouse of such an owner or tenant; and
4. not prohibited from voting under any other Act or disqualified from holding municipal office.

Qualified Persons interested in being appointed must complete a Council Vacancy Application Package (Nomination Form, Declaration of Qualification, Consent to Release Personal Information and Questionnaire) and submit in person with the Clerk's Office. **Applications will be accepted in person by the Clerk's Office during regular business hours from Tuesday, October 24th, at 9 a.m. until Friday, November 10, 2023, at 12:00 p.m. (noon), at 57 West Street, Goderich, Ontario N7A 2K5.**

Candidate(s) may also submit, to the Clerk, a personal statement of qualification for consideration of Council. Personal statements will be typewritten in a 12-point font on letter size (8 1/2" x 11") paper, shall not exceed two (2) pages in length, and will include the Candidate's name and address. Statements that do not meet these requirements shall not be included in any Council meeting agenda or provided to Council by the Clerk.

Certified registered candidates will be afforded the opportunity to address Council for a period of not more than five (5) minutes and will be asked two questions by Council in an open Public Meeting to be held on Monday, November 20, 2023, at 1:00 p.m. in Council Chambers at Town Hall.

Important dates:

Application deadline	Friday, November 10, 2023 (before 12:00p.m. (noon))
Withdrawal of Application	Friday, November 10, 2023 (before 12:00p.m. (noon))
Special Council Meeting	Monday, November 20, 2023 (1:00 p.m.)

For more information, please visit the Town of Goderich's web page <https://www.goderich.ca/en/town-hall-and-services/council-vacancy.aspx> or contact the Clerk.

Dated this 24th day of October 2023

Andrea Fisher, Director of Legislative Services/Clerk
Town of Goderich
57 West Street
Goderich, Ontario N7A 2K5
519-524-8344 ext. 210
afisher@goderich.ca

Santa Is Coming To Town

Did you know that the Festival of Lights and Santa Claus Parade is already in the works for Saturday, November 18th? Where did our summer go?!

It seems like every year we sit down to start getting ready for the Santa Claus Parade, long before we feel ready. And here we are, just a few short weeks away from Saturday, November 18!

Yes, it's time for the 2023 Festival of Lights and Santa Claus Parade! This year, we are celebrating the season in Downtown Goderich beginning at 6:30 pm on the Courthouse Performance Stage. John Powers & Family will take to the stage as a hot chocolate treat is provided by Tim Hortons of Goderich. If the weather holds, we might even have a few brave food trucks join us with some warm treats to make the night special!

Then at 7pm the Festival of Lights will kick off! Mayor Bazinet will help us count down to the official lighting of the lights. These beautiful displays will remain on in the evenings through the holiday season and will remain lit until mid-February. New to the display this year is our HUGE holiday tree. Positioned in the Town Hall courtyard, this 21-foot golden pre-lit Shinto Tree will

become your new favourite holiday display.

Once we have the lights on, Santa will finally know how to find us, and this means we get to kick off the 2023 Santa Claus Parade! After we light the lights, we welcome the holiday season with our nighttime Santa Claus Parade.

Floats from businesses all over Huron County will be lit up and on display as our Santa Claus Parade makes it way up West Street to Courthouse Square, Courthouse Square clockwise to South Street, south on South Street where it will disperse at Elgin Avenue.

Be sure to bring your non-perishable food items as a couple of floats in the parade will be gathering donations for our local food banks.

If you are interested in entering a float in the parade, please visit EXPLOREGODERICH.CA to access the fillable parade form, as well as a complete list of all the events taking place this Festival Season.

We might love our summers in Goderich, but no other event in Goderich will bring out a crowd in all types of weather! Show us your true Goderich spirit and help us celebrate the Season in Downtown Goderich.

Gateway's latest virtual lecture series focuses on uncertain COVID messages

KATHLEEN SMITH

Editor

In Gateway's 28th episode of its virtual lecture series, the topic of perspectives of rural older adults, relating to COVID will be discussed.

Featuring keynote speaker Dr. Hung Nguyen, a Research Assistant at the Uni-

versity of Waterloo School of Pharmacy, the lecture will also feature a panel of experts.

Keynote speaker Dr. Nguyen has said that the concept of uncertainty has recently been used during economic and

political upheavals and public health emergencies. The concept of uncertainty

has been used to describe conditions that require the adoption of flexible solutions when scientific foundations are unclear.

"During large-scale crises such as the COVID-19 pandemic, the precarity of



DR. HUNG NGUYEN

local people and volunteers can become exacerbated, especially in under-served rural regions and small towns," stated Dr. Nguyen.

"How the communication of uncertain COVID-19 messages affects the resilience among older adults at large in rural areas remains a question."

The panel will provide other valuable insights into the topic, from Dr. Ashley Rose, Dr. Feng Chang, and Dr. Kristin

Watt.

Dr. Ashley Rose is the Canada Research Chair in Science, Health and Technology Communication, University of Waterloo; Dr. Feng Chang is a clinical pharmacist specializing in geriatric pharmacotherapy and Gateway's research chair and board member; and Dr. Kristin Watt is an owner

of Kristen's Pharmacy in Southampton.

"This lecture provides an examination of uncertainty that shapes the communication of COVID-19 related messages, hence resilience, in older adults in rural areas in Ontario," added Dr. Nguyen.

"We argue that uncertain communication of medical conditions may misguide communities, which may eventually diminish public health credibility, and hence community resilience."

Gateway invites the public to join in on the free virtual lecture on Tuesday, November 7 from 12 p.m. until 1 p.m.

According to Gateway, this lecture will be a thought-provoking and timely discussion on a topic of immense significance, considering the ongoing challenges related to COVID-19 and public health communication. Participants will have the opportunity to ask questions and interact with the expert panel.

For more information about this event contact: info@gatewayruralhealth.ca or call 519-612-1053.

Free event designed for employers hiring international workers

Local employers interested in hiring and retaining internationally trained and educated workers joined in a presentation by two immigration experts at the Blyth Memorial Hall on October 24.

The event focused on the legal processes that employers need to take to support temporary foreign workers and international students to become permanent residents. Participants also had an opportunity to ask the immigration experts questions.

"More and more employers are exploring the opportunity to hire international workers as a key tactic for alleviating the labour shortage. This event can help to provide a roadmap through the process," said Mark Nonkes, who is manager of the Huron County Local Immigration Partnership, part of the County of Huron's Economic Development department.

"This offers a free forum for asking questions and hearing answers from two immigration experts. With a gathering of employers, there are bound answers that will benefit everyone."

Featured speakers were lawyer Jennifer Roggeman, owner of Jennifer Roggeman Law Office in the Kitchener-Waterloo area, which specializes in immigration law, and Gemma Mendez-Smith, an immigration consultant and owner of Live by Design Immigration Services Inc. based in Paisley, Ont.

Mendez-Smith was executive director of the Four County Labour Board and a 20-year veteran of labour market research and workforce engagement before launching her own business in 2021.

As an immigration herself, she took the path of the Caregiver program many years ago. She has lived through the experience of the immigration process.

Roggeman was born and raised in Seoul, South Korea. She came to Canada as a teenager to complete her BA at University of Guelph and LLB (law school) at University of Victoria, BC. She started practising law in 2000 and now focuses on immigration law exclusively in Kitchener/Waterloo where she has resided for over 25 years with her spouse and two children.

The immigration specialists have helped hundreds of employers navigate the legal processes of bringing internationally trained workers and students to Canada and to help secure workers as permanent residents of Canada.

This event was organized by the Huron County Immigration Partnership, Huron Chamber of Commerce, Community Futures Huron, WILL Employment and Huron County Economic Development.

It was funded with support from the Government of Canada and the Ontario Ministry of Agriculture, Food and Rural Affairs.

Zehrs donates to Gateway in support of lecture series



(CONTRIBUTED PHOTO)

Dan Stringer, Nancy Simpson, (board members at Gateway), Jim Bissett (Zehrs store manager) and Jordan Connolly (research assistant at Gateway)

Gateway Centre of Excellence in Rural Health (CERH) is a recipient, once again, of a donation of \$500 from Zehrs Goderich. The funds support Gateway's initiative, the virtual rural health lecture series.

Free, and online, the lecture series invites experts to discuss topical subjects that involved health in rural communities.

Experts involved include a variety of health care providers, Gateway research chairs, university professors

and graduate students.

Some of these lectures include discussions on artificial intelligence (AI), farmers' well being and how to build fair and equitable health care systems.

These lectures are from 12 p.m. until 1 p.m. on the first Tuesday of each month.

The lecture can be accessed via ZOOM link from Gateway's webpage or viewed on the Hurontel channel.

LOCAL MATTERS.



Remember that time when **Amazon** sponsored your church fundraiser?



Remember when **Facebook** bought a case of Girl Guide cookies to support your daughter?



Remember when **Google** provided free pizza to your child's soccer team when they won the championship?



News Media Canada
Médias d'Info Canada

Neither do we!

Local businesses live here. They play here. They invest here.
They need our support, now more than ever.



CANADA'S NEWS MEDIA.
CHAMPION THE TRUTH.

Town of Goderich receives \$100,000 for Victim Support Grant

KATHLEEN SMITH

Editor

In collaboration with Huron County OPP, Jenn Evans Consulting and Victim Services, the Town of Goderich filed an application for the Victim Support Grant 2023-24 in June.

On September 20, full funding was awarded to the Town of Goderich in the amount of \$100,000.

This grant will go towards support for victims and survivors of intimate partner violence (IPV). Past grant initiatives addressed human trafficking, while this year focused more on IPV in the community.

The grant can help strengthen the referral services and pathways from Huron County OPP to Victim Services and Huron Women's Shelter. This would ensure a seamless and effective transition for IPV victims seeking help.

"That is \$100,000 coming to Huron County OPP in collaboration with Victim Services," said Michaela Johnston, CEMC, Accessibility and Health and Safety Manager.

"We have 50 per cent new officers, so we are hoping to get more violence and trauma informed training for those officers, so they have better tools when they come to certain calls that are IPV."

Johnstone said they will look to hire a liaison with Victim Services who will work between Victim Services and the OPP to better address the needs in the community.

IPV is the use of behaviour to gain control and power over an intimate partner, whether a current or former spouse, dating or sexual partner.

IPV does not look the same in every relationship. It may include physical violence, sexual violence, criminal harassment, threats of physical or sexual violence, reproductive coercion, coercive control, spiritual abuse, cyber violence, emotional abuse, financial abuse, or psychological abuse.

IPV is not a series of isolated incidents, but a pattern.

While victims do not fit a mold, women disproportionately experience IPV as the victim, with men being the abuser. Data shows that women often experience IPV with greater frequency and severity, including being choked, being assaulted, or threatened with a weapon, or being sexually assaulted.

Furthermore, due to impacts of colonialism, IPV against Indigenous women is significantly higher, compared with non-Indigenous women.

IPV is preventable but remains a major public health problem. One-third of women in Canada aged 15 years and older will experience IPV in their lifetime.

For some women that is a death sentence.

Approximately every six days, a woman is killed in Canada by a current or previous intimate partner. Furthermore, children

exposed to IPV often experience adverse outcomes, which continue to adulthood and perpetuate cycles of violence.

In the past five years, there have been two reported domestic homicides in Huron County and one attempted domestic homicide in Goderich in January 2021.

In Huron County, police received 423 calls related to IPV in 2022 and 323 woman and children were given emergency shelter in Huron County.

These statistics do not reveal the entire story, as many incidents go unreported.

Between 20 and 30 per cent of Canada's population lives in rural areas, yet public policy and community services often focus on the needs of those in urban areas.

In 2022, a report stated that women living in rural areas experience IPV at a 75 per cent higher rate than those in urban settings. Isolation and lack of funding continue to be the biggest hurdle for rural women.

According to Johnston, there has been an increasingly urgent need to address the rising incidents of gender-based violence within the community was.

"IPV certainly is a concern, not only across Ontario, but in rural Ontario," Johnston said at a recent Council meeting where the topic was discussed thoroughly.

"IPV should be enveloped in community safety well being plans. I'd like to acknowledge that Huron County has prioritized it behind mental health and addictions, and housing and homelessness."

Fortunately, there is already good work going on in respect to IPV within Huron County. For example, the Huron Domestic Assault Review Team (DART) committee formed in 1992 that investigates domestic assaults.

DART is a cross-sector committee, which works together to improve community response to victims of domestic and sexual violence.

As a result of increasing cases of IPV and sexual assault, in a movement across Ontario, 55 municipalities out of 444 in the province have supported the motion to declare IPV as an epidemic.

Victoria Leddy of Evermore Ontario wrote a statistic filled and empathetic letter to Goderich Council, encouraging them to join the growing list of municipalities declaring IPV an epidemic.

Evermore Ontario is a family and intimate partner violence advocacy and services hub. Evermore provides awareness, education, prevention, support an advocacy to women and their children escaping violence within Huron County.

In 2015 in rural Renfrew County, Carol Culleton, Anastasia Kuzyk and Nathalie Warmerdam were murdered by a man with whom each had a past relationship with. He was arrested on September 25, and has been imprisoned ever since.

According to Leddy, in 2019 the coroner's office announced the province would hold an inquest into the murders. That inquest took place in June 2022.

The five-person jury, after listening to three weeks of testimony and reviewing written exhibits, returned with a verdict that included 86 recommendations for change.

Of the 86 recommendations, 68 were directed at the provincial government across a range of topics. This included oversight and accountability, funding, education and training, measures addressing perpetrators of IPV, intervention and safety.

According to Leddy's letter to Council, as of February 2023 the provincial government was working to address roughly half the recommendations.

"Declaring intimate partner violence an epidemic is one of the top recommendations put forward and one the provincial government has not acted on," wrote Leddy.

"The Provincial Government's response to recommendation 1 is that 'IPV would not be considered an epidemic as it is not an infectious or communicable disease'."

In response to the provincial government's rejection, municipalities across Ontario have taken matters into their own hands.

Leddy believes that joining the other municipalities in this declaration would send a clear message to Ontario decision makers that IPV is a serious social and public health issue.

"Labelling it as an epidemic would help Ontarians generally understand that IPV is a serious health issue," wrote Leddy.

"It would create a new lens through which policy, program and service decisions could be made."

Leddy was a child welfare, family violence and high litigation family law paralegal and advocate in Alberta with 13 years experience, before moving to Goderich with her husband and three children in May 2021.

After familiarizing herself with the community and province, Leddy was encouraged and supported to develop her own business to utilize her skills and passion in the most beneficial capacity.

Evermore Ontario was created to provide awareness, prevention support and advocacy within the community about IPV.

"I am striving to provide awareness of family violence and of the services available in the community to support victims," Leddy told the Goderich Sun.

"Awareness works collaboratively with prevention. When open community awareness is created and integrated, preventative measures are more successful."

For Leddy, the first step is Town Council's recorded vote to formally declare IPV an epidemic in Goderich. Leddy believes this declaration will send the message to the provincial and federal governments that this is an issue that cannot be ignored, and higher support and funding is necessary.

In the last 44 weeks there have been 46 deaths related to IPV and family violence

confirmed across Ontario, while many go unconfirmed or unreported.

As the list of regions, towns and counties that declare IPV an epidemic, Leddy says it is a confirmation to the provincial government this is an issue being felt across the province that requires immediate action.

"With community and council support, Huron County, and the towns within can join the growing number of municipalities officially declaring IPV and epidemic. This will allow the door to open for further necessary developments," Leddy wrote.

"The reality is, if we don't adopt preventative measure and engage in open community conversations, the alarming trend of intimate partner violence will continue to grow."

According to Leddy, between 2011 and 2021 police reported 1,125 gender-related homicides of women and girls in Canada.

Of these homicides, 66 per cent were perpetrated by an intimate partner, 28 per cent by a family member and 5 per cent by a friend or acquaintance. The remaining one per cent was by a stranger.

"These numbers may just appear as statistics, but the truth of the matter is everyone knows someone," said Leddy.

"You might not know it, but you do. You may not think it happens in our community either, but it does, and the result can be fatal like it was for Beverly Stevenson of Brussels, Marian Fischer of Wingham, Laura Wigelsworth of Vanastra, to name a few of the victims."

Leddy stressed that addressing violence and supporting survivors of violence requires support from all levels of government. IPV and family violence are both predictable and preventable.

While the declaration can be viewed as symbolic rather than tangible action, Leddy believes this is the first step in prevention and awareness.

"We need to stop thinking of family violence as a private matter and start talking about the public benefit of investing in things like violence prevention, public education and services available," added Leddy.

"There are experts and advocates in communities who can help."

As a result of discussions, the Town of Goderich will draft a comprehensive motion to forward to provincial and federal agencies.

At the upcoming November 6 meeting Council will vote on whether to join the other municipalities and to declare IPV an epidemic.

"This violence will continue to occur if we, as not only Town Council, but also as individuals, do not speak up and advocate for those who cannot do it for themselves," said Councillor Liz Petrie.

"IPV happens everywhere in rural Ontario where it can be increasingly difficult to get the help they need because of lack of services, or no transportation."

Gateway hosts S.H.E.D. Talks with special guest

KATHLEEN SMITH

Editor

On Friday, December 1 Gateway Centre of Excellence in Rural Health (CERH) team will host the Rural South-western Ontario S.H.E.D. Talks.

Held at the Brussels Four Winds Wedding and Event Barn, the S.H.E.D. talks – Sustaining Health Farms through Empowerment and Dedication – main objective is to focus on reducing social isolation.

This event is the first of its kind and will include a morning of information sessions, and how to host your own S.H.E.D. talks.

The guest speaker for the event is Peter Johnson (Wheat Pete) who is a recognized leader in the agriculture community and sure to entertain and inform with his discussions on crops, better farming and increasing production.

S.H.E.D. Talks aims to reduce social isolation by creating a communal and collaborative space for farmers to gather, build connections and support one another.

According to Gateway, the four areas encouraged by this project are connection, collaboration, community

and conversation.

Tickets for the December 1 event can be purchased through Eventbrite for \$20 each.

With the purchase of a ticket, a catered lunch will also be served from Pineridge BBQ, along with the opportunity to listen and interact with various guest speakers.

Visit Gateway's website and follow the link to purchase tickets.



Peter Johnson (Wheat Pete).

(CONTRIBUTED PHOTO)

Visit us online at www.goderichsun.com

Bluewater Harp Ensemble
Presents:

A CHRISTMAS CONCERT

TUESDAY, NOVEMBER 28
1:30 P.M.

At the Mackay Center for Seniors Main Hall, Upstairs, (Elevator available)
10 Nelson St., Goderich

"Begin the season with the sound of harp music!"
"Sing favourite carols and play along!"

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GENERAL INFORMATION AND ADVERTISING RATES

Not being a huge conglomerate, we have to "walk before we can run" with our newspaper. Therefore, we are going to grow in 5 steps, with the following timeline:

- Step 1** – Launch online monthly edition (first issue was Friday, September 1, 2023)
- Step 2** – Add print monthly edition (first issue is Friday, October 6, 2023)
- Step 3** – Complete 2024 Goderich Visitors' Guide (May 2024)
- Step 4** – Increase newspaper frequency to 2x per month (date to be determined)
- Step 5** – Increase newspaper frequency to weekly (date to be determined)

FULL PAGE	HALF PAGE	1/4 PAGE	1/8 PAGE
FULL PAGE - \$425 WITH COLOUR - \$480 <small>10.3" by 12.6"</small>	1/2 PAGE - \$305 WITH COLOUR - \$350 <small>10.3" by 6.3" OR 5.1" by 12.6"</small>	1/4 PAGE - \$170 WITH COLOUR - \$225 <small>5.1" by 6.4" OR 6.8" by 5.1" OR 10.3" by 2.8"</small>	BUSINESS CARD - \$55 WITH COLOUR - \$80 <small>3.3" by 5.1" OR 5.1" by 3.6"</small> BUSINESS CARD 1/8 PAGE - \$100 WITH COLOUR - \$125 <small>3.3" by 2.25"</small>

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The Goderich Sun is locally-owned and operated. Our editor is Kate Smith, and publisher of Grant Haven Media is Stewart Grant who owns the following small-town newspapers:

St. Marys Independent **The Wilmot-Tavistock Gazette** **STRATFORDTIMES** **Woodstock Ingersoll Echo**

Story ideas: Contact editor Kate Smith at kate@goderichsun.com.
Advertising: Contact Jake Grant at jake@granthaven.com or cell 519-870-0069
All other inquiries: Contact publisher Stewart Grant at info@goderichsun.com or cell 519-868-1290

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Hospital Foundation's Radiothon for Hometown Health raises \$38,000 in one day

KATHLEEN SMITH

Editor

In the second annual Radiothon for Hometown Health the Alexandra Marine and General Hospital (AMGH) Foundation raised \$38,000 in one day. The funds are needed to purchase Endoscopes at the hospital.

"Endoscopes are fantastic instruments that allow us to look inside the body without making any incisions," explained Aaron Daters, MD, FRCSC General Surgeon at AMGH.

"With them, we can find cancers before

they are big enough for people to have any symptoms. Earlier treatment leads to better outcomes."

Endoscopes are important because they offer enhanced visualization, which helps with precision and accuracy during procedures. These instruments can provide better diagnosis and biopsies to help with early detection of cancers.

According to Dr. Daters, colorectal cancer is the second most common cancer and by removing the polyps early, cancer can be prevented.

"Endoscopes also help us in emergencies. We can remove swallowed objects

or chunks of food stuck in the esophagus and we can stop bleeding ulcers that would otherwise require surgery," added Dr. Daters.

"Endoscopy services at AMGH are an important part of keeping our community healthy and safe."

Due to the generosity of the Goderich and area community and the volunteers who helped make the event successful, the AMGH Foundation is proud of the community's ability to rise to the occasion to keep critical equipment updated for patient care.

Held at the Goderich Zehrs, the fund-

raising event also offered a barbecue captained by Jen Yule and Chelsea Adamson, staff from AMGH. The barbecue raised over \$1,000.

Despite the goal of \$50,000, compared to the \$29,000 raised in the inaugural event last year, the response from generous donors this year was a remarkable achievement.

Yet, the AMGH Foundation are still accepting donations to reach their goal of \$50,000. Donations are still accepted online: www.amghfoundation.ca under News and Events, or in person at the office at 120 Napier Street.



COMING TOGETHER FOR LOCAL HEALTH

Left, Laura Herman, Sarah and Matthew Evans, Dr. Kittmer and Dr. Daters. Right, Goderich Lions Club donates \$5,000 to the cause.

(CONTRIBUTED PHOTOS)



AXIOM Brad Hunking, Laura Herman, Sherry Marshall, Kimberley Payne

MacKay Centre hosts Senior Safety Day

The Alzheimer Society Huron Perth and the MacKay Centre for Seniors in Goderich are teaming up to offer a Senior's Safety Event at the MacKay Centre on Wednesday, November 8 from 10 – 3 p.m.

Topics that will be covered include home safety, senior driving, winter safety, and information on frauds and scams.

Guest presenters include Sean Wright from the Ontario Ministry of Transportation, Kevin Martin from the South Bruce OPP, as well as members from the Huron County Paramedics, Huron Area Search and Rescue, and the Goderich Fire Department. This event is free and will include free refreshments.

The event will start with a presentation from Sean Wright, "The Senior Driver's License Renewal Process for Drivers 80 and Older", followed by Kevin Martin with information on Frauds and Scams.

During the evening, patrons will also hear about fire safety, search and rescue emergency kits, and the Huron County Paramedics wellness checks.

Come prepared to learn and have your questions answered.

To register, or for more information, contact Jeanette at the Alzheimer Society Huron Perth: 519-482-1482 jeanettes@alzhp.ca or Stephanie Hartwick at the MacKay Centre for Seniors: 519-524-6660 | mackaycentre@hurontel.on.ca

Huron Chamber's Spirit of Success Awards Gala to honour those who enrich the community

KATHLEEN SMITH

Editor

The Huron Chamber of Commerce – Goderich, Central and North Huron is comprised of more than 160 local business members who work together for the betterment of the community.

A volunteer driven association, the Chamber hosts an annual Spirit of Success Awards Gala to recognize individuals, businesses and organizations that shine in the communities throughout Huron County.

On the night of November 10 at the White Carnation in Holmesville, the Chamber will celebrate the success of entrepreneurs, business owners and organizations by presenting awards from different categories.

Nominations are broken down into 14 award categories, including four new awards for 2023.

The award categories are:

Compass Minerals Environmental and Sustainability Award: This award category praises the accomplishments made by implementing sustainability measures. Awarded to a business or organization that has been in operation for a minimum of two consecutive years and made an outstanding commitment to sustainable development.

Country 104.9 Community Impact Award: Vote for your favourite event that has happened in the last 12 months. This nomination must have made a positive impact on the community.

Downtown Goderich BIA Award: Presented to a service or not-for-profit business establishment in the Downtown Goderich BIA district that enhances the quality of life, health or welfare of the community.

John C. Grace Young Entrepreneur Award: An entrepreneur aged 30 or younger who owns or manages a business or manages staff and has been successful in meeting goals and objectives of the business.

K2 Wind Ontario Technology/Manufacturing Award: Award to a business or organization that has improved performance, increased customer/client satisfaction, or enhanced public awareness through the use of innovative products.

MicroAge Basics Service Award: This award is for non-retail, non-hospitality businesses. Awarded to businesses that demonstrate excellence in customer service leadership on a consistent basis.

Small Business Enterprise Centre New Business Award: Presented to a business that opened within the last 18 months and in operation for minimum six months that provides excellent customer

service and is community-minded and supportive.

Tourism Goderich Hospitality Business Award: A hospitality sector business that demonstrates excellence in customer service on a consistent basis. Community minded and supportive.

Zehrs Goderich Retail Business Award: A retail sector business that demonstrates excellence in customer service on a consistent basis, is community-minded and supportive and always puts the customer's needs first.

Huron County Economic Development Diversity Award: This award recognizes a business or organization that embraces, celebrates and applies holistic inclusion and participation of a diverse people making the workplace a better environment.

New: Bazinet Family Volunteer Award: Qualifying individuals of any age must live within the boundaries of the Huron Chamber of Commerce and be nominated for their volunteer work in the past 12 months. Political advocacy and lobbying work are not eligible.

New: Main Street Credit Union Excellence in Agribusiness Award: Recognizes a person or business that demonstrates excellence in innovation, trailblazing and community involvement. The recipient can range from farming enterprise to bev-

erage and food producer.

New: Berhan Immigration and Settlement Services Newcomer Award: Recognizes a newcomer who demonstrates excellence in business. An outstanding entrepreneur who was born outside of Canada and has started a successful business in the Goderich, Central or North Huron area. The nominee must be a newcomer to Canada within the past 10 years and operating a business.

New: Huron County Economic Development Employer of Choice Award: Celebrates an employer that offers an exceptional workplace for their employees and by doing so, shows leadership in talent attraction and retention.

Plus, the Huron Chamber Business of the Year Award: Given to the top overall business from all categories, as chosen by judges.

Although nominations for the event closed on October 6, the award winners will be announced at the gala event.

The evening begins with a 6 p.m. reception, and dinner at 7 p.m.

The evening will also include a guest speaker, and comments from the award presenters and award winners.

Tickets to the event are \$110 per person. As of October 27 tickets are sold out, but contact the Chamber to be put on a wait list (info@huronchamber.ca)

Angel Tree Ceremony planned for November 17

The holiday season can be a very difficult time for many, and to walk with those folks and let them know they are not alone. The lighting of the Angel, MADD, and Alzheimer's Trees will take place on Friday, November 17th at 7pm in Lions Harbour Park.

The holidays are a time when family gather together and celebrate the year gone by, but for many, it is a stark reminder as to who is not here to join us. It is with this in mind that every year, Linda MacDonald of the MADD Huron/Bruce Chapter works in partnership with the Alzheimer's Society and Town of Goderich, to host this small remembrance.

At 6:45 pm, friends begin gathering at Lions Harbour Park to enjoy some light, warm refreshments. Then at

7:00 pm, a somber, yet loving service remembers those who have passed on before us and celebrates their memory. It is during this time that we light the Angel Tree in white lights, the MADD Tree in red, and the Forget-Me-Not Alzheimer's Tree in blue.

This very special evening has been a way for friends and families to express their grief and their love, during what can be a difficult season. These trees and names can be visited throughout the Festival of Lights, as these three trees will remain lit throughout the entire season.

If you have a name to add to the Angel Tree, please send the name of your Angel to specialevents@goderich.ca or call us at (519) 524-6600.

Alzheimer Society hosts virtual Dementia Education Night

The Alzheimer Society Huron Perth is hosting our Annual Fall Dementia Education Night on ZOOM on Thursday, November 2, from 7 – 8:30 p.m.

The guest speaker this year is Dr. Peter Lin, Director of Primary Care Initiatives at the Canadian Heart Research Centre.

Dr. Lin will be presenting “Baby Boomers and Aging: A Checklist for Change and Inspiring Change in the Health Care System.” This is a FREE event! Register online at <https://bit.ly/DEMENTIA-NIGHT2023>

Dr. Lin is an expert in the field of health research and aging. In addition to being a sought-after speaker at conferences and has been on the CBC's “The National.” And

bring your questions.

The Society looks forward to the audience Q&A time following our Dementia Night presentations. If you have questions for Dr. Lin that you would like to send in ahead of time, please contact jeanette@alzhp.ca. The Alzheimer Society will do its best to have Dr. Lin address the questions.

To find out more about Dementia Night or other Alzheimer Society Huron Perth education events, click on the Education Hour banner on our website at www.alzheimer.ca/huronperth.

Contact the Alzheimer Society's office at 1-800-561-5012 or email info@alzhp.ca.

Weekend Quiz

- 1) What rock musician played in both Nirvana and Foo Fighters?
- 2) What is the birthstone of November?
- 3) True or False. Antarctica has a national sport.
- 4) What children's book did Forrest Gump keep in his suitcase?
- 5) What bird, extinct by 1681, was named after the Portuguese word for "stupid"?
- 6) In what continent is 4 considered an unlucky number?
- 7) What are the 3 primary colors?
- 8) In what year did Roman Empire fall?
- 9) What type of race is the Melbourne Cup?
- 10) What is the last letter of the Greek alphabet?

This week's answers are found on pg. 27

Visit us online at
www.goderichsun.com

Shop from local artists at Christmas-themed evening at Great Blue Heron Antiques

KATHLEEN SMITH

Editor

A great new local gift shop is available with local artisans, above the antique barn along Highway 21.

Great Blue Heron Antiques and Collectibles at the Barn recently celebrated its 50th anniversary in September.

Built in 1890 as the Dunlop Livery, the barn became an antique barn in 1973.

The third owners, Lesley and Dave collected and sold antiques for 15 years out of their garage. Lesley also continues to offer refurbishment services for furniture.

Its most recent owners, Lesley and Dave have continued the tradition of selling antiques at the barn but have transformed the second floor into a retail shop to support local artisans.

This will be the first season for the local gift retail shop.

On the second floor, five local vendors ranging from places like Goderich, Kincardine and Wingham rent space from Lesley and Dave. Each vendor has a space to display their art or products for sale.

After recently celebrating one year running the antique shop, Lesley and Dave have planned a first Christmas-themed shopping event.

On the weekend of November 17 Lesley and Dave invite the community to sup-

port local by visiting their antique barn and retail shop.

"It will be our first Christmas at the Barn," said Lesley.

"It's all weather dependent. We will try to have vendors outside. We might have a little bonfire out there, some hot chocolate. But everything will be inside, unless weather permitting."

Lesley stressed that she wants to get the word out about the gift shop above the antiques, as the Christmas season is drawing nearer.

"The event is more about the second floor as a gift area," added Lesley.

"Then people will know that this is a gift place, not just antiques."

This past year, during the summer months, and on a weekend, the antique shop averaged around 300 to 400 people.

With no heat or water in the antique barn, doors close mid to late-December, and remain closed from January to February.

Lesley stressed that despite closing during the winter months, if someone wanted to meet Lesley and Dave at the barn to make a purchase, they could contact them via email and set up a date.

The Christmas-themed shopping event is on Friday, November 17 until Sunday, November 19 from 10 a.m. until 4 p.m.

Great Blue Heron Antiques accepts all forms of payments.



A NEW ELEMENT TO AN OLD BARN
Local artwork for sale on the second floor.

(KATHLEEN SMITH PHOTO)

Angel Tree CEREMONY

FRIDAY, NOVEMBER 17, 2022 7:00PM
AT LIONS HARBOUR PARK

A time to remember those we are not able to spend time with this holiday season.

To get the name of a child or family member added to the Angel Tree List, contact Tourism Goderich at 519-524-6600 or email special.events@goderich.ca

Trees will remain lit throughout the Festival of Lights with the names posted beside the trees.

<p>Baby Alexander Mary Alexander Jacob Allen Brittany Anne Arsenault Christian Eugene Asnong Eugene Gerrard Austin Luke Ball Gregory Franklin Bauer Cole William Sheldon Baxter Cindy Bazinet Armand Bedour Leonard Bedour Teresa M. Bedour Justin Ray Bell Susan Darlene Bell Baby Berg Terry Berlett Kristie Ann Bird Donna Bissett Mary Bissett Jeff Bissett John Bissett Jeremy Daniel Black Maisey Blake Boucher Faith Ann Boutillier Josh Boycott David Allen Bregman Gordon Bregman Kim Brindley Olive Brindley Robert James Brindley Laura Broudley Amy Nicole Brown Janette Brown-Bird Philip W. Bugler Dana William Burroughs-Falconer Grant William Taylor Cairncross Faye Victoria Caldwell Krista Lynn Campbell Grant William Taylor Cairncross Faye Victoria Caldwell Krista Lynn Campbell Isla Devin Campbell Catherine Carlisle Lynn Carlisle Evelyn Carroll Howard Carroll Paul Carroll Shelley Anne Carver Harold (Abe) Chase Krystle Chase</p>	<p>Yvonne Chase Evelyn Christensen Gunnar Christensen Steven Paul Clarence Elizabeth Ann Cliff Patricia Louise Cliff Athena Marie Cliff Jo-Anne Collins Mya Anne Collins Judy Lynn Cook Aaron Cousin Anne Corran Darlene Crawford Carlotta Crossey Bernice Davidson Herb Davidson Matthew David James Dinning Frances Doak Michael John Dobie Colleen Dryburgh Paul Duckworth Angela Elizabeth Everatt Jasper Elzinga John Elzinga Lena Elzinga Elsie Farrell Donald John Fee Lucas Kinahan Fields Doug Fisher Jared Douglas Fisher Colin Matthew Flynn Douglas Fuller Lara Catherine Garriock Jeffrey Gauley Steven Gauley Dane Mark Gaynor Gerry Gaynor Matthew John Gaynor Melvin Matthew Gaynor Thelma Gaynor Baby Genovese Dean Kenneth Gibson Desmond Thomas Gerard Greydanus Natalie Joyce Guest-Kelly Yvonne Marie Haggitt (Willis) Radley Harrison Natalie Joyce Guest-Kelly Yvonne Marie Haggitt (Willis)</p>	<p>Radley Harrison Stephanie Amanda Heinbuch Byron Curtis Henderson Stephanie Lea Henry Betty Hiusser Brian Hiusser Cathy Hiusser Keith Hiusser Patrick Louis Hogan Elsie Hulley Colby William Humphrey Charles Hunter Joan Elizabeth Hunter Steven Hunter William Brett Hunter Jamie Lynn Ingham Roy Wilfrid Insley Ruby Insley Wilfrid Insley Jordan Marie Ireland Lucas Jeffrey</p>	<p>Vanessa Eileen Marie Layton Norman Laberge Baby LeBrun Samuel John Leddy Lillian Lynn Audrey Karin MacAdam Rod Eldon MacLennan Timothy MacLennan Sean Paul Joseph MacCormack Heather Lynne MacDonald Chad Leslie MacVicar John Maize Sarah Aileen Mann Jean Marlatt Mark Rae Mathers Sandra Lynn Mathieson Ronald McCartney Terry McGuire Everlee Rose McMeekin Austin Reed McPhee MaryLou Melick Robert Melick Joanna Christine Carroll Menzel John Meyers Alf Mitchell Bob Mitchell Jannette Middel Alexander Ryan Miltenburg Timothy Reis Miltenburg Eldon Montgomery Nicholas Roger Moore Michael Moran Ron Moran Ella Rose Moulton Jennifer Elizabeth O'Brien Thomas Keith O'Connell Ken Irvine Oke Ruth Eileen Oke Vicki Oke Ella Claire Papple Judy Parks David Glen Patterson Jim Pentland Joyce Pierce Elysia Veronica Popiez Barry Presseault</p>	<p>Timothy Prevett Gary James Rawn Gregory Arthur Reed Lesley Rego Sa Lorie Lynn Richards Mark Robert Richards Patsy Richards Lucas Ringuette Thomas Joseph Ringuette Jim Pentland Joyce Pierce Elysia Veronica Popiez Barry Presseault Timothy Prevett Gary James Rawn Gregory Arthur Reed Lesley Rego Sa Lorie Lynn Richards Mark Robert Richards Patsy Richards Lucas Ringuette Thomas Joseph Ringuette Baby Spink Isabel Sproul Mathew Ronald Sproul Ronnie R. Straughan Andrew Strome Louvain Swan Shane Beaner Taylor Andre Teraa John William Hugh Thompson Craig Cameron Tousignant Natasha Cecelia Trebish Karl James Ulch Baby Walker Baby Blake Webster Julia Weverink Dakota Paige Wheeler Pete Whetstone Glen Wightman Charlene Ann Williams Gerald Williams Shawn Williamson Marie Wilson Crystal Lynn Winters Brittany Dawn Wormald Shane Derek Worsell Jonathan William Charles Wraith Jennifer Louise Wylie Brandon James Robert Young</p>
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East Street Cider opens taproom and bottle shop



KATHLEEN SMITH

Editor

East Street Cider first opened in 2016. After renovating and building the cidery production area, which was completed in 2018, David Aylward and Ellen McManus were approved for a manufacturing license.

The newly renovated and now open taproom can seat 40 and has a maximum capacity of 60. There is kitchen space built but a food program or offerings have yet to be set up. David and Ellen are hopeful to bring the food program to their patrons by the spring, when they would be able to offer a variety of light snacks and food pairings.

“So far the taproom has been very well received and the support from the neighbourhood and town has been tremendous,” admitted David.

“Our vision of creating a fresh and welcoming space that builds community and celebrates craft cider and beer is seeming to resonate with people who come by.”

The historic Runciman Foundry, the home of East Street Cider, has been in the McManus family since the 1950s.

The building at 130 East Street was established in 1856, constructed using cut stone from the Maitland River. As the

site for many manufacturers and entrepreneurs, David and Ellen attribute their ciders to the people who have practiced their craft within the same walls since 1856.

Craft cider was, and still is, a fast-growing market in Ontario, so for David and Ellen, it made sense to open a cidery given their interest in wine and cider, and the resources they had on hand, including the vacant space of the building.

Ellen went to school for business and accounting, and David went to school for biology and food science engineering, so together they make a pretty good team.

“Many people, even Goderich locals, had no clue we even existed, but are delighted when they find out about us,” added David.

“People seem to be enjoying our cider and appreciate our curated selection of over 50 craft beers. Again, we want to offer something for everyone.”

Despite success, David and Ellen have faced some challenges along the way. One such challenge came when the pandemic hit but found a way to turn what seemed like a problem into a profitable adjustment for their business.

During the pandemic the provincial government changed some liquor laws to



allow cideries like East Street that does not have an orchard on-site, to sell their products directly to customers.

While restaurants and bars closed during the lockdowns, David and Ellen found there was no way to move product and had to pivot focusing on selling their product in cans.

“This legislative change and the new revenue stream were an absolute lifeline, critical to the survival of our business,” explained David.

“Shortly after we started selling our cider to go, we decided that in order for us to success post-pandemic, we’d need to invest in the retail side of things.”

Currently East Street Cidery offers tastings, tours, and private event bookings. For private events, interested individuals can book the space any day of the week for gatherings, parties, social clubs, or wedding events.

David and Ellen are currently putting together a comprehensive catering package with Cork and Coast in Goderich, to accompany private event bookings.

Furthermore, during the month of October David and Ellen were able to organize a number of events to bring people out and have fun at the taproom.

They have hosted musicians to play

live for Oktoberfest, a Halloween party, pumpkin carving events, and have also hosted a bingo night, movie night and various viewing parties for sports events including Formula 1 racing and NFL football.

David and Ellen plan on continuing these special events monthly.

In addition to their cider, David and Ellen also offer a rotation of over 50 craft beers and wines available in the taproom. On tap, there is normally three or four ciders, and two rotating beers.

East Street Cider can be purchased on site, and at various LCBOs throughout the province.

“We’re looking forward to collaborating with our community partners and businesses and going to continue to let the space kind of naturally evolve with the input of our patrons and the community,” David added.

“From catering packages to kitchen offerings and co-hosting events, we’re excited for this next stage of our business and the opportunities to engage with the community; something we’ve been missing for the past few years.”

The taproom and bottle shop are now open from Thursdays until Saturdays, from 2 p.m. until 7 p.m.



LOCAL MATTERS.



Remember that time when **Amazon** sponsored your church fundraiser?



Remember when **Facebook** bought a case of Girl Guide cookies to support your daughter?



Remember when **Google** provided free pizza to your child's soccer team when they won the championship?

Goderich and the Dieppe Raid

DAVID YATES

Contributor

August 19, 1942, was one of the darkest days in Canadian history.

The valor of the Canadians involved in the Dieppe raid on the Nazi occupied port town does not diminish the extent of the disaster that took place there.

Of the approximately 6,100 troops (5,000 Canadians, 1,000 British) who landed only about 2,200 returned to the UK and many of them were wounded. Several of those who endured the Dieppe debacle were from the Goderich and area.

At war's outset in 1939, the Essex Scottish, based in Windsor, Ontario, recruited Huron County men to fill out their numbers for overseas service. Among the Goderich men known to enlist in the Essex Scottish was Ross Pennington, of Elgin Ave, who volunteered in September 1939 as did 23-year-old Con Stapleton.

Lieutenant Kenneth Hunter, a 27-year-old Goderich lawyer, enlisted that same month.

Donald Thompson enlisted in April 1940. Later in the war, two of his brothers and a sister who also served in the RCAF Women's Division.

Mariner William Duckworth, of McDonald Street, a reservist in the Middlesex and Huron Regiment transferred to the Essex Scottish in April 1940. Like Thompson, Duckworth came from a

fighting family with three brothers as did Donald Thompson.

By spring 1942, all these men were with the Essex Scottish on the UK's Isle of Wight, training for a spectacular raid on the German occupied coast of France to test the defences of Hitler's Atlantic Wall.

The proposed raid was in preparation for the eventual invasion of Europe. One addition to the regiment was the addition of Kingsbridge born, Father Michael Dalton, who had been appointed the regiment's Roman Catholic chaplain.

Operation Rutter as the raid was initially called was a combined army, air and naval assault on the German defences was scheduled for July. However, the raid was cancelled at the last minute when operational deficiencies discovered in training and rough seas, bad weather and a German aircraft which spotted the flotilla as it was about to embark meant the surprise element was lost.

The persistence of Lord Mountbatten and pressure from the Canadian government to prove that the Canadian army forced the fateful decision to stage the



Lieutenant J Kenneth Hunter, Essex Scottish.

raid in August.

Now code-named Operation Jubilee, the raid was back on with 5,000 Canadians, 1,000 British Commandos and other units prepared to land on a hostile shore.

The 550 men of the Essex Scottish landed at Red Beach, Dieppe's main beach, at 0450 under the Royal Navy's guns. A skirmish at sea between the allied fleet and a German flotilla made the raiders 20 minutes late and alerted

the Germans that they were coming.

The Essex Scottish landed in an inferno of fire from prepared German positions. No matter how brave, the Essex Scottish, with the other Canadian regiments, were slaughtered from fire from cliffs on three sides.

Few made it to the seawall, let alone entered the town, which was their objective. One of the few to reach the seawall was Huron County born Harold Thomas of the Royal Canadian Engineers, whose job was to carry 90lbs of high explosive across the beach to blow the seawall for the tanks to break through.

Unfortunately, when they were pinned down on the beach by heavy fire, Thomas escaped by jettisoning the 90lbs high explosives and swimming out to one of the naval boats. Of the 26 tanks that landed, only one made it over the seawall.

Despite the pounding from offshore naval ships and the largest air battle of the Second World War between 74 RAF/RCAF squadrons and the German Luftwaffe raging above the beach, by mid-morning the fight was nearly over.

The carnage on the beach was enough to instill pity from even the Germans who assisted Canadian wounded like Private William Duckworth who was wounded by grenade splinters in the back according to historian Jim Rutledge in Huron Remembers. Other Goderich captives were

Private Ross Pennington, Lance Corporal Donald Thompson, Ross Pennington, and Lieut. Kenneth Hunter.

Of all the acts of bravery displayed by the Canadians that day, few can compare to Sergeant Con Stapleton's gallantry. Sgt. Stapleton assembled a company of headquarters staff and led them across the machine gun swept beach.

His ad hoc company was the only Essex Scottish unit to make it off the beach and into the town where they destroyed several enemy positions before leading his men back across the beach to report to his commanding officer. For his heroism, Sgt. Stapleton was awarded the Distinguished Conduct Medal after the war.

By 1100, fighting on Red Beach had mostly ceased and 382 members of the Essex Scottish, about 125 were wounded, were forced to surrender. Only 52 made it back to England, 27 of whom were wounded, 122 of their number were killed.

Although Father Michael Dalton was not in the landing party, he had the unhappy task of writing letters to the families of the deceased soldiers.

Altogether about 1,900 Canadians were captured and marched off to German prison camps where they suffered the indignity of having their hands cuffed behind their back for almost a year.

The measure was in retaliation for the German belief that several of their soldiers were found shot in the back of the head with their hands cuffed, indicating that they'd been executed after surrendering. Other British prisoners picked the cuff locks for the Canadians who put them back on when German guards were near.

Unfortunately, Private Duckworth's wounds never properly healed. Despite "the best possible care" from British doctors, the Canadian Red Cross reported that Duckworth died of his wounds on November 18, 1942, and was buried with full military honours with the Germans firing a salute over his Union Jack draped coffin.

CONTINUE TO PAGE 19

REMEMBRANCE DAY NOVEMBER 11

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Lest We Forget



REMEMBRANCE DAY - 11TH NOVEMBER

November 11 Remembrance Day parade will form up at the Clinton Legion and parade to the cenotaph for 11:00am service. The parade will march back to the Branch and all are welcome to come in for social and comradeship



The Poppy is a powerful symbol of Remembrance.

From the last Friday in October to Remembrance Day, millions of Canadians wear a Poppy as a visual pledge to never forget those who served and sacrificed. The red flower also is the symbol of the Legion's Poppy Campaign, raising funds to support Veterans and their families in need. We invite everyone across the country to show their recognition by proudly wearing this symbol of Remembrance.

What is the Poppy Campaign?

The Poppy Campaign is very much a local initiative, conducted by Legion Branches in cities, towns and communities across the country. Donations collected during the Poppy Campaign are held in Trust at the branch level to directly support Veterans and their families within their community and to help ensure Canadians 'never forget'.

In the days leading up to November 11, Poppies can be seen in every corner of this great country. This show of support and display of remembrance would not be possible without the efforts of thousands of Legionnaires who volunteer to distribute Poppies to the community through schools, community organizations and local businesses. We are so grateful for their efforts, and for the support of the many partners, local and national, who welcome Legion volunteers and Poppy boxes into their locations.

The Torch; Be yours to hold it high

"In Flanders Fields" is a poem written during the First World War by Canadian Lieutenant-Colonel John McCrae after he presided over the funeral of a friend and fellow soldier. So many years later, his poem continues to poignantly express the tragedy of the losses of war. So many years later, his poem continues to poignantly express the tragedy of the losses of war, and the importance of carrying on their memories.



In Flanders Fields

by Lieutenant-Colonel John McCrae
May 3, 1915

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies
grow
In Flanders fields.*

(As published in Punch Magazine,
December 8, 1915)

The Royal Canadian Legion is committed to ensuring youth understand and continue the tradition of Remembrance.

Legion Branches support youth involvement in Remembrance in a variety of ways. From holding Remembrance ceremonies at schools, speaking with students and youth organizations about Veterans, inviting youth to participate in community and Branch commemorative services, to inviting Cadets to help with the Poppy Campaign, poster and literary contests, and much more. Legion Branches offer youth many opportunities to get involved and participate in honouring and Remembering Canada's Veterans.

For the Legion and for many across the country, Remembrance is a year-long commitment

Promoting Remembrance is part of The Royal Canadian Legion's mission and has been one of our principal objectives since our inception. The Legion inspires Cana-

dians to remember those who have made the ultimate sacrifice for our country, and to honour those who served and continue to serve today. Remembrance is a year-long commitment, and we endeavour to promote it through programs, services, and resources.

Harry Garnet Bedford Miner

Harry Garnet Bedford Miner was born in Cedar Springs, Ontario on June 24, 1891. He attended Selton Public School near Thamesville, and Highland Gate High School. He then moved to Huron County, and took up farming.

On December 1, 1915 he travelled to London, Ontario and signed up with the 142nd Battalion. Shortly thereafter Miner transferred to the 161st Battalion and proceeded to Camp Borden for training. At the end of October 1916, the 161st entrained for Halifax and set sail for England.



The Croix de Guerre (with palms)

Harry Miner won the Croix de Guerre with palms from the Government of France and was mentioned in the dispatches at the Army Corps level for his actions in December, 1917 while serving with his unit in the St. Emile Sector located midway between the villages of Gazenbrouck and Lens in northwestern France. His job that night was to repair a broken telephone line.

The citation reads: **"During the night of 30-31 December 1917, being in charge of a wiring party, he did excellent work, by his example and energy, in keeping his men together for seven hours in spite of enemy machine guns which were firing on his position."**

Miner was appointed Lance-Corporal February 2, 1918, and promoted to full Corporal on February 16.

The Victoria Cross

Corporal Miner was awarded the Victoria Cross for his conduct on 8 August 1918, the first day of the massive Allied

offensive around Amiens in France. Near Demuin, Miner charged a German machine gun position alone and, after killing the crew, turned the captured weapon on the retreating enemy. Later in the day, with the help of two comrades, he attacked another enemy machine gun emplacement and put it out of action. Again alone, Miner assaulted a German bombing post, dealt with two enemy soldiers with his bayonet, and put the other occupants of the position to flight. It was during this last action that Corporal Miner received severe grenade wounds that proved to be fatal.



Both the Croix de Guerre (with palms) and the Victoria Cross were awarded posthumously. Harry Garnet Bedford Miner is buried in the Crouy British Cemetery at Crouy-sur-Mer in France, about ten miles north of Amiens.

The Legion in Clinton is proudly named the Royal Canadian Legion Harry B Miner V.C. C.G. Branch 140



Legion 

Branch 140
Clinton

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Ryan O'Reilly Youth Challenge Cup November 3-5

Hockey Season is officially in full swing! Goderich Minor Hockey has a total of 13 teams this season ranging from U7 to U18. A full list of our teams, game schedules, scores and news can be found at goderichminorhockey.ca

Regular Season has just begun and our teams are off to a great start with a total of 16 games played so far in the month of October (stats: 5 - 7 - 4)

We are excited to once again be hosting the Ryan O'Reilly Youth Challenge Cup



Tournament from November 3-5th, 2023 at the Sifto Arena (Maitland Rec Centre).

This tournament is for players in the U11 age division (9 and 10 year olds) and welcomes both Rep and Local League teams. We have a total of 16 teams playing and competing for their chance to hoist the Ryan O'Reilly Cup. The Goderich Sailors have 3 home teams participating in the tournament, our U11 Rep team, U11 White and U11 Black Local League teams.

U11 Rep Tournament Game Schedule:
Friday Nov 3rd @ 3pm vs Shallow Lake
Saturday Nov 4th @ 11am vs South Bruce

Saturday Nov 4th @ 6pm vs Lambton Shores

U11 Black LL Tournament Game Schedule:
Friday Nov 3rd @ 4pm vs Wingham Blue
Saturday Nov 4th @ 12pm vs Erin-Hill-sburgh
Sunday Nov 5th @ 9am vs Port Stanley

U11 White LL Tournament Game Schedule:
Friday Nov 3rd @ 5pm vs Wingham Yellow

Saturday Nov 4th @ 3pm vs Zurich
Sunday Nov 5th @ 12pm vs Huron Bruce White

Championships games commence on Sunday at 1pm

Look for us in the Goderich Santa Claus parade on November 18th, 2023.

Mark your calendars - December 2nd, 2023 is Hockey Day in Goderich! Stay tuned for more details on a fun filled, action packed day showcasing our local hockey teams and celebrating the love for the game of hockey.



(CONTRIBUTED PHOTOS)

U13 LL team before a big game. Jensen Thomas, Teagen Regier, Logan Myers, Avery McPhee, Bennett Devries, Maeve Rivera, Hugo Crane, Emily Blackmore, Quinn Spetman, Logan Herlufsen, Norah Loughnane, Matthew Blackmore, Harrison Harp, Lucius Bendig, Simon Dear, Tyler Panphumriang, and Eric Stedman.



U8 Girls Goderich Minor Hockey Team. Back left to right: Mallory Harp, Ellie Regier, Hadley MacPhee, Ainsley Elliott, Ellie Johnston, Harlyn Madge. Front row: Presley Moran, Sophie Reddington. Missing: Sloane Rastin

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Goderich Junior Flyers Report

RICHARD MADGE

Contributor

The Goderich Junior Flyers seem to have found some traction as they strive to become competitive in Provincial Junior Hockey League (PJHL) play.

In the month of October, the Flyers played eight games in which they were able to record two wins and an overtime tie.

Their first win of the campaign was a 2-1 overtime home-ice victory over the fledgling Fergus Whalers.

Tyler Ewald put the new league entry Whalers into an early lead in that game, but a second period short-handed goal by the Flyers Austin Aldrich resulted in the need for overtime.

Five minutes into the overtime period Cohen Lesouder notched the winning goal for the Flyers on a passing play with Rowan Alexander.

The Flyers' second win was a 4-3 victory over the Mount Forest Patriots, also on home-ice.

Trent Carter's early first period goal got the Flyers going, and goals by Reid Williams and Owen Shore in the second period had the Flyer up 3-1 going into the third.

Mount Forest scored midway through the final frame, but Leland Weber's goal, assisted by Cohen Lesouder put the Flyers ahead 4-2.

An empty-net Patriot counter in the final minute of play made the final score 4-3.

Goderich goalie Christian DeJong was credited with the win, stopping 30 of the 33 shots mustered by the Pats.

The overtime tie for the Flyers was another low-scoring game, a 1-1 saw-off with the visiting Kincardine Bulldogs, on the last Saturday of the month.

The Flyers controlled a lot of the play in that game, outshooting the 'Dogs in all three periods, and 36-22 after the final buzzer.

Leland Weber scored an early goal for the Flyers, just three minutes into the game, with assists going to Carson Fletcher and Payton Wheeler.

The goal by Weber marked the third straight game in which he had scored. Weber has four on the season so far, tied with Owen Shore for the team lead in goals scored.

Cooper Schneider scored for Kincardine



(MARA CUTTING PHOTOGRAPHY PHOTO)

FINDING THE NET

Owen Shore (16) is now tied Leland Weber for team lead in goals scored this season, with four each.

early in the third period to send the game into overtime, but neither team was able to score in the extra frame.

Logan Bromley recorded the win in the Flyers' net.

The Flyers other games during October also saw them lose to Kincardine 7-1, Wingham 4-2, Hanover 7-0, Mitchell 6-3, and Fergus 13-1.

When players and coaches talk about the need to play "their game", they are referring to playing the style of hockey that gives them the best chance of winning.

For the Flyers, that would seem to involve good goaltending, strong defensive play at both ends of the rink, and scoring enough goals to come out on top.

Coaches Grant Lamont, Shawn Dickey and Liam McCarthy are getting some of that kind of play from the team as the quest for success continues.

The Flyers have four home-games scheduled in November.

Two of those games are Saturday, 8 p.m. puck drops: November 11 against Mount Forest and November 18 versus Wingham.

GODERICH JUNIOR FLYERS

2023 Player Statistics (through November 3, 2023)

PLAYER	POS	GP	G	A	PTS
Carson Fletcher	F	13	1	5	6
Owen Shore	F	12	4	3	7
Jeremy Hamilton	D	13	1	0	1
Leland Weber	F	13	4	1	5
Wilder Hoggarth	D	9	0	1	1
Austin Aldrich	F	13	1	1	2
James Bender	F	12	0	1	1
Wyatt Connelly	D	11	0	2	2
Keegan Greer	D	2	0	0	0
Brett Reesor	F	6	0	1	1
Brady Fraser	D	10	1	0	1
Mitchell Hodges	D	11	0	0	0
Jayce MacArthur	F	10	0	0	0
Carson Stutzman	F	6	0	0	0
Payten Wheeler	F	10	0	1	1
Rowan Alexander	D	12	0	1	1
Trent Carter	F	12	2	1	3
Cohen Lesouder	F	12	1	3	4
Cameron McCarthy	F	12	0	1	1
Tyson Rintoul	F	8	1	0	1
Reid Williams	D	10	1	0	1
Kyle Smeltzer	F	9	1	0	1

PLAYER	RECORD	GAA	SV%
Logan Bromley	1-4-0-1	4.18	.881
Christian DeJong	1-6-0-0	6.73	.823



PROVINCIAL JUNIOR HOCKEY LEAGUE

NORTH POLLOCK DIVISION

(Standings through November 3, 2023)

	GP	W	L	T	GF	GA	DIFF	PTS
Hanover Barons	12	11	0	1	66	28	38	23
Kincardine Bulldogs	14	8	3	2	48	32	16	19
Walkerton Capitals	13	8	4	0	45	33	12	17
Mount Forest Patriots	13	8	4	0	50	39	11	17
Wingham Ironmen	14	6	7	0	36	42	-6	13
Mitchell Hawks	13	4	7	0	43	48	-5	10
Fergus Whalers	14	3	7	2	40	51	-11	10
Goderich Junior Flyers	13	2	10	1	18	73	-55	5

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A call to renovate beach volleyball courts at GDCI

KATHLEEN SMITH

Editor

Over the past decade, the current beach volleyball courts have become worn; the posts are leaning in different directions and the netting is fixed at a specific height.

Looking to give the beach volleyball courts at GDCI a facelift, a group of volleyball coaches and enthusiasts including Martin Kleuskens and Richard Van Huzien are looking for organizations and individuals to support the project.

Current estimates from a budgeting perspective put preliminary costs for the proposed renovations in the \$52,000 range.

According to Kleuskens and Van Huzien, the following indicates what renovations are needed and the associated cost: Expansion of the existing courts from three to four; install five new galvanized steel posts (\$1,000); install a Monson Slider system (\$11,000); new volleyball netting, post pads and court boundary lines (\$1,700); install 700 tonnes of beach sand (approximately \$15,000); miscellaneous equipment and materials (\$1,200); perimeter fencing and privacy screening (\$18,000); and a storage shed installed on site (\$2,500).

“Volleyball has a rich tradition in our community. Our initiative is to provide our Goderich community with a high quality, outdoor beach volleyball facility for young athletes to acquire, develop and forever enjoy mastering

the skills of volleyball,” wrote Kleuskens and Van Huzien in a letter to potential sponsors.

The goal of renovating the existing outdoor courts is to improve exposure to volleyball at a grassroots level for kids of all ages and abilities.

Kleuskens and Van Huzien believe that the proposed renovations will increase community involvement on all levels through general drop-in games, to league play, both youth and adult, and tournaments.

“We are looking for organizations and individuals to assist within their available capacity to support our project,” furthered Kleuskens and Van Huzien.

Project coordinators have partnered with the Foundation for Education – Perth Huron on this renovation project. The Foundation will act as a qualified done who will accept donations towards this project and offer charitable tax receipts to donors.

“Our goal is to reach out to as many individuals and community organizations possible to raise the necessary funds,” added Kleuskens and Van Huzien.

“There is a significant amount of support from our community members and strongly believe this project will be well received and become a hub of activity on warm summer days.”

For those interested in supporting this project, contact project coordinators Kleuskens (mjkleuskens@gmail.com) and Van Huzien (Shoresvolleyball@gmail.com)

Goderich and District Shuffleboard Club Results

On October 3 the club had 37 players participate in shuffleboard at the Memorial Arena.

The club’s Dominos pizza winner for that week was Dale Robertson.

The club had five, three-game winners on the day: Judy McLean, Kevin Tasker, Marie Millian, Susan Ropp and Bill Godfrey.

On October 10 the club had 36 players join in.

The Dominos pizza winner for the week was Sharon Cousins.

The club had three, three-game winners on October 10: Doreen Cave, Darlene Bard,

and Don Rose.

Good shuffleboard playing to all.

On October 17 the club saw 39 players compete at Memorial Arena. The Dominos Pizza winners for the week was Marie Millian and Bill Godfrey, Dale Robertson, Gerrit Dykman and Bruce Haselgrove.

On October 24 the club had 35 players join in and the Dominos pizza winner for the week was Ross McLeod.

The club had six, three-game winners the week of October 24, namely Glen Webster, Don Rose, Carol Haselgrove, Barb Howard, Arnold Mitton and Betty Keating.



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Home: A story of companionship

KATHLEEN SMITH

Editor

The Livery Theatre recently brought the revival of a neglected classic, David Storey's *Home* to Goderich during the last few weeks of October.

Directed by Garnet Colborne and sponsored by Rotary Club and West Wawanosh Mutual Insurance Company, *Home* centres around two older gentlemen – Harry and Jack – who sit on a terrace and discuss everything from the past, the weather, old friends, old loves, and the war.

Originally premiered in 1970, Storey's *Home* highlights mental illness. Highly opinionated Jack and seemingly benign Harry are joined by flirtatious Kathleen and cynical Marjorie.

The daily scene of the characters' discussions could be interpreted as visitors or patrons of a private hotel, while in fact the characters are all patients at a psychiatric facility.

Throughout the conversations the audience question why each character is confined at the psychiatric facility.

As the characters interact, the audience comes to realize their delusions and pretensions are like those of people living in a supposedly normal society.

During the conversations had, there is humour and grace, and by the time the night sets in and the play comes to an end, the audience is moved to compassion, sympathy, and respect for these extraordinary ordinary people.

"This play is about companionship and joy in the only place where they can get it because they are safe here. They aren't safe at their own home," explained Colborne.

"I love the irony of the use of the title 'Home' because they are unsafe at home. Either by someone else being a menace to them or they are being a menace to someone else."

According to Colborne, the reasons for why the characters are in the psychiatric facility come out during the play, subtly.

"This play is about the search of lonely people for companionship and joy. It's damaged, lonely people in a melancholy existence. These people are damaged," added Colborne.

"They are hanging by a thread, mentally, but they find each other here and keep each other going."

This play won the New York Drama Critics Award as the Best Play of the Year in 1970 and has been included in the list of the 100 Best Plays of the 20th Century.

David Storey was an extraordinary lit-



TO FEEL AT HOME

(Back, L-R) Brian Makcrow, Gordon Law, Jesse Gill. (Front, L-R) Leigh Anne Van Aaken, and Victoria Makcrow

(CONTRIBUTED PHOTO)

erary figure. He was an acclaimed playwright and a Booker prize-winning novelist.

The son of a coal miner, Storey was born in 1933. He began his adult life as a professional rugby player, but despite his athletic and artistic achievements, Storey struggled with anxiety and depression all his life. He died in 2017.

In his memoir, Storey wrote about how debilitating his anxiety was, keeping him from leaving his home.

"It was hard to describe what 'anxiety' meant: a feeling indistinguishable from that of being taken outside and shot – without explanation. Every problem, however small, became insurmountable, the slightest (making a cup of tea, washing a shirt) requiring a deployment of resources that might otherwise have been commensurate

with moving a household, say, from London to a hitherto unspecified colony on the moon. By the end of March 1984, my con-

dition had so deteriorated that I was only able to lie on the bed and shake, vibrating with terror. Barbara rang her doctor. Her doctor rang the hospital. I was immediately taken in."

It would take 18 months in a facility until Storey was well again.

It was his time in the psychiatric department at the hospital where Storey came across women patients and middle-aged men who were disinclined to confess their feelings. It was in that moment that Storey realized that art was not the highest form of human knowledge, but that art was life.

Storey was in and out of the psychiatric facility for the rest of his life for help with his crippling anxiety.

Colborne explained that throughout the pandemic the word 'home' has been used quite a bit, either staying home during lockdowns so the virus wouldn't spread, or homes where people died rather than risk hospital, or long-term care homes that were left neglected to the virus.

"I think this is a play that needs to be seen simply because of the issues it raises about compassion and about the need we have for each other," Colborne added.

"I think COVID really proved that – we need each other. And these people have a community on this terrace, but they are safe there, they are home there."

The first preview showing of *Home* was on Wednesday, October 18 where patrons paid what they could to watch.

Home ran at the Livery Theatre from Thursday, October 19 until Sunday, October 29.

The next production at the Livery Theatre is *Christmas in the Highlands* written by Warren Robinson and directed by Eleanor Robinson, sponsored by Second Streetlight Estate Winery.

This play will run from December 1-3 and December 8-10.



A WARM GESTURE

(CONTRIBUTED PHOTO)

At their October meeting the members of the AMGH Auxiliary were pleased to present a cheque for \$6,000.00 to Alana Ross (AMGH Executive Assistant to CEO).

This money will aide the hospital in the purchase of a "Blanket Warmer". The Blanket Warmer will be used to provide warm comfort to patients while in the hospital.

The Auxiliary thanks the community for their support in their raffles and Zehrs hot dog days. Without the support this donation wouldn't have been possible.

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Victim Services hosts 12th annual Dancing with the Stars fundraising gala

KATHLEEN SMITH

Editor

A popular event that began in 2009, was held annually until 2019, interrupted from the pandemic. This year that event returned.

On October 21, Victim Services of Huron County held its 12th Dancing with the Stars Fundraising Gala at the Knights of Columbus Centre in Goderich.

Although final numbers are not yet available, the organization is grateful to sponsors and attendees for at least \$18,000 raised to support victims of crime and tragic circumstance, as well as the volunteers who respond.

“Over the last 12 events of this gala, it has continued to grow and is a testament to the incredible generosity and dedication of our community, partners and volunteers,” wrote Deborah Logue, Executive Director, Victim Services Huron.

“Your unwavering commitment to our cause has allowed us to reach further, support more survivors, and create lasting change in our society.”

In past years celebrity dancers were paired with experienced dancers. This year was a different format with past celebrity and new dancers being coached by experienced dancers or coaches from Huron County.

Five couples performed with a wide variety of dance styles, music, costumes, and extra performance elements.

The five couples were: Scott Miller and Tasha Coultres, self-coached; Dwight Hallahan and JoAnn Robinson, coached by Les Cook and Anne Elliott, Blyth East Side Dance; Jason Lamont and Tracey McKee, coached by Deborah Eastman; Brian Fisher and Carole Weber, coached by Wayne Bos and Linda Birch; and Aaron Bos and Melanie Foster, coached by Herb Runstedler.

Final standings from the five couples saw Scott Miller and Tasha Coultres earn gold, Aaron Bos and Melanie Foster earn silver and Jason Lamont and Tracey McKee earn bronze.

The evening of entertainment was laced with awareness of the common purpose and shared determination to make a difference.

“Let this evening be a reminder that our



(BEND PHOTO & DESIGN - JESSICA CARNOCHAN PHOTO)

THE DANCERS

Dance participants (L-R): Aaron Bos, Brian Fisher, Melanie Foster, JoAnn Robinson, Dwight Hallahan, Tasha Coultres, Scott Miller, Carole Weber, Tracey McKee, Jason Lamont.

work is far from done,” added Logue.

“There are still many out there who need our help, our support, and our unwavering commitment. The path to healing is not always easy, but it is our collective strength that illuminates the way.”

The Knights of Columbus Centre was transformed for the evening by a team of volunteers, into an elegant venue with décor in royal blue, black and white – Victim Services’ corporate colours.

Apart from the dance performances, an audience of 270 also enjoyed a three-course gourmet meal catered by the White Carnation.

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Local authors Baker and Greaves release new books

KATHLEEN SMITH

Editor

Local authors, who are also married to each other, have both published a book recently and are releasing their work to the public in November.

Hamilton Baker and Avery Greaves have both released a book, available for purchase at Fincher's, on Amazon and will be officially released at the Christmas Craft Show at GDCI on November 4.

Iron Scars is an alternate-history novel that takes readers back over 2,000 years to the ancient world.

According to Baker, in his book's version of history, the Greek city-state of Sparta has conquered a huge empire, but the fires of rebellion threaten to burn the Spartans from within.

"The book takes readers on an epic adventure full of drama, action, intrigue, heartache, and betrayal," explained Baker.

Baker started writing his first novel about a pack of wolves when he was eight years old. Ever since then, Baker has loved creating new stories, characters, and worlds through his writing.

When he was a teenager, Baker fell in love with ancient history and for years, he read one book after another about the cultures of the ancient world.

At the age of 19, Baker combined these two loves and completed the first draft of this first full-length novel set in ancient



A COUPLE OF AUTHORS

Avery Greaves and Hamilton Baker
Rome.

Baker said the first spark of an idea for Iron Scars came to him while he was walking his dog late one summer evening. From that moment, he explained he instantly knew it was a story he had to write.

Seven years later, and Baker said he remains excited about the characters, the

story, and the world of Iron Scars.

"Iron Scars is a fusion of historical fiction and fantasy," explained Baker.

Iron Scars takes place during the year 179 BCE in an alternate history of ancient Greece. In Baker's version of history, the city-state of Sparta has become the most powerful player on the world stage.

Beyond the Spartan's reach, in the wild lands to the north, a non-human race of people known as yagars live, divided and scattered across the Ten Clans.

"In this action-packed, alternate-history fantasy, the Spartan Empire wages war to suppress a widespread rebellion," Baker explained.

"Iron Scars will appeal to anyone interested in the ancient world, especially ancient Greece, and Sparta. The book will appeal to anyone who likes historical fiction, military fiction, and alternate history."

Baker's Iron Scars centres around the age-old conflict of good versus evil.

It is Baker's hope that when someone reads Iron Scars, they are transported to another time and another world.

"I hope that once they're transported that they become invested in the story, the characters and the relationships that develop," Baker added.

"I hope they experience a wide range of emotions as they read, from excitement, joy, and elation, to disgust, dread and sadness. Most of all, I hope they feel a connection or bond with the characters or story so that they can't wait to return to the world of Iron Scars."

Iron Scars can be purchased locally on Fincher's in Goderich and The Village Bookshop in Bayfield for \$24.99.

The book is also available on Amazon in hardcover (\$34.99), paperback (\$24.99) and e-book (\$3.99) formats. The book can also be purchased directly through Baker through his website authorhamiltonbaker.com or Facebook.

With two books coming out in November, local author Avery Greaves now has six books written in the series, and hopes

to write another six.

The Creature Collection: An Introduction to Magical, Fantastical and Mythological Beings and The Curious Case of the Canadian Cryptids are two of an intended 12-book series, featuring more than 35 creatures from across the world.

The Creature Collection is the journal of cryptozoologist Dr. William Maxwell, which he wrote in throughout his lifetime. The journal includes creatures from across the world, with over 35 creatures in total.

The Curious Case book is about Dr. Maxwell as a young man, when he travels to Canada to help resolve a sasquatch situation.

"Essentially, I wrote the journal and included silly little stories here and there. After I completed it, I felt like many of those stories could be expanded upon, in full length novels," explained Greaves.

"Each book has anywhere from two to five creatures making a significant appearance. The first three books in the series are set in Canada, while the later books will be across the world, like Australia, China, and England."

The second book in the series, The Catastrophic Clash of the Canadian Cryptids will be released on December 4. Greaves plans on rapidly releasing the books, releasing a new book every three months.

"I've been in love with all things magic my entire life. I attribute this to being a 90s kid and being raised on Sabrina the Teenage Witch, Buffy the Vampire Slayer, and Harry Potter," explained Greaves.

"I'd love to instill the love of magic that I had growing up, to the younger generations."

Greaves said The Creature Collection series is ideal for those aged seven to 11 years old. The books are similar in style to the Magic Tree House series.

Greaves books are 8,500 to 12,000 words each and are great for reluctant readers.

Greaves was heavily involved in the world of young adult literature in the early 2010s, when she regularly read and reviewed advanced reader copies of books for publishers.

At that time, Greaves penned a 100,000-word young adult novel, which she shelved when she became too busy with university.

Since then, Greaves has been a newspaper reporter and has written commercially as well for social media.

A month prior to her wedding in June 2023 to Baker, she started writing to distract from stress. Greaves never intended to write a book, but she now has six books written in the series and plans on another six or eight books.

Greaves has offered pre-orders of the books through her Facebook page all of October.

Greaves' books are available for sale at Fincher's, directly through her on her website or Facebook page and on Amazon.

She will also have her book launch at the Goderich Library on Wednesday, November 8 from 6:30 p.m.

Each book retails for \$8.99.

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Local businesses and organizations: the Goderich Sun team is pleased to announce that we will be putting together the 2024 Goderich Visitors' Guide.

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New book 'Takeoff: The 1960s Generation Takes Flight' by Garnett Picot available at Fincher's

GARNETT PICOT

Contributor

A question frequently asked today is whether young adults are worse or better off economically than their parents.

A new book by Garnett Picot aims to tell the story of this upwardly mobile movement. The book 'Takeoff: The 1960s Generation Takes Flight... Growing up in Goderich in an Upwardly Mobile Era' is available at Fincher's.

For one generation, the answer was a resounding "much better off". Young people in high school in the early to mid-1960s – including students at the Goderich District Collegiate Institute – were part of one of the most upwardly mobile generations of the 20th century.

No generation since the 1960s has had so much success achieving outcomes that surpassed those of their parents.

Over 70 per cent of young people in that generation had income levels – as adults – higher than their parents. This percentage has never been as high since then; among young people in high school in the 1990s, it had fallen to 55 per cent.

Picot's book assesses why it happened,

by intermingling personal stories of Goderich young people with relevant data.

The book sets the stage for this generation's surprising upward mobility. Dief the Chief had recently cancelled the Avro Arrow, Bonanza had just started its long run on the TV, and songs like "Only the Lonely" and "The Twist" were in the top 40.

Perhaps it was that generation's lifestyle that led to the success.

To find out, the book drops in on John, Brian and the author as teenagers cruising the square seeking excitement on a hot Saturday night in 1963.

John has borrowed a very cool 1957 Ford hardtop from his father's garage; hard to beat that.

After witnessing some fun events on the square, the trio heads for a rowdy dance at the Bayfield Pavilion and hooks up with some friends. The evening includes a visit to a bootlegger, a little excitement, and a visit with Pete the hotdog man on the square.

The book relies on many personal stories. Students are captured in boisterous high school classes and trying to decide what to do following high school.

They tackle whether to drop out of high

school to work on the farm or elsewhere, or in one case, to travel with a rock 'n roll band. Like Dagnet, the names have been changed to protect the innocent, but all of the events actually occurred.

One Goderich teenager, in high school in the middle 1950s, pleads with his parents to quit school at age 16 and succeeds, a very common practice at the time.

In 1955 only about half of students aged 14 to 17 were in high school. He is unlikely to outstrip his parents economically. But things changed in the proverbial "blink of an eye" for the 1960s generation.

The teenager's younger brother is in high school in the early 1960s and is part of the generation that will set records regarding upward social mobility. Their outcomes differ dramatically from those experienced by their counterparts of only five or 10 years earlier.

The early life stories of Karen and Barb demonstrate the unique experiences of young women in this upwardly mobile generation. Compared to today, the world was a very different place for them and their colleagues.

They left home quite young, married early, and had a first child at an early age.

But this generation did not live their lives as their parents had. They were ground breakers in many domains.

They spearheaded movements in educational attainment and work that would develop over the succeeding decades and dramatically change the lives of women. Their stories are told in an entertaining and informative manner. They were definitely part of the record setting upwardly mobile generation.

Perhaps other demographic and economic events made the 1960s generation one of the luckiest in the 20th century. These actions are described in some detail in the book, again mixing data with individual stories.

The events included incredibly rapid changes in the early 1960s to the post-secondary education system, the economy, farming, and the norms of teenagers regarding education. There was a perfect storm – in a positive sense – of events that led to the surprising outcome.

The book "Takeoff: The 1960s Generation Takes Flight... Growing up in Goderich in an Upwardly Mobile Era" by Garnett Picot is available from Fincher's for \$10.99.

Goderich and the Dieppe Raid

CONTINUED FROM PAGE 14

Yet, the greatest hardship experienced by prisoners was the lack of food. Ken Hunter, the son of Lieut. Hunter, recalled that his father seldom spoke about the war but did say that "there was never enough food."

In a letter dated August 31, 1944, printed in the Goderich Signal Star, Lieut. Hunter wrote to "thank all those individuals" who had sent parcels to the PoWs. Lieut. Hunter mentioned the Legion and Canadian Red Cross. A grateful Lieut. Hunter reported that "Canada is accepted by all prisoners of war as being the country which has done the most for its prisoners." When he was liberated in May 1945, he was reduced to 'skin and bone' according to his son.

No doubt, the two year and nine-month captivity took its toll on all the Goderich men when they were liberated in April/May 1945, but they seemed to get on with their lives. Not much is known of Donald



(KEN HUNTER PHOTO)

Lieutenant Kenneth Hunter (back row, 2nd right) with other officers in captivity.

Thompson's post war life, but Ross Pennington returned to Goderich, in July, after almost a six-year absence. He assumed

new duties as an employment officer to assist returned service men with employment.

Sgt. Stapleton settled in Detroit. In June 1945, Lieut. Hunter married an English 'warbride' and settled in Goderich where they raised three sons and a daughter. He became town solicitor in 1947 and died in 1971. Father Michael Dalton became the most decorated RC chaplain in Canadian history. He died in 2009 at age 106.

Many argue the Dieppe raid was worth the cost of over 900 dead as it taught the allies valuable lessons that made the landings in Italy and Normandy possible.

That may be, but it destroyed the better part of the Canadian 2nd Division. It would take two more years to replenish its ranks and make it field ready.

However, the last word on Dieppe might belong to Clementine Churchill, Prime Minister Churchill's wife, who spent her childhood summers at Dieppe. She wondered who thought an attack on the cliffs and pebbled beaches of Dieppe was a good idea.

 **Goderich Sun**

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Nurse Practitioners are rising to meet the needs of patients and their communities

As the demand for quality health care continues, Nurse practitioners (NPs) are rising to meet the needs of patients and communities. NPs are on the front lines of health care delivery, ensuring patients have access to primary, acute, long term, and specialty care.

To honor their many contributions to the health of our communities, Goderich is recognizing the critical role of NPs as part of the annual NP Week celebration being held November 12 to November 18, 2023.

NP week recognizes the positive impact NPs make in the lives of patients. Currently, more than 4952 NPs in Ontario are increasing access to equitable, person-centered, high quality health care.

These practitioners, who are registered nurses with advanced university education and experience, provide a full range of health care services to individuals, families, and communities. They work in many settings, in-

cluding hospitals, Family Health Teams, Public Health Units, NP Led Clinics, Doctor's offices, Home Care, Palliative Care, and Long-Term Care Facilities.

NPs are professionals who treat the whole person. They address needs relating to a person's physical or mental health, gather medical history, explore how an illness affects a person's life and family, offer ways to lead a healthy life, and educate people related to their health.

They can diagnose, order, and interpret diagnostic tests, prescribe complex treatments, and perform specialized medical procedures. They work with individuals and families to manage illness or chronic conditions, prevent illness through health screening, and promote wellness through education and community resources.

Some NPs are also educators and researchers. NPs work in many roles to help individuals and our community.

Research has shown that NPs

improve timely access to high quality, cost-effective care in a broad range of health-care models.

Through their practice and collaboration with other health-care providers, NPs reduce pressure on the healthcare system while prioritizing the needs of patients and improving the health of their communities.

In Goderich, we are lucky to have many NPs working in different roles, helping us meet the needs of our community. These people include:

• Marie Greer-King is a NP working at Huron Health System Alexandra Marine & General Hospital in Goderich. She divides her time between the mental health inpatient unit, prenatal clinic, and emergency department.

• Kari Johnson, Sharon Moore, Patricia Robinson, and Stephanie Greenfield are NPs employed by the Maitland Valley Family Health Team. They provide primary care to their patients

in a team setting, using a collaborative approach to primary health care. Patricia is currently involved in the memory clinic at MVFHT and Stephanie is the lead for the local heart failure clinic and cardiac rehabilitation program.

• Meghan Ingram, Dan Barsky, Becca DeCorte, Irene Brooks, and Debbie Selkirk are NPs working independently and collaboratively with many of our local family physicians at Maitland Valley Medical Centre.

• Kendal Schlosser provides support to palliative care patients in the community through Home and Community Care Support Services' Palliative Care Outreach Team.

• Geoff Wheatley works for Canadian Mental Health Association providing primary care and mental health and addictions services including care for the homeless population.

• Barb Sproul has been practicing as an NP for many years now. During COVID-19 Pandemic,

she spent some time supporting clients in local retirement homes. She also regularly locums on Manitoulin Island.

Many of our local NPs have played an integral role in the development of local programs involving prenatal care, palliative care, geriatric care, mental health and addictions, COVID-19 pandemic planning and response, heart failure, cardiac rehab, and cold and flu clinics. They have also been preceptors for NP students.

They continue to advocate for the NP role at the provincial level as members of the Nurse Practitioner's Association of Ontario (NPAO) and/or the Registered Nursing Association of Ontario (RNAO). Currently, Marie Greer King is the President Elect of the NPAO.

NP week is an excellent time to recognize the value NPs bring to health care and to showcase the important work they do for their communities.



BARB SPROUL



DAN BARSKY



DEBBIE SELKIRK



GEOFF WHEATLEY



IRENE BROOKS



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Goderich Municipal Childcare Centre hosts open house

A staff appreciation event and acknowledgement of funding from the County of Huron and TD Friends of Environment open house, 'touch the truck' and bar-becue was held on October 26.

"The staff at Goderich Municipal Childcare Centre are a vital part of our centre and community," said Bonnie Hastings RECE, Director.

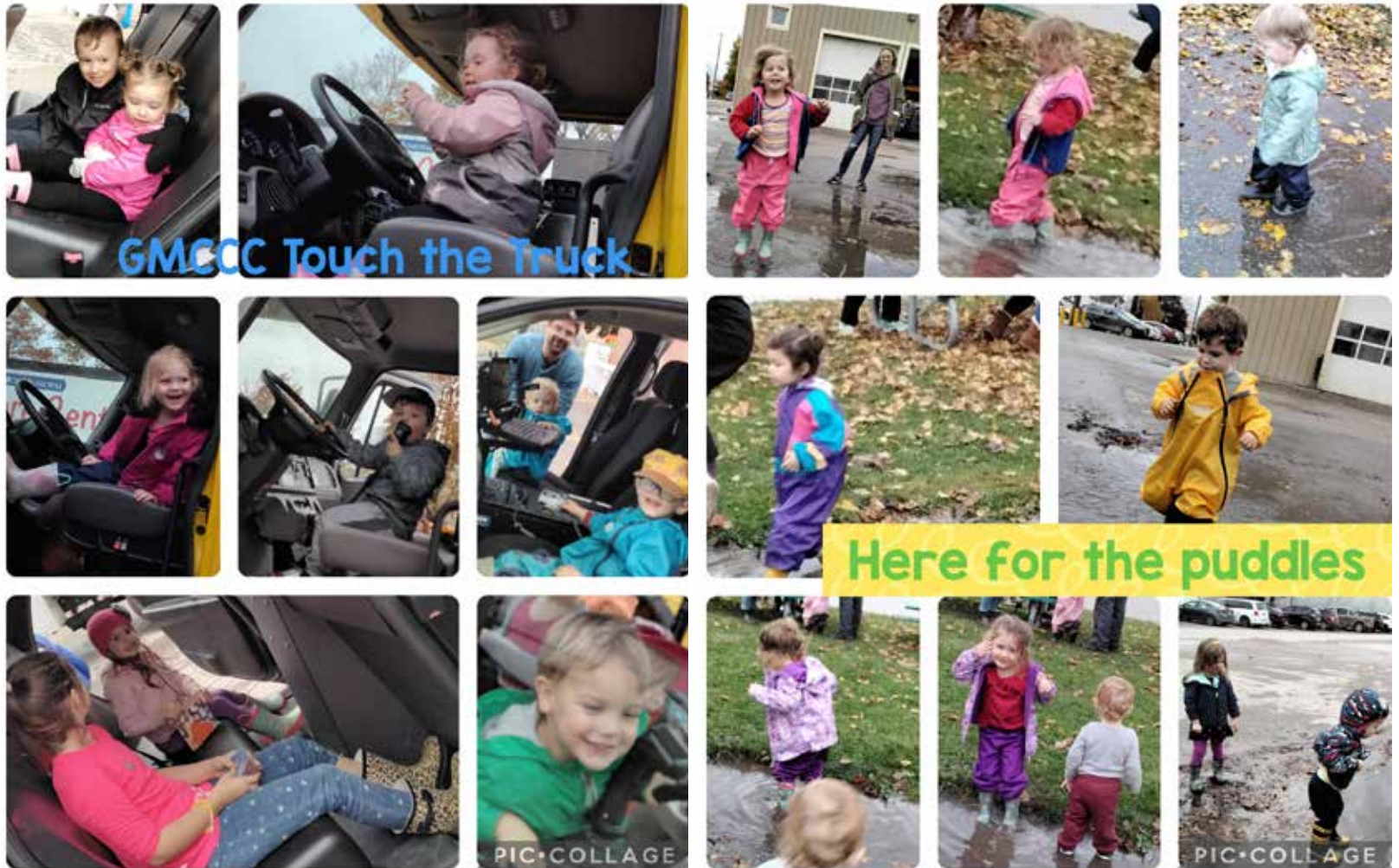
"I appreciate the staff knowing that they are dedicated to the children that they care for daily."

Funding for the centre varies from year to year, but this year shade sails were supplied by funding through health and safety. Shade sails are large, triangular canvases that supply shade in the playgrounds.

The Goderich Municipal Childcare Centre has 103 children daily, with a full waiting list. Currently the centre employs 36 dedicated staff members and is the biggest childcare centre in Huron County.

"The staff are always working as part of a team and encouraging children to meet their full potential and providing care that is above and beyond," added Hastings.

"I am honoured to be part of such an amazing team."



(STEWART GRANT PHOTO)

PARR LINE BOUTIQUE NOW OPEN

Just southwest of Clinton, in a small, quaint, refurbished farm building you can now visit Parr Line Boutique, which was recently launched by proprietor Tina Dekens.

Dekens, who is a lover of interior design and home décor, began thinking this year about having her own boutique. The search for the right location led her to consider the old farm office at 77513 Parr Line where her husband Rob managed a pig farm operation.

With his support and encouragement, the old office has since blossomed into the boutique which opened for business on October 28.

Since making the decision to open, Dekens has been very appreciative of the support from the community, including from many talented local makers who have asked to take part of what Dekens has created. As a result, there's a wide variety of quality offerings at Parr Line Boutique including home décor, fashion, and local goods.

"There's so much talent in Huron County," summarized Dekens.

Parr Line Boutique is located at 77513 Parr Line and is open Thursday to Saturday from 11 a.m. to 2 p.m., or by appointment. The business can also be found on Facebook and Instagram.

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ANNETTE GERDIS

Sun Contributor

My name is Annette Gerdis. I have been at Goderich Place Retirement Community, Goderich, Ontario, for the last 15 years as the Director of Care, and now as the General Manager. I am very passionate about what I do.

Join me as we delve into the vibrant and diverse world of our beloved seniors, discovering the beauty, and challenges that define this golden phase of life.

In this regular column, I'll

share insights, heartwarming stories, and practical advice on everything related to seniors – from health and wellness to leisure activities, from emotional well-being to the vibrant stories of their lives. Whether you're a senior yourself, a family member, a caregiver or simply someone who appreciates the invaluable contributions of our elders, this column will offer a window into the many facets of senior liv-

ing.

Together, we'll explore the challenges and triumphs, the laughter and tears, the traditions and innovations that make the senior years a truly unique and meaningful chapter in life. Join me in celebrating our seniors, their incredible life journeys, and the enriching experiences that come with growing older. Here's to discovering the richness of the golden years and embracing the

beauty of aging. Stay tuned for engaging stories, insightful tips, and heartfelt moments that will warm your heart and inspire you to cherish every stage of life.

I would love to hear from you with any topics or questions that are of interest to you.

Please feel free to reach out to me at number 519-524-4243 or email agmgplace@hurontel.on.ca

Better Mental Health with Formula 'A'

TANYA MACINTYRE,
RED ROOF RECOVERY

Sun Contributor

When I find myself stressed or

depressed, it's important to find ways to cope that won't lead me back into addictions.

I've developed a formula that helps me reduce anxiety, increase my energy levels, and enhance my mood. I call it my Formula 'A,' and it has just 4 simple ingredients: Awareness; avoidance; attention; acceptance.

AWARENESS of my thoughts helps me to recognize that most of them are repetitive and unhelpful. Being aware of this makes it easier for me to "Catch It, Check It, and Change It."

I catch the unhelpful thought,

check it using tools from CBT Cognitive Behavioural Therapy (CBT), and then change it to a more helpful thought.

A pioneer in CBT, Dr. David Burns (feelinggood.com) created a list of the 10 most common cognitive distortions (unhelpful thoughts). Many of us have these distorted thought patterns and, once we learn to recognize them, we can develop an ability to quickly change them to more helpful thinking patterns.

An example: When you think, "I should have done better."

Catch It as an unhelpful thought, which is "should-ing" yourself. Using critical words like 'should' and 'must' can make us feel like we've failed, which can lead to anger, frustration, and lack of motivation.

Check It with a CBT-tool like the "Four Questions:"

1. Where's the evidence that supports this

attitude?

2. If it lacks evidence, what does that suggest?

3. Does this attitude help me get to where I want to go, or diminish my motivation?

4. What attitude could better help me achieve my goal?

Change It with a more helpful and less rigid thought, like: "I can learn to do better, strive to do my best, and my best is good enough."

AVOIDANCE of people, situations, and circumstances that can potentially lead you into disturbing thoughts. Our diet is more than what we eat. It's also what we watch, what we read, what we listen to, and who we spend our time with. Make a conscious effort to watch uplifting programs, read inspiring stories, listen to music with positive lyrics, and keep the company of people who are lifting you up.

Focus your ATTENTION on things you can change. There is great power in knowing the only thing we can control in life is ourselves.

ACCEPTANCE that life can sometimes be challenging, and that we humans are fallible people who are doing our best to navigate life the best way we know how. Unconditional acceptance

of us, others, and life fosters Better Mental Health.

Remember to talk to yourself like you talk to your best friends...

using encouraging, supportive, compassionate language.

If you'd like a copy of the 10 common cognitive distortions by Dr. Burns, email Tanya at info@redroofrecovery.com. I'll also send you a "Control" meme, for a visual reminder to stay focused on what's within your control.

About the Author:

After 20+ years in broadcasting, I decided to pack up negative news and progressive addictions. My recovery kicked into high gear when I decided to stop being anonymous, and I started to speak & write publicly about my challenges to overcome addiction.

As a CBT Consultant, I devote myself to training, writing, and mentoring.

DISCLAIMER: This content is not intended to constitute, or be a substitute for, medical diagnosis or treatment. Never disregard medical advice from a doctor, or delay in seeking it, because of something you have watched, read, or heard from anyone at Red Roof Recovery.

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Spooky Season in Goderich



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Britannia Road



Bruce Street



Warren Street

(KATHLEEN SMITH PHOTOS)



Bruce Street

(CONTRIBUTED PHOTO)

OH, THE PLACES WE'LL GO: Confessions of a "master" distiller



PAUL KNOWLES

Times Contributor

I am pleased to announce that I am a graduate of the Hensol Castle Distillery Gin School. Okay, let's be honest, there wasn't really a graduation ceremony or anything... but I did leave Hensol Castle Distillery with a bottle of gin I made, personally, to my own unique recipe.

The visit to Hensol Castle was a fascinating part of a week I spent in Wales, in September. I was included in a six-person media tour – six travel journalists from six different countries, escorted by a pair of hosts, one from Wales and one from England. That international combination of folks, in itself, was a wonderful experience.

The focus of the tour – my life

is so hard! – was food and drink in Wales. The visit did not disappoint.

And it included a visit to Hensol Castle Distillery, where we not only toured the place (a bona fide castle, now an event centre and distillery), learned a lot about the history of gin (including the horrible 18th century gin craze that destroyed thousands of lives in England), and where we made our own gin, hopefully destroying no lives in the process.

Distilling your own gin is an intriguing exercise. Gin starts as pure alcohol, to which the distiller adds a mix of botanical ingredients, and enough water to reduce the extremely potent mix to a still potent but palatable 41% or so alcohol.

But here's the trick: while our host, Hugo Hodges, insisted that our gin had to include juniper berries, coriander seed and orris root, after that we were on our own, welcome to choose between about 100 various botanicals that we each thought might make a good gin.

Truthfully, I drink gin rarely, but like my colleagues – including one teetotaler – I embraced the opportunity to play at being a master distiller for an afternoon. By the

way, you can too – the whole experience, including an extensive tour, gin distilling, and a bottle of your own, personalized gin to take home, is available to the public, at a cost of 99 pounds. Not cheap, but given its uniqueness – and the chance to take home your unique bottle of gin – I think it's worth considering.

Back to the classroom: Hugo supplied us with laboratory scales, spoons, beakers, other glassware, a jug of water, a container of pure alcohol, and our own little copper still.

Now came the decision-making. Hugo had suggested we use only about 10 botanicals, which meant not using about 90. Plus, we already had three – juniper, coriander and orris root – included as mandatory ingredients. (If it doesn't include juniper, it ain't gin.)

I pondered the list of potential items for quite a while, sniffing bottles, crashing seeds between my fingers, making lists, crossing out items, making new lists. Eventually, I developed my own recipe, which included various quantities (measured in grams and fractions of grams) of lemon peel, lime peel, basil, cherry, pomegranate, elderberry and grains of paradise (a species in the

ginger family, closely related to cardamom. I didn't know that at the time – I just thought it smelled nice).

I measured each of the dry ingredients into the still (.56 grams of basil, .8 grams of lemon peel, 32 grams of juniper berries, 1.56 grams of cherry, and so on), added the alcohol, turned on the heat... and waited.

While we sat impatiently awaiting the production of our gin – it does take a while – we learned some more about the industry, and tasted some of Hensol Castle's product. Which gave me an idea.

I flew home with a 750-ounce bottle of gin. I had no idea what it might taste like, so I decided to try an experiment. I invited a dozen friends to attend a blind gin tasting. When they learned there would be food and an assortment of beverages later, they all agreed – even the non-gin drinkers (which may have skewed the sample).

We tasted four different gins, and my non-experts made notes. Now, let's be fair – gin is not a drink that is usually consumed in its pristine state, except by the most dedicated fans of dry, dry martinis. So sipping even small quantities of straight gin was a bit surprising to some. Yes, there was coughing.

The four gins I offered, in order (but they didn't know this), were Beefeater (a famous English gin, much loved in gin and tonics), my concoction, Api Gin Signé Macle (made from honey, by the folks at Québec's Intermiel), and Willibald Pink Gin (produced at Willibald Farm, near Ayr, Ontario).

Intriguingly, all four of the gins samples were the number one pick of someone in the group. The pink gin was the favourite, which might be seen as evidence that some in the group do not normally drink gin! Mine was not the favourite, which I choose to think was evidence of the same thing. Mine did tie with Beefeater, by the way.

And all four received more than one vote. Comments during the blind tasting, about my own unique recipe, varied: "smooth," "bitter," "a keeper," "paint thinner," "good flavor," "perfumey," "nutty," and "mild". So that settles that.

I will say that, in my unbiased opinion, it makes for a great gin and tonic. Cheers!

Paul Knowles is an author and travel writer, and President of the Travel Media Association of Canada. To contact Paul about travel, his books, or speaking engagements, email pknowles@golden.net.



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Riddles

Why did the strawberry cross the road?
Because his mom was in a jam

Why was the person so happy they finished the jigsaw puzzle in six months?
The box said 2-4 years

Who does Frankenstein invite to his party?
Anyone he can gobble up

Why couldn't the astronaut land on the moon?
Because it was full

What seven letters did the robber say when he saw nothing in the safe?
"O I C U R M T"

What do you get if you cross a cow and a duck?
A creamy quacker

What do you get if you cross a porcupine and a giraffe?
A seven metre long toothbrush

How did the cow get through the crowd?
He shouted MOOve

What do you give a sick lemon?
Lemon-AID

Sudoku

		9						4
2		8						5
				3	7			2
			4	6				
	5					3		
		3			2			1
9		5			1			
	3				5	7		
						6		

Solutions on page 31

Pet of the Month



CALI

Cali is a six year old yellow labrador. Her favourite activity is playing ball and eating. She loves to go to the beach and swim. Cali also loves to go camping with her mom and dad in the trailer.



Nominate your Pet of the Month by emailing info@goderichsun.com

Word Search

ALL THINGS GODERICH

K	M	X	R	E	R	A	U	Q	S	A	Y	D	J	L	N	L	R	R	E
Y	E	E	E	J	Y	R	T	S	H	Q	Z	T	R	L	P	N	Z	G	Y
S	S	G	N	G	R	V	B	Z	B	L	V	X	N	O	P	I	C	A	D
M	T	V	D	E	B	A	O	P	M	V	Q	I	I	U	F	X	R	X	K
X	R	D	I	I	S	N	B	A	A	T	D	G	B	C	O	D	M	R	V
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N	E	S	Q	K	R	B	T	W	U	D	D	J	W	A	G	B	U	B	C
S	T	G	U	S	Z	L	N	U	N	J	P	H	L	C	I	K	Q	D	F
R	I	B	H	O	T	E	L	A	N	N	S	B	V	O	E	N	N	H	H
A	Y	E	P	X	H	E	L	G	Z	G	C	R	M	U	A	A	C	N	A
H	K	S	T	T	B	T	A	O	B	G	U	T	O	R	L	I	C	D	L
C	H	A	X	E	I	W	H	A	G	K	F	R	J	T	B	S	G	Y	L
A	C	R	B	A	L	T	R	G	C	N	O	X	I	H	A	K	D	H	S
E	A	I	M	S	O	D	B	V	I	Q	S	A	M	O	H	V	D	I	F
B	E	V	E	T	N	M	E	X	E	L	M	D	Z	U	I	K	E	B	R
M	B	E	T	A	V	E	B	D	N	W	C	W	R	S	Q	A	D	L	U
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W	H	E	L	I	B	R	A	O	R	V	N	T	X	Q	K	O	K	F	C
G	L	U	K	O	V	B	T	S	A	A	N	I	R	A	M	U	P	F	B
A	M	M	I	N	M	F	N	E	M	W	V	O	M	F	N	P	Q	S	Y

- ST. CHRISTOPHER'S BEACH
- COURTHOUSE SQUARE
- MAITLAND MARINA
- MAITLAND RIVER
- GRAIN ELEVATORS
- TUGBOAT
- ALEXANDRA MARINE
- BEDFORD HOTEL
- TOWN HALL
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COMING EVENTS

Country Christmas Craft Show

Saturday, Nov. 4 at GDCI from 9 a.m. until 4 p.m. Hosted by OSAID, this annual Christmas Craft Show has become one of the flagship events of the holiday season. Admission is \$4.

2023 Annual Textile Show & Sale

Saturday Nov. 4; 10 a.m. to 5 p.m. and Sunday Nov. 5; noon to 4 p.m. Huron County Museum, 110 North St., Goderich Presented by Huron Tract Spinners & Weavers and the Goderich Quilters' Guild Unique, Traditional, and Modern Weaving, Basketry, Beading, Spinning, Knitted & Felted Items, Quilted Wall Hangings, Quilts and various other Quilted Items. 'New to You' Market FREE admission!

First Baptist Church Christmas Bazaar And Bake Sale

Saturday, November 18; 9:00 a.m. - 3:00 p.m. 39 Montreal St., Goderich Gently used christmas items table, new gifts & crafts, baking tables with christmas goodies. Come and join us for tea, coffee, or hot chocolate and christmas treats at our christmas café. All proceeds raised going to fund repairs for the church

IODE Maple Leaf Chapter Christmas House Tour

Saturday, November 11; 12:00 p.m - 5:00 p.m. Various locations and homes across town. Come and celebrate the season as the IODE takes you on a tour of some of Goderich's most beautiful homes and displays for the Holiday Season. One of the most celebrated events of the season, this event tends to sell out quickly!

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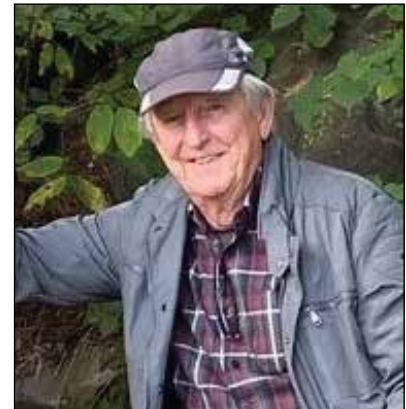
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OBITUARY



FRANK KUNC

It is with great sadness after a courageous and lengthy battle with cancer in his 79th year, that Frank Kunc passed away at Stratford General Hospital on October 23, 2023.

Survived by partner Meg Thatcher and pre deceased by wife Heike,

Frank was a first generation Polish Canadian born in Dugald, Manitoba the youngest of 10 siblings. Pre-deceased by six brothers and two sisters and survived only by brother Alex (Olga) of Chilliwack BC and many nieces and nephews and their families.

Resident of Goderich Ontario formerly of Bayfield, London and Toronto. He had a degree in Economics from University of Toronto and worked for Supertest and Ram Lining Systems as President and Marketing Manager.

Frank had many friends, especially in the music world. He was an avid drummer and everyone always knew when he was in the house. He loved to dance and listen to a variety of musical genres plus he had many interests like sailing, stained glass, woodworking and cooking. His love of nature broadened as the years went on and he became an avid bird watcher. He loved travelling and exploring the world to find new adventures but his favourite place to be was sitting and watching the beauty of Lake Huron.

Many thanks to the LHSC and Stratford Hospital Cancer units plus the nurses and staff at AMGH Goderich Hospital. Their care greatly extended his quality of life.

Cremation has taken place. A Celebration of Life will be held on July 6, 2024 at Camp Klahanie run by the Goderich Lions on 33612 Blacks Point Road, Goderich from 1-4 pm. Donations can be made to the Canadian Cancer Society or the AMGH Hospital Foundation of Goderich.

Friends may sign the book of condolences at www.mccallumpalla.ca

SUDOKU

3	6	9	5	2	8	1	7	4
2	7	8	1	4	6	9	5	3
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8	2	1	4	6	3	5	9	7
4	5	7	8	1	9	3	2	6
6	9	3	7	5	2	4	8	1
9	4	5	6	7	1	2	3	8
1	3	6	2	8	5	7	4	9
7	8	2	3	9	4	6	1	5

- QUIZ ANSWERS**
- 1) Dave Grohl
 - 2) Topaz
 - 3) False
 - 4) Curious George
 - 5) Dodo
 - 6) Asia
 - 7) Red, Yellow, Blue
 - 8) 476
 - 9) Horse race
 - 10) Omega

Sunset of the Month



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